

August 24, 2012

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](#) offers this FREE Newsletter and the FREE Service to Consumers and Personal Assistant Candidates.

- [Consumers / Advocates](#)

- To receive a copy of the weekly Newsletter, a Consumer or Advocate need only send me an email to elitcher@consumerdirectedservices.com and include the text **Newsletter Request**.
- To search for a New Personal Assistant go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be distributed to all of the Candidates and the other email Database Resources. As of the above date, **479 Personal Assistant Candidates** have been enrolled in the Consumer Directed Services database

- [Personal Care Assistant \(PCA\) Candidates](#)

To include your information in the Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

To insure that this Newsletter will be available to as many Consumers / Advocates as possible, previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to elitcher@consumerdirectedservices.com.

Best Regards, Ed Litcher

Notes

Consumers Wanted: For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement in the Newspaper or on the Internet. But to permit this service to grow, I urge you to add this service to your list. Do everything you ordinarily do, but add this FREE service too.

As I am sure you know the Consumer Directed Personal Assistance Program is long on responsibility and very short on guarantees. And unfortunately, I am not in a position to offer you a guarantee that this service will work for you every time, but I can say that the Consumers who have tried this service over the past several months have had very positive results.

“Traffic Builds Business,” a saying that I believe fits our situation very well, because I believe that as Consumer traffic increases so too will the number of Personal Assistant Candidates, *an outcome that will benefit all parties.*

Consumers Searching – See Attached Documents

Betty Tolliver on Monday, August 13, 2012 at 11:34:20

Ms. Robertson on Sunday, August 5, 2012 at 21:07:57

PCA Candidates

Consumer - To consider any of the following PCA Candidates, please contact the Candidates directly. To send an email the currently enrolled Personal Assistant Candidates please go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate or Request a Newsletter](#).

Personal Assistant Candidate - To add your information to the next Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

funeralgirl27@aim.com on Friday, August 24, 2012 at 07:58:47

Personal Assistant Candidate: valerie ujueta
Address1: 7332 67th rd
Address2: middle village
Address3: ny 11379
Phone: 386 675 2309
Best Time: any
Gender: Female
Type of Position: Personal Care / Home Health
Experience: Seniors,, Wheelchairs,
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations
Hours per Week: 40
Days per Week: 5
Preferred Start Time: 8am
Days I Would Like to Work: any
I am willing to work a 24 Hour Sleep-In schedule: yes
Target Salary Per Hour: 7.50
Comments: I have taken care of personal seniors , and also family members 97 year old , i have done it for free and i do enjoy the work.

amsalas20@gmail.com on Thursday, August 23, 2012 at 23:23:23

Personal Assistant Candidate: Amanda Salas
Address1: 262 Feller Dr
Phone: [631 630 6979](tel:6316306979)
Gender: Female

Type of Position: Personal Care / Home Health
Experience: Teens,, Young Adults,, Seniors,, Quadriplegia,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,
Documentation Available: Social Security Number,
Hours per Week: 40
Days per Week: 6
Preferred Start Time: 5am
Days I Would Like to Work: Mon - Fri
Target Salary Per Hour: 13.00/hr
Comments: Been employed with Southshore home health agency Oakdale, NY for 3 years, would like more work around New York

fivecats6940@yahoo.com on Thursday, August 23, 2012 at 19:56:12

Personal Assistant Candidate: Kathleen Collins
Address1: 69 40 Hillmeyer Aveneu
Address2: Apt 1
Address3: Arverne, NY 11692
Phone: 347 246 6862
Best Time: afternoon
Gender: Female
Type of Position: Personal Care / Home Health
Experience: Seniors,, Paraplegia,, Quadriplegia,, Amputation,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,
Description of Special Diets: kosher, diabetic
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations
Hours per Week: 60
Days per Week: 7
Days I Would Like to Work: Sunday thru Saturday.
I am willing to work a 24 Hour Sleep-In schedule: Yes
Target Salary Per Hour: 12.00
Target Salary Per Day: 120.00
Target Salary Per Week: 600.00

83mnetti@gmail.com on Tuesday, August 21, 2012 at 06:24:01

Personal Assistant Candidate: Matthew Netti
Address1: 1713 Edison Ave
Address2: Bronx,NY 10461
Phone: [347-443-5947](tel:347-443-5947)
Best Time: anytime
Gender: Male
Type of Position: Personal Care / Home Health
Experience: Young Adults,, Seniors,, Quadriplegia,, Hemiplegia,, Amputation,, Wheelchairs,
Description of Languages: ENGLISH
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations
Hours per Week: 25
I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Hour: 9.00

Comments: I am certified in CPR from the American Heart Association

Tenisha763@gmail.com on Tuesday, August 21, 2012 at 04:52:11

Personal Assistant Candidate: Tenisha Murray

Address1: 53 Egbert St.

