

September 27, 2013

On September 16th the New York State Department of State accepted the Certificate of Incorporation submitted by **Consumer Directed Services, Inc.** under section 404 of the Not-for-Profit Law. A certificate that included the following statement:

To insure that the corporation remains focused on the empowerment of the people being served, as the service population grows, the corporation will expand the Board of Director Membership to insure that a majority of its seats are held by people with disabilities.

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](http://www.consumerdirectedservices.com) created a FREE Employment Information Bridge between Consumers and PCA Candidates.

- **[Consumers / Advocates](#)**

- To receive a copy of the weekly Newsletter, a Consumer or Advocate need only send me an email to elitcher@consumerdirectedservices.com and include your name and the text **Newsletter Request**.
- To search for a New Personal Assistant go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be distributed to all of the PCA Candidates enrolled in the database and a variety of other Employment Resources.

- **[Personal Care Assistant \(PCA\) Candidates](#)**

To include your information in the Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

Previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to elitcher@consumerdirectedservices.com.

Best Regards, Ed Litcher

Notes

Consumers Wanted: For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement on the Internet (See the list of Internet resources on the PCA Employment Agency page of this newsletter). Therefore, to help you find the PCA Candidate of your choice, I urge you, to do everything you ordinarily do, to consider an Internet resource and to try www.ConsumerDirectedServices.com. Finally, if you try Consumer Directed Services, please spread the word. Tell your friends and associates about this **FREE** service.

Consumers Searching

Should you require additional information

Please Contact the Consumer Directly.

Consumers please submit your information using the following link:

[Consumer / Advocate - Search for a PCA Candidate](#)

Alexandra McArthur on Wednesday, September 25, 2013 at 12:38:31

Consumer: Alexandra McArthur

Address1: 532 East 5th Street

Address2: Apt 1F

Phone: 919-215-6002

Consumer Age: Between 21 and 30

Consumer Gender: Female

Payroll Method: Self Pay

Type of Candidates: Personal Care / Home Health

Candidate Experience: Wheelchairs,

Preferred Candidate Gender: Female

Required Documentation: Proof of Identity,

Hours: 1-2

Days: 3-5

Start Time: 10:00pm

Description of Schedule: Shower assistance, getting changed and into bed

TOLLIVER, BETTY on Wednesday, September 25, 2013 at 12:35:03

Consumer: TOLLIVER, BETTY
Address1: 546 MAIN ST.
Address2: APT .III
Phone: 212 593 1882
Consumer Age: Between 51 and 70
Consumer Gender: Female
Payroll Method: Agency
Type of Candidates: Personal Care / Home Health
Candidate Experience: Seniors,, Paraplegia,, Wheelchairs,, Lifters,, Languages
Description of Languages: English only
Preferred Candidate Gender: Female
Required Documentation: Social Security Number,, Proof of Identity,,
Recommendations
Hours: 12hr
Description of Schedule: P C A hours are flexible TALK WITH CONSUMER
Pay Per Hour: 10.00
Pay Per Day: 12 or 6
Comments: PERSON SHOULD BE REGISTERED WITH CONCEPTS OF
INDEPENDENCE. THANK YOU

PCA Candidates

Consumer Directed Services is not an Agency and makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate, or the terms and conditions of any employment relationship. All employment and payment decisions are the exclusive responsibility of the Consumer.

Dear Personal Care Assistant Candidate,

*I would like to thank you for your participation in Consumer Directed Services. If you submitted your **more than one year ago**, please complete and submit a new [Personal Assistant Enrollment Form](#). When the updated information is received, your new profile will be added to the next newsletter. Again thank you for your participation.*

Ginhanslarose@yahoo.com on Sunday, September 22, 2013 at 14:50:15

Personal Assistant Candidate: Ginhans Larose
Address1: 144-29 229th street 1fl
Address2: Springfield gardens, New York
Address3: 11413
Phone: 516-244-3729
Best Time: anytime
Gender: Female
Type of Position: Personal Care / Home Health
Worked with a CDPAP Consumer/Surrogate: Yes
Consumer/Surrogate References Available: No
Years Employed with a Consumer/Surrogate: 1 month
Enrolled with a CDPAP: Yes
CDPAP Agency Name(s): All Metro Health Care
Experience: Seniors,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Languages, Other,
Description of Languages: Creole
Description of Other: Parkinson's disease, catheter & tube feeding.
Documentation Available: Social Security Number,, Proof of Identity, Certificate/License: Other,
Description of Other Certificate/License: CNA
Hours per Week: 24+ Days per Week: 5
Preferred Start Time: Any
Days I Would Like to Work: Any
I am willing to work a 24 Hour Sleep-In schedule: No
Target Salary Per Hour: \$14.00+
Comments: I am currently a Certified Nursing Assistant and I've had experience working at a nursing home.

