



540 Main Street, B1314  
Roosevelt Island, NY 10044  
718.233-3312  
Fax: 718.233.3312  
[www.consumerdirectedservices.com](http://www.consumerdirectedservices.com)

September 26, 2014

On September 16<sup>th</sup> the New York State Department of State accepted the Certificate of Incorporation submitted by **Consumer Directed Services, Inc.** under section 404 of the Not-for-Profit Law. A certificate that included the following statement:

*To insure that the corporation remains focused on the empowerment of the people being served, as the service population grows, the corporation will expand the Board of Director Membership to insure that a majority of its seats are held by people with disabilities.*

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](http://www.consumerdirectedservices.com) created a FREE Employment Information Bridge between Consumers and PCA Candidates.

- [Consumers / Advocates](#)

- To receive a copy of the weekly Newsletter, a Consumer or Advocate need only send me an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com) and include your name and the text **Newsletter Request**.
- To search for a New Personal Assistant go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be distributed to all of the PCA Candidates enrolled in the database and a variety of other Employment Resources.

- [Personal Care Assistant \(PCA\) Candidates](#)

To include your information in the Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

Previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com).

Best Regards, Ed Litcher

## **Consumers Searching**

**Consumers Wanted:** For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement on the Internet (See the list of Internet resources on the PCA Employment Agency page of this newsletter). Therefore, to help you find the PCA Candidate of your choice, I urge you, to do everything you ordinarily do, to consider an Internet resource and to try [www.ConsumerDirectedServices.com](http://www.ConsumerDirectedServices.com). Finally, if you try Consumer Directed Services, please spread the word. Tell your friends and associates about this **FREE** service.

**The Consumer Form has been modified to help Consumers to become more comfortable with the search process. In addition to the form modifications, I include the following.**

*Being a member of a Consumer Directed Personal Assistance Program (CDPAP) there are a number of risks that you as the Consumer or Surrogate have been willing to accept. The most difficult risk to manage is the finding of appropriate Personal Care Assistants (PCA). Whenever you engage in a search, you open yourself to the risk of meeting new people, who are unknown to you, and who may or may not be appropriate for you. To help you manage this risk you may wish to:*

- 1. Obtain a separate free email service (like Gmail) that you could use only for your searches.*
- 2. Use an online fax and voice mail service (like Maxemail) to obtain an alternative local number telephone number. When using a service like this, the PCA candidate would call this number and leave a message. You would receive their message as an email to which you could respond when and if you choose.*
- 3. Many Consumers are concerned about strangers coming into their homes, for this reason, I have modified the address section of this form. At this point in the process all the PCA needs to know is a name (your first name or a nick name should be adequate) and they need to know approximately where you live, so they can decide if it is someplace they could or would choose to work.*

4. *When setting up your initial meeting, you may wish to meet them at an alternative location with other people present. You could choose to have someone you trust, sit in on the initial interview, to get an additional perspective that you can use when you are making your hiring decision. Finally, you may wish to consider meeting in a public place where you and the candidate can both be comfortable.*

*Note: I have personally used both Gmail and Maxemail but you may wish to consider alternatives. When making your decision you should consider the total price, the services they provide and any free promotions the companies may be offering.*

*Finally, Good Luck With Your Search.*

**[Tnr73@outlook.com](mailto:Tnr73@outlook.com) on Monday, August 25, 2014 at 18:39:28**

-----  
Consumer: TR  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Paraplegia,, Quadriplegia,, Wheelchairs,  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,,  
Recommendations  
Hours: 12  
Days: 5-7  
Start Time: 8pm  
Description of Schedule: 12 hr shifts for day and night 7 days a week  
Pay Per Hour: 10

Comments: PCA will have to register with Concepts. A few positions are available, including back up for all 7 days of the week. I'm a wheelchair user and I need complete care. This includes bathing, dressing, meal preparation, housekeeping and assistance with daily activities. Please, only serious, dedicated PCA's apply.