Address2: Pemberton, New Jersey 08068

Phone: [347-290-6737](tel:347-290-6737)

Best Time: Anytime

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Children,, Teens,, Young Adults,, Seniors,, Paraplegia,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 40+

Days per Week: 6

Preferred Start Time: 8am

Days I Would Like to Work: Mon,tues,weds,thurs,fri,Sunday

I am willing to work a 24 Hour Sleep-In schedule: Yes

Target Salary Per Hour: 10

vleeshue@yahoo.com on Monday, August 20, 2012 at 23:21:16

Personal Assistant Candidate: valerie leeshue

Address1: 11317 208 street

Address2: queens village

Address3: new york 11429

Phone: 3474222894

Best Time: 5pm

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Children,, Seniors,, Ventilators,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Languages

Description of Languages: english

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Days per Week: 3

Days I Would Like to Work: fridays, saturdays sundays

I am willing to work a 24 Hour Sleep-In schedule: or 12 hrs.over night

Target Salary Per Hour: \$12

Comments: iam a hha / cna/mental therapy aide/ hospice aide i have over 18 years experience in elder care with or with out special needs iam fully immunized. with recent physical and written long term references to supply upon request.

sgriffin651@gmail.com on Friday, August 17, 2012 at 12:38:43

Personal Assistant Candidate: Sherrill Griffin

Address1: 842 Deer Park rd New York

Phone: [347-617-4524](tel:347-617-4524)

Best Time: anytime

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Children,, Teens,, Young Adults,, Seniors,, Amputation,, Ventilators,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: soft foods brats diet liquid diet diabetes

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 40

Days per Week: 4

Preferred Start Time: 10:00 am

Days I Would Like to Work: Tuesday Thursday Friday Saturday

I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Hour: 12.84

Comments: Further info upon request.

[vleeshue@yahoo.com](mailto: vleeshue@yahoo.com) on Friday, August 17, 2012 at 12:19:34

Personal Assistant Candidate: valerie leeshue

Address1: 11317 208 street

Address2: queens village

Address3: new york.11429

Phone: 3474222894

Best Time: 5pm

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Ventilators,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,

Description of Special Diets: for diabetics

Description of Languages: ENGLISH

Description of Other: none

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Preferred Start Time: 8pm

Days I Would Like to Work: nights or over nights

I am willing to work a 24 Hour Sleep-In schedule: yes on the week-ends

Target Salary Per Day: \$150

Comments: IAM A CNA /HHA /HOSPICE AIDE/MENTAL THERAPY AIDE CERTEFIED WITH OVER 17 YEARS EXPERIENCE CARING FOR THE ELDERLY AND THE SICK. I HAVE NURSING HOME EXPERIENCE,IN HOME ,AND ASSISTED LIVINGS.I HAVE EXPERIENCE WITH MONITORING VENT CLIENTS ,CLOLESTOMY CLIENTS.ALSO FEEDING TUBES I HAVE EXCELLENT LONG TERM REFERENCES UPON REQUEST.

[fivecats6940@yahoo.com](mailto: fivecats6940@yahoo.com) on Friday, August 17, 2012 at 12:13:43

Personal Assistant Candidate: Kathleen Collins

Address1: 69-40 Hillmeyer Avenue
Address2: Apt 1
Address3: Arverne, NY 11692
Phone: 1 347 246 6862
Best Time: Afternoons
Gender: Female
Type of Position: Personal Care / Home Health
Experience: Seniors,, Amputation,, Ventilators,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,
Description of Special Diets: kosher, diabetes
Description of Languages: English only
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations
Days I Would Like to Work: Sunday thru Saturday.
I am willing to work a 24 Hour Sleep-In schedule: Yes
Target Salary Per Hour: 12.00
Target Salary Per Day: 120.00
Target Salary Per Week: 600.00

contessanicole1984@yahoo.com on Thursday, August 16, 2012 at 21:18:52

Personal Assistant Candidate: Nicolette DiCaprio
Address1: 80 Osborn Street
Phone: [347-627-9939](tel:347-627-9939)
Best Time: Evening
Gender: Female
Type of Position: Personal Care / Home Health
Experience: Children,, Young Adults,, Seniors,, Quadriplegia,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,
Documentation Available: Social Security Number,, Proof of Identity,
Hours per Week: 25
Days per Week: 3
Preferred Start Time: 8am
Days I Would Like to Work: Friday, Saturday and Sunday
I am willing to work a 24 Hour Sleep-In schedule: yes
Target Salary Per Hour: 10.50

Reminder: Consumer Directed Services makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate the Consumer may consider. Therefore, a Consumer's consideration of any of the PCA Candidates listed above or any of the Candidates referred by a PCA Employment Service does not in any way reduce or modify the Consumer's exclusive responsibility to manage the PCA evaluation and employment process.