Articles Related to the CDPAP

The Government's Secret to Living Longer

Posted September 24, 2013

NEW YORK ([MainStreet](#)) — On a recent [home](#) visit to see a frail 93-year-old female patient, co-founder and chief medical officer of Doctors Making House calls Dr. Shohreh Taavoni determined, after ordering Doppler ultrasound studies, which also took place in the patient's home, that her patient's swollen leg resulted from deep venous thrombosis, a potentially dangerous blood clot. Treatment – anticoagulants -- also took place at home, as did monitoring of the patient with the same laboratory studies typically available only at hospitals.

Doctors Making House calls is one of 15 independent practices and three consortia in 17 states participating in the Centers for Medicare & Medicaid Services (CMS) Independence at Home program. Home visits under the three-year "demonstration" began in 2012.

The Independence at Home program focuses on providing long-term primary care [management](#) to Medicare patients with complex medical histories in home settings to determine if doing so improves their care and

reduces costs. The idea is to treat medical problems before they progress and require a visit to the emergency room or hospitalization.

Elderly people who have complex medical conditions often have a difficult time connecting with a doctor, because they are homebound or have no transportation, so they wait until there is a crisis to seek medical attention, explains Alan Kronhaus, who heads up Doctors Making House calls in North Carolina. He says that they get most of their care from emergency room visits and acute care hospitals, which are the most dangerous settings for this population. Kronhaus points out that studies show high rates of hospital acquired infections, falls, trauma, sun downing (where elderly patients get agitated and confused in their new surroundings, typically as the sun sets) and cognitive decline, even if there are no adverse events, among this population.

"By visiting patients in their homes, you get insights that are invisible during a routine office visit," says Ina Li, M.D., the associate director of geriatrics and the medical director of the Visiting Nurse Association at Christiana Care. "Through our visits, we are able to learn how patients are living with their medical conditions, how they are using their medications, their lifestyles and support system."

The CMS demonstration is funded by the savings it achieves. It grew out of a similar program created by the Veteran's Administration, which saved the department 24% and is now available to vets nationwide, says Constance Row, executive director of the American Academy of Home Care Physicians.

To participate, you must have two or more qualifying chronic conditions, be covered by the original fee-for-service Medicare, need assistance with at least two "functional dependencies," such as walking and eating, have been hospitalized in the last 12 months and have received rehabilitation services in the last 12 months.

The CMS demonstration is also testing the shared savings concept, Kronhaus says. Participating doctors and nurse practitioners must reduce costs by 5%, improve patient outcomes and in return receive a share (20% with 80% going to Medicare) of the savings beyond the 5%.

In order to reap the benefits, though, patients or caregivers must be satisfied with their work.

Kronhaus says that if it proves positive, the demonstration will probably be made a permanent Medicare benefit. And, so far, Kronhaus reports that the demonstration "is enormously effective" both in terms of cost savings and showing improvement of quality of care.

Home visits saves money by lavishing care rather than limiting care, Kronhaus points out.

The program has just begun its second year and has not yet been fully evaluated by CMS to determine the next steps.

"We see no reason to delay what is obviously beneficial," Kronhaus says. He projects that the demonstration will probably show cost savings in the neighborhood of 15% to 20%. It's the only thing that shows it actually works without rationing care, he says.

--Written for MainStreet by S.Z. Berg, author of *College on the Cheap*

<http://www.mainstreet.com/article/family/family-health/governments-secret-living-longer?page=1>