## PCA Candidates

*Consumer Directed Services is not an Agency and makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate, or the terms and conditions of any employment relationship. All employment and payment decisions are the exclusive responsibility of the Consumer.*

### Dear Personal Care Assistant Candidate,

*I would like to thank you for your participation in Consumer Directed Services. If you submitted your **more than one year ago**, please complete and submit a new [Personal Assistant Enrollment Form](#). When the updated information is received, your new profile will be added to the next newsletter. Again thank you for your participation.*

*([zhigalovael@gmail.com](mailto:zhigalovael@gmail.com)) on Thursday, September 25, 2014 at 20:41:59*

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*Personal Assistant Candidate: Elena Zhigalova*

*Address1: 8800 Shore Front Parkway*

*Phone: 13472796859*

*Best Time: any*

*Gender: Female*

*Type of Position: Personal Care / Home Health*

*Worked with a CDPAP Consumer/Surrogate: Yes*

*Consumer/Surrogate References Available: Yes*

*Years Employed with a Consumer/Surrogate: 2014*

*Enrolled with a CDPAP: Yes*

*CDPAP Agency Name(s): concepts of independence, Inc.*

*Experience: Children,, Seniors,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,*

*Description of Languages: Russian, English*

*Documentation Available: Social Security Number,, Proof of Identity,, Recommendations*

*Certificate/License: Driver's License,*

*Hours per Week: 60*

*Days per Week: 3-6*

*Preferred Start Time: today*

*Days I Would Like to Work: to take care of somebody*

*I am willing to work a 24 Hour Sleep-In schedule: yes, I do*

*Target Salary Per Hour: 15*

[swanholder@gmail.com](mailto:swanholder@gmail.com) on Saturday, September 20, 2014 at 14:35:36

---

Personal Assistant Candidate: Swan Rodriguez

Address1: 400 Convent Ave

Address2: New York, NY 10031

Phone: 3477921594

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Experience: Children,, Seniors,, Amputation,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,

Certificate/License: Home Health Aid,, Driver's License,

Hours per Week: 42

Days per Week: 5

Preferred Start Time: 8am

Target Salary Per Hour: 10.00

[lisaemery40@gmail.com](mailto:lisaemery40@gmail.com) on Friday, September 19, 2014 at 14:23:44

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Personal Assistant Candidate: LISA EMERY

Address1: 50 LINCOLN ROAD

Address2: APT 3E

Phone: 929-258-6734

Best Time: TOMORROW

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Enrolled with a CDPAP: No

Experience: Children,, Seniors,, Amputation,, Wheelchairs,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Home Health Aid,, Other,

Description of Other Certificate/License: BABY NURSE

Hours per Week: 12

Days per Week: 5

Preferred Start Time: NOW

Days I Would Like to Work: MONDAY TO FRIDAY

I am willing to work a 24 Hour Sleep-In schedule: YES

Target Salary Per Hour: 20

Comments: YES I WOULD BRING THEM.

**[Heliadora@gmail.com](mailto:Heliadora@gmail.com)** on Thursday, September 18, 2014 at 12:17:46

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Personal Assistant Candidate: Heliadora Lorenzo

Phone: 917 231 6245

Best Time: anytime

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Amputation,, Wheelchairs,

Documentation Available: Social Security Number,, Proof of Identity,

Certificate/License: Personal Care,

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 3pm/8pm

Days I Would Like to Work: Monday through Friday

I am willing to work a 24 Hour Sleep-In schedule: yes

**Cecil Parvaiz on Thursday, September 17, 2014 at 10:15:20**

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Personal Assistant Candidate: Cecil Parvaiz, LPN

**Phone: 201-658-0552**

Best Time: anytime

Gender: Male

Type of Position: LPN/Personal Care / Home Health

Experience: Quadriplegia, Wheelchairs, Ventilator, Tracheotomy, Bed-Sore Prevention

Documentation Available: Social Security Number,, Proof of Identity,

Certificate/License: LPN

Comment: Recommended By:

Norma MT Braun, MD, FACP, FCCP

Ombudswoman

Clinical Professor of Medicine

Icahn School of Medicine

Mt. Sinai Health System

Senior Attending

Department of Medicine

Pulmonary/Critical Care/Sleep Division

St. Luke's-Roosevelt Hospitals

An excellent LPN with vast experience & patient advocate has just become available because his patient (& mine) died after more than 12 years. This man was a quadriplegic on a

vent via tracheotomy who needed total care: never had a bed sore; always stable & even happy. I cannot recommend Cecil more highly. Only problem he is not e-connected.