Articles Related to the CDPAP

Health Reform Testing Home-Based Care August 17, 2012

The [health reform](#) spotlight usually focuses on the 2014 requirement that most people buy health insurance, the creation of new state health insurance exchanges, and whether states will participate in the law's big increase in Medicaid services. But under the radar, the law has also triggered a flurry of new programs searching for better and cheaper ways to provide healthcare.

One of them, the Independence at Home (IAH) demonstration project, could have a huge impact on seniors with chronic illnesses. With growing numbers of older Americans, many of whom will post impressive [longevity gains](#), rising healthcare costs are a national and personal problem. If the IAH test is successful, it would point the way toward lowering costs and also boost the broader provision of home-based healthcare services, thus helping seniors [age in place](#) in their homes and avoid institutionalized care.

The project, overseen by the government's Center for Medicare and Medicaid Innovation (CMMI), has recently finished enrolling [19 medical practice groups](#) throughout the country. Over the next three years, these groups expect to provide in-home care to about 10,000 people with multiple chronic health conditions. A detailed study by Medicare of 2008 treatments and expenses found that more than 90 percent of its expenses were to treat people with multiple chronic conditions.

Treating seriously ill Medicare beneficiaries is enormously expensive, in part due to the high expenses of repeated hospital stays and related care and drug expenses. According to Medicare records, the five most common chronic conditions in 2008 were hypertension (affecting 56 percent of all beneficiaries), high cholesterol (43 percent), heart disease (32 percent), diabetes (27 percent), and arthritis (21 percent).

These figures include disabled beneficiaries, many of whom are younger than 65. The percentages of people age 65 and older with these chronic conditions is even higher. About a third of all beneficiaries have two or three chronic conditions, and another third have more than three. While only about 12 percent of Medicare recipients had six or more chronic conditions, they accounted for 40 percent of Medicare's expenses.

The 19 practices chosen for the IAH demonstration already have experience providing home care to chronically ill Medicare patients. They were also selected to reflect different parts of the country, including rural and urban practices. To qualify for the program, patients must:

- Have two or more chronic conditions
- Have coverage from original, fee-for-service (FFS) Medicare
- Need assistance with two or more functional dependencies (walking, feeding, dressing and other activities of daily living)
- Have had a non-elective hospital admission within the last 12 months
- Have received acute or subacute rehabilitation services in the last 12 months

Even with these restrictions, an estimated 1.4 million Medicare beneficiaries would qualify if the program was offered in all markets in the country.

"Many of these people have difficulty getting out of their home and getting to their doctor's office," says Rick Gilfillan, CMMI director. The goals of the IAH test are to see if in-home care can improve the health of participants, provide a more satisfactory care experience, and save money, he explains. Over time, practices that achieve all of these goals would be able to keep some of the money saved through reduced care expenses.

As an example of how [at-home care](#) would work, care professionals would go into the patient's home and look at the medications they are taking. Often, people are prescribed additional medication when they are

discharged from a hospital but either don't fill these new prescriptions or even understand them. At-home care providers would check to see that prescriptions have been filled and that patients are taking the right drugs in the proper doses.

The demonstration period is three years. But Gilfillan says the CMMI doesn't need to wait that long to set up additional tests. It has the authority, for example, to create additional demonstrations of approaches by some IAH practices that have produced very positive early results.

Twitter: [@PhilMoeller](#)

<http://money.usnews.com/money/blogs/the-best-life/2012/08/17/health-reform-testing-home-based-care>

Pilot program will allow Treasure Coast chronically ill to avoid nursing home

stays By Cynthia Washam Monday, August 20, 2012

STUART — A Medicare pilot program soon will enable chronically ill, Treasure Coast seniors to avoid nursing-home stays by getting primary health care in their homes.

Stuart is among 19 regions nationwide participating in the demonstration. The closest other region is Jacksonville. Patients from all three Treasure Coast counties will be eligible.