Local Independent Living Centers

- Bronx Independent Living Services, Inc. (BILS)
4419 Third Ave, #2C, Bronx, NY 10457
TEL [718 515-2800 x 116](tel:7185152800) / TTY [718 515-2803](tel:7185152803) / FAX [718 515-2844](tel:7185152844)
- Brooklyn Center for Independence of the Disabled (BCID)
27 Smith St, #200, Brooklyn, NY 11201
TEL [718 998-3000](tel:7189983000) / TTY [718 998-7406](tel:7189987406) / FAX [718 998-3743](tel:7189983743)
- Center for Independence of the Disabled in NY (CID-NY) (Manhattan)
841 Broadway, #301, New York, NY 10003
TEL [212 674-2300](tel:2126742300) V / TTY [212-674-5619](tel:2126745619) / FAX [212-254-5953](tel:2122545953)
- CID-NY/Queens
137-02A Northern Blvd, Flushing, NY 11354
Phone: [646-442-1520](tel:6464421520) / Sorenson VP [866-948-1064](tel:8669481064) / TTY [718-886-0427](tel:7188860427) / Fax 718-886-0428
- Harlem Independent Living Center (HILC) (Manhattan)
289 St. Nicholas Ave, #21 Lower Level, New York, NY 10027
TEL 212-222-7122 / Sorenson VP 646-755-3092 / Relay 866-326-5876 / FAX 212-222-7199
info@hilc.org
- Staten Island Center for Independent Living (SIILC)
470 Castleton Ave, Staten Island, NY 10301
TEL 718-720-9016 / TTY 718-720-9870 / FAX 718-720-9664
- Long Island Center for Independent Living (LICIL) (Nassau Co)
3601 Hempstead Turnpike, #208, Levittown, NY 11756
TEL 516-796-0144 / TEL (Español) 516-796-6176 / TTY 516-796-0135 / FAX 516-796-0529 licil@aol.com
- Self Initiated Living Options, Inc. (SILO) (Suffolk Co)
2111 Lakeland Ave, Ronkonkoma, NY 11779
TEL (31-880-7929 / TTY 631-654-8076 / FAX 631-946-6377
contact@siloinc.org
- Westchester Independent Living Center (WILC) (Westchester/White Plains)
200 Hamilton Ave, White Plains, NY 10601
TEL 914-682-3926 / TTY 914-682-0926 / Sorenson Video Phone 866-933 5390 / FAX 914-682-8518
- Westchester Disabled on the Move, Inc. (WDOM) Westchester/Yonkers)
984 No. Broadway, #L-10, Yonkers, NY 10701
TEL 914-968-4717 V & TTY / FAX 914-968-6137

PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

Blessed Healthcare Staffing Agency, Tissha Thomas

1 Belvedere Ave, Suite A, Farmingdale, NY 11735
tithomas@bhcsa.com
(631) 390-8646

Bronxwork Inc, Kedon Wilson

391 E 149th St, Bronx, NY 10455
kwilson@bronxworks.org
(718) 993-8880 ext. 237

Center For Family Life Employment, Maria Ferreira

443 39th St, Brooklyn, New York 11232
mferreira@cflsp.org
718-633-4823

El Barrio's Operation Fight, Gustavo Rosado

413 E 120th St # 403 New York, NY 10035-3602
ebobf413@aol.com
212-410-7900

Fifth Avenue Committee, Aaron Shiffman

621 DeGraw Street, Brooklyn, New York 11217
ashiffman@fifthave.org
718-237-2017

Goldenhearts Elderly Care Services, Geanette Browder

244 5th Avenue, suite G256 New York, NY 10001
contact@GoldenElderlyCare.org
Phone: (866) 531-4620

Kingsborough Comm. College, Marisa Joseph

2001 Oriental Blvd, Brooklyn, NY 11235
marisa.joseph@kbcc.cuny.edu
718-368-5563

Konedu Home Care, LLC, Carie Jones Smith

140 Captain Thomas Blvd West Haven, CT 06516
helpingfamilies@koneduhomecare.com
Phone: [800 418-3299](tel:8004183299)

Mercy Center, Mary Ellen Gianino

377 East 145th Street, Bronx NY 10454-1006
meg@mercycenterbronx.org
(718) 993-2789

Reliable Homecare Solutions LLC

Contact: Reshmi Maharaj, Director
104-28 117 St, 2E, Richmond Hill New York 11419
917 378 5769
caresolutions09100@gmail.com

New York City College of Technology

NYC Technical College Placement Office
300 Jay St, Brooklyn, NY 11201
employmentsvc@citytech.cuny.edu
(718) 260-5050

Northern Manhattan Improvement Corp

Evan Hess
76 Wadsworth Ave, New York, NY 10033
evanhess@nmic.org
212-822-8300

Our Planet Management Institute, Lisa Ying

116 John Street, #200, New York, NY 10038
lisa@opmi.org, 212-269-4000

YWCA of NYC, Anne Alfred

50 Broadway, New York, NY 10004
aalfred@ywcanyc.org
718-723-6170

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