**([bayaraxel@gmail.com](mailto:bayaraxel@gmail.com)) on Thursday, September 11, 2014 at 22:58:21**

-----  
Personal Assistant Candidate: Axel Bayard

Address1: 1362 New York Avenue

Address2: Apt 3F

Address3: Brooklyn NY11210

Phone: 3473035134

Gender: Male

Type of Position: Other Type of Position

Description of Other Type of Position: LPN

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Enrolled with a CDPAP: No

Experience: Children,, Teens,, Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,, Languages

Description of Special Diets: MECHANICAL SOFT, PUREED, THICKENED LIQUID

Description of Languages: Creole, French, English, Spanish(intermediate

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Home Health Aid,, LPN or PN,, Driver's License,

Days per Week: 3-5

Preferred Start Time: ASAP

Days I Would Like to Work: Wednesday, Thursday, Friday, Saturday

I am willing to work a 24 Hour Sleep-In schedule: No

Comments: With regards to salary I am willing to consider the wage set by the agency paying for my service.

**([pematsering10@gmail.com](mailto:pematsering10@gmail.com)) on Friday, August 29, 2014 at 16:44:29**

-----  
Personal Assistant Candidate: Pema Tsering

Address1: 4121 58 St. Woodside NY 11377

Phone: 347 764 0741

Best Time: Any time

Gender: Male

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 2012

Enrolled with a CDPAP: Yes  
CDPAP Agency Name(s): Concepts of Independence  
Experience: Seniors,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,  
Description of Special Diets: liquid diet through bottle  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Certificate/License: Driver's License,  
Days I Would Like to Work: Monday to Sunday  
I am willing to work a 24 Hour Sleep-In schedule: Saturday and Sunday  
Target Salary Per Hour: 13

**([skatefags@gmail.com](mailto:skatefags@gmail.com)) on Friday, August 29, 2014 at 16:20:07**

-----

Personal Assistant Candidate: Xavier Victor Cabrera  
Address1: 763 State Street Apartment 101  
Address2: Schenectady, NY  
Address3: 12307  
Phone: 518-836-8391  
Best Time: anytime  
Gender: Male  
Type of Position: Personal Care / Home Health  
Worked with a CDPAP Consumer/Surrogate: Yes  
Consumer/Surrogate References Available: Yes  
Years Employed with a Consumer/Surrogate: one year  
Enrolled with a CDPAP: Yes  
CDPAP Agency Name(s): all metro healthcare  
Experience: Seniors,, Paraplegia,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,,  
Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,  
Description of Special Diets: diabetic  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Certificate/License: Personal Care,, Driver's License,  
Hours per Week: 40  
Days per Week: 5  
Preferred Start Time: 11:00 pm  
Days I Would Like to Work: Monday to Friday  
I am willing to work a 24 Hour Sleep-In schedule: if stuck, but not if I'm choosing  
Target Salary Per Hour: 10.75

**([Tarazzi@me.com](mailto:Tarazzi@me.com)) on Thursday, August 28, 2014 at 15:44:30**

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Personal Assistant Candidate: Tarazzi Wilkins  
Address1: Amityville, NY



Phone: 6314645629

Best Time: Mornings

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): South shore home health services

Experience: Seniors,, Lifters,, Mental Impairments / Alzheimer's Disease,

Description of Languages: English

Certificate/License: Driver's License,, Other,

Description of Other Certificate/License: C.N.A.

Days per Week: 4

Preferred Start Time: ASAP

Target Salary Per Hour: 11-13

**([Heliadora@gmail.com](mailto:Heliadora@gmail.com)) on Wednesday, August 27, 2014 at 09:42:08**

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Personal Assistant Candidate: Heliadora Sanchez

Phone: 917-231-6245

Best Time: anytime

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Wheelchairs,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,

Hours per Week: 40+

Days per Week: 5-7

Preferred Start Time: 8am

Days I Would Like to Work: monde through Friday and weekends

I am willing to work a 24 Hour Sleep-In schedule: yes at night or weekends

Target Salary Per Hour: 10

**([jubyvettom@gmail.com](mailto:jubyvettom@gmail.com)) on Tuesday, August 26, 2014 at 15:57:03**

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Personal Assistant Candidate: JUBYJOSE

Address1: 222 66 BRADDOCK AVE

Address2: QUEENS VILLAGE

Address3: NEW YORK 11425

Phone: 7187903658

Best Time: AFTER 7 PM

Gender: Male

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 1 YEAR

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): SOUTH SHORE HOME HEALTH, ALL METRO

Experience: Children,, Teens,, Young Adults,, Seniors,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Languages