"With this demonstration, we're providing higher quality primary care in the home setting," said Renard Murray, regional administrator for the Centers for Medicare & Medicaid Services. "This is more comprehensive assistance."

The pilot, dubbed Independence at Home, is designed to improve patient care and cut costs by reducing hospital and nursing-home admissions. Primary-care doctors and nurse practitioners will oversee the home-based care of Medicare patients with two or more chronic conditions. Federally funded Medicare covers health care for the permanently disabled and people age 65 and older. "Patients will be in better shape than if they had to be in a nursing home," Murray said.

To qualify for Independence at Home, patients must have two or more chronic conditions and need assistance with at least two functional routines, such as walking and feeding. Other requirements include a non-elective hospital admission and rehabilitation services within the past 12 months.

The idea of doctors and nurse practitioners making house calls is routine for the two local providers participating in the pilot. "We bring our primary-care providers to you," said R. Jeffrey Hulley, a physician assistant and managing partner with Housecalls Express in Stuart. "We treat an enormous number of people who are homebound."

Stuart's Mobile Medical Associates also does house calls to the same type of patients. Together, the two agencies formed a partnership called Treasure Coast Healthcare to manage the Medicare demonstration project, which will start in the fall. Treasure Coast Healthcare will serve patients from Vero Beach to Lake Worth.

"We're saving Medicare millions of dollars," Hulley said. "We're allowing people to age in place." Hulley and other members of his team typically visit chronically ill patients at home once a month.

The only difference between Housecalls Express' routine service and service under the Medicare pilot, Hulley explained, will be more coordination with area hospitals. He thinks Medicare's new financial penalties for hospitals with high readmission rates will give them more incentive to make that call.

"The program will help reduce readmissions assuming (the hospitals) tell us about their patients," he said. "It's a win-win for both of us."

<http://www.tcpalm.com/news/2012/aug/20/pilot-program-will-allow-treasure-coast-ill-to/>

PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

Blessed Healthcare Staffing Agency

Tissha Thomas
1 Belvedere Ave, Suite A, Farmingdale, NY 11735
tithomas@bhcsa.com
(631) 390-8646

Bronxwork Inc Kedon Wilson
391 E 149th St, Bronx, NY 10455
kwilson@bronxworks.org
(718) 993-8880 ext. 237

Brooklyn Bureau of Community Service
Leslie Klein
285 Schermerhorn St, Brooklyn, NY 11217
lklein@WeAreBCS.org
718-310-5600

Center For Family Life Employment
Maria Ferreira
443 39th St, Brooklyn, New York 11232
mferreira@cflsp.org
718-633-4823

El Barrio's Operation Fight
Gustavo Rosado
413 E 120th St # 403 New York, NY 10035-3602
ebobf413@aol.com
212-410-7900

Fifth Avenue Committee
Aaron Shiffman
621 DeGraw Street, Brooklyn, New York 11217
ashiffman@fifthave.org
718-237-2017

Kingsborough Community College
Marisa Joseph
2001 Oriental Blvd, Brooklyn, NY 11235
marisa.joseph@kbcc.cuny.edu
718-368-5563

Konedu Home Care, LLC
Carie Jones Smith
140 Captain Thomas Blvd West Haven, CT 06516
helpingfamilies@koneduhomecare.com
Phone: [800 418-3299](tel:8004183299)

Mercy Center
Mary Ellen Gianino
377 East 145th Street, Bronx NY 10454-1006
meg@mercycenterbronx.org
(718) 993-2789

New York City College of Technology
NYC Technical College Placement Office
300 Jay St, Brooklyn, NY 11201
employmentsvc@citytech.cuny.edu
(718) 260-5050

Northern Manhattan Improvement Corp
Evan Hess
76 Wadsworth Ave, New York, NY 10033
evanhess@nmic.org
212-822-8300

Our Planet Management Institute
Lisa Ying
116 John Street, #200, New York, NY 10038
lisa@opmi.org
212-269-4000

Queens Community House
Ana Lopez-Betancourt
108-25 62nd Drive, Forest Hills, NY 11375
abetancourt@queenscommunityhouse.org
718-898-7461 x 19

Supreme Aid Home Care, LLC
Contact: Anna Basel - Owner
37-53, 90th St, Suite 16 Jackson Heights, NY, 11372
info@supremeaidhomecare.com [347-421-2045](tel:3474212045)

YWCA of NYC
Anne Alfred
50 Broadway, New York, NY 10004
aalfred@ywcanyc.org
718-723-6170