Description of Languages: MALAYALAM

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Driver's License,

Hours per Week: 40

Days per Week: 5

Days I Would Like to Work: ANY DAY

I am willing to work a 24 Hour Sleep-In schedule: YES

Target Salary Per Hour: 13

**[skatefaqs@gmail.com](mailto:skatefaqs@gmail.com) on Tuesday, August 26, 2014 at 20:33:14**

-----  
Personal Assistant Candidate: Xavier Cabrera

Address1: 763 State St, Apartment 101, Schenectady NY 12307

Phone: 5188368391

Best Time: all day

Gender: Male

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 1 Year

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): All Metro Healthcare

Experience: Seniors,, Paraplegia,, Amputation,

Description of Special Diets: diabetic

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Driver's License,

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 11:

**([JeseniaFoster@gmail.com](mailto:JeseniaFoster@gmail.com)) on Tuesday, August 26, 2014 at 01:31:31**

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Personal Assistant Candidate: Jesenia Foster

Address1: 1487 Vyse Ave. Apt 1A

Phone: 9177956916

Best Time: 9177956916

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Enrolled with a CDPAP: No

Experience: Children,, Young Adults,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,

Description of Languages: English & Spanish

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Driver's License,, Other,

Description of Other Certificate/License: Direct support professional certificate

Hours per Week: 40

Days per Week: 5

Preferred Start Time: open

Days I Would Like to Work: Wednesday, Friday, Saturday, Sunday, Monday

I am willing to work a 24 Hour Sleep-In schedule: yes

Target Salary Per Hour: 12

Comments: Direct support professional certificate, Travel & hospitality certificate

## **Articles Related to the CDPAP**

### **Don't miss a single issue of Able Newspaper**

the newspaper for, by and about the disabled,

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call 516-939-2253

### **NSCIA / United Spinal Newsletter**

<http://www.icontact-archive.com/l-xV4bluEzA8X-8A2gYLTxwmTdz1eDMh?w=4>

### **12th Annual Conference**

**"Navigating the New World of Consumer Directed Services"  
October 22 and 23 at the Hilton Garden Inn in Troy, New York.**

At this critical time of looming rules changes, expansion and growth of consumer directed personal assistance in managed care, and an exciting foray into new programs more directly involving consumers, this is an educational and networking opportunity that should not be missed.

Consumer Directed Personal Assistance Association of New York State  
272 Broadway, Albany, NY 12204

Phone: 518-813-9537

Fax: 518-813-9539

<http://cdpaanys.org/>

## **Local Independent Living Centers**

- Bronx Independent Living Services, Inc. (BILS)  
4419 Third Ave, #2C, Bronx, NY 10457  
TEL [718 515-2800 x 116](tel:7185152800) / TTY [718 515-2803](tel:7185152803) / FAX [718 515-2844](tel:7185152844)
- Brooklyn Center for Independence of the Disabled (BCID)  
27 Smith St, #200, Brooklyn, NY 11201  
TEL [718 998-3000](tel:7189983000) / TTY [718 998-7406](tel:7189987406) / FAX [718 998-3743](tel:7189983743)
- Center for Independence of the Disabled in NY (CID-NY) (Manhattan)  
841 Broadway, #301, New York, NY 10003  
TEL [212 674-2300](tel:2126742300) V / TTY [212-674-5619](tel:2126745619) / FAX [212-254-5953](tel:2122545953)
- CID-NY/Queens  
137-02A Northern Blvd, Flushing, NY 11354  
Phone: [646-442-1520](tel:6464421520) / Sorenson VP [866-948-1064](tel:8669481064) / TTY [718-886-0427](tel:7188860427) / Fax 718-886-0428
- Harlem Independent Living Center (HILC) (Manhattan)  
289 St. Nicholas Ave, #21 Lower Level, New York, NY 10027  
TEL 212-222-7122 / Sorenson VP 646-755-3092 / Relay 866-326-5876 / FAX 212-222-7199  
[info@hilc.org](mailto:info@hilc.org)
- Staten Island Center for Independent Living (SIILC)  
470 Castleton Ave, Staten Island, NY 10301  
TEL 718-720-9016 / TTY 718-720-9870 / FAX 718-720-9664
- Long Island Center for Independent Living (LICIL) (Nassau Co)  
3601 Hempstead Turnpike, #208, Levittown, NY 11756  
TEL 516-796-0144 / TEL (Español) 516-796-6176 / TTY 516-796-0135 / FAX 516-796-0529 [licil@aol.com](mailto:licil@aol.com)
- Self Initiated Living Options, Inc. (SILO) (Suffolk Co)  
2111 Lakeland Ave, Ronkonkoma, NY 11779  
TEL (31-880-7929 / TTY 631-654-8076 / FAX 631-946-6377  
[contact@siloinc.org](mailto:contact@siloinc.org)
- Westchester Independent Living Center (WILC) (Westchester/White Plains)  
200 Hamilton Ave, White Plains, NY 10601  
TEL 914-682-3926 / TTY 914-682-0926 / Sorenson Video Phone 866-933 5390 / FAX 914-682-8518
- Westchester Disabled on the Move, Inc. (WDOM) Westchester/Yonkers)  
984 No. Broadway, #L-10, Yonkers, NY 10701  
TEL 914-968-4717 V & TTY / FAX 914-968-6137

## PCA Employment Agencies

*If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).*

**All American Home Care Agency, Albert Isakov, CEO**  
1113 Avenue J, Brooklyn, NY 11230  
[aisakov@allamericanny.com](mailto:aisakov@allamericanny.com)  
Phone: 718-717-8800

**Bronxwork Inc, Kedon Wilson**  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

**Center For Family Life Employment, Maria Ferreira**  
443 39th St, Brooklyn, New York 11232  
[mferreira@cflsp.org](mailto:mferreira@cflsp.org)  
718-633-4823

**El Barrio's Operation Fight, Gustavo Rosado**  
413 E 120th St # 403 New York, NY 10035-3602  
[ebobf413@aol.com](mailto:ebobf413@aol.com)  
212-410-7900

**Fifth Avenue Committee, Aaron Shiffman**  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

**Goldenhearts Elderly Care Services, Geanette Browder**  
244 5th Avenue, suite G256 New York, NY 10001  
[contact@GoldenElderlyCare.org](mailto:contact@GoldenElderlyCare.org)  
Phone: (866) 531-4620

**Kingsborough Comm. College, Marisa Joseph**  
2001 Oriental Blvd, Brooklyn, NY 11235  
[marisa.joseph@kbcc.cuny.edu](mailto:marisa.joseph@kbcc.cuny.edu)  
718-368-5563

**Konedu Home Care, LLC, Carie Jones Smith**  
140 Captain Thomas Blvd West Haven, CT 06516  
[helpingfamilies@koneduhomecare.com](mailto:helpingfamilies@koneduhomecare.com)  
Phone: 800 418-3299

**Mercy Center, Mary Ellen Gianino**  
377 East 145th Street, Bronx NY 10454-1006  
[meg@mercycenterbronx.org](mailto:meg@mercycenterbronx.org)  
(718) 993-2789

**Reliable Homecare Solutions LLC**  
Contact: Reshmi Maharaj, Director  
104-28 117 St, 2E, Richmond Hill New York 11419  
917 378 5769  
[caresolutions09100@gmail.com](mailto:caresolutions09100@gmail.com)

**New York City College of Technology**  
NYC Technical College Placement Office  
300 Jay St, Brooklyn, NY 11201  
[employmentsvc@citytech.cuny.edu](mailto:employmentsvc@citytech.cuny.edu)  
(718) 260-5050

**Northern Manhattan Improvement Corp**  
Evan Hess  
76 Wadsworth Ave, New York, NY 10033  
[evanhess@nmic.org](mailto:evanhess@nmic.org)  
212-822-8300

**Our Planet Management Institute, Lisa Ying**  
116 John Street, #200, New York, NY 10038  
[lisa@opmi.org](mailto:lisa@opmi.org), 212-269-4000

**YWCA of NYC, Anne Alfred**  
50 Broadway, New York, NY 10004  
[aalfred@ywcanyc.org](mailto:aalfred@ywcanyc.org)  
718-723-6170

**Able Newspaper**  
Cost \$5 for each 5 word line (or part) – 30days  
Phone: 516-939-2253 [www.ablenews.com](http://www.ablenews.com)

**Craigslist, Cost \$25.00 (30 days)**  
<http://newyork.craigslist.org/>

**Backpage - Basic Cost - Free (7 days)**  
Available Updates - Auto Repost + Sponsor Ad  
(cost determined by number of weeks)  
<http://newyork.backpage.com/MedicalHealthJobs/>

**Classified Ads, Cost Free**  
<http://www.classifiedads.com/post.php>