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*June 29, 2012*

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](#) offers this FREE Newsletter and the FREE Service to Consumers and Personal Assistant Candidates.

- [Consumers / Advocates](#)
  - To receive a copy of the weekly Newsletter, a Consumer or Advocate need only send me an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com) and include the text **Newsletter Request**.
  - To search for a New Personal Assistant go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be distributed to all of the Candidates and the other email Database Resources. As of the above date, **436 Personal Assistant Candidates** have been enrolled in the Consumer Directed Services database.
- [Personal Care Assistant \(PCA\) Candidates](#)

To include your information in the Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

To insure that this Newsletter will be available to as many Consumers / Advocates as possible, previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com).

Best Regards, Ed Litcher

### Notes

*Please spread the word!*

A coalition of self-directing Consumers and Designated Representatives, *Consumer Direction: The Voice of Consumers*, seeks feedback and participation from other Consumers and Designated Representatives who use the Consumer Directed Personal Assistance Program in New York State!

<http://WeAreSelfDirecting.com/>

## PCA Candidates

Consumer - To consider any of the following PCA Candidates, please contact the Candidates directly. To send an email the currently enrolled Personal Assistant Candidates please go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate or Request a Newsletter](#).

Personal Assistant Candidate - To add your information to the next Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

**[Tyehair@gmail.com](mailto:Tyehair@gmail.com) on Tuesday, June 26, 2012 at 11:10:24**

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Personal Assistant Candidate: Tyesha Graham

Address1: 2211 Ditmas Ave

Address3: Brooklyn ny 1226

Phone: [347-775-6344](tel:347-775-6344)

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Seniors,, Paraplegia,, Wheelchairs,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 36

Days per Week: 3

Preferred Start Time: 8pmn

Days I Would Like to Work: Mon-wed

I am willing to work a 24 Hour Sleep-In schedule: No

Target Salary Per Hour: 10

Comments: I have over 10 yrs of experience as a hha. I have worked with seniors,adults, and children with disabilities.

**[violetaj36@aol.com](mailto:violetaj36@aol.com) on Tuesday, June 26, 2012 at 00:47:17**

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Personal Assistant Candidate: jeanette martinez

Address1: 4578 park ave.

Phone: [3473363606](tel:3473363606)

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Young Adults,, Seniors,, Languages

Description of Languages: spanish and english

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 12

Days per Week: 7

Preferred Start Time: 8pm

Target Salary Per Hour: 15

Comments: I have been working as a home health for two years.

**[tanzaniacain@gmail.com](mailto:tanzaniacain@gmail.com)** on Monday, June 25, 2012 at 12:30:06

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Personal Assistant Candidate: Tanzania Cain

Address1: 135 TapScott

Address2: 2R

Phone: [3472606458](tel:3472606458)

Best Time: [3472606458](tel:3472606458)

Experience: Children,, Seniors,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: open

Days per Week: 7

Preferred Start Time: 7 a.m

Days I Would Like to Work: every

I am willing to work a 24 Hour Sleep-In schedule: yes

Target Salary Per Hour: open

**[ivelisseimartinez@gmail.com](mailto:ivelisseimartinez@gmail.com)** on Sunday, June 24, 2012 at 20:52:56

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Personal Assistant Candidate: Ivelisse I Martinez

Address1: 217 W 127th St

Address2: New York NY 10027

Phone: [\(347\)543-1357](tel:3475431357)

Best Time: anytime

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Teens,, Young Adults,, Seniors,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 40

Days per Week: 7

Preferred Start Time: none

Days I Would Like to Work: does not matter

I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Hour: 10

Comments: I have previously been a Rehabilitation Counselor. In this position I went to the home of individuals and helped them to achieve daily goals. I accompanied the individuals to appointments, and any other outdoor activity. I also have no problem doing some light cleaning

**[kingmotrinitas@yahoo.com](mailto:kingmotrinitas@yahoo.com)** on Sunday, June 24, 2012 at 07:57:20

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Personal Assistant Candidate: Moses Amoah

Address1: 571 East 170th Street Apt 1A

Phone: [3472519757](tel:3472519757)

Best Time: [3472519757](tel:3472519757)

Type of Position: Personal Care / Home Health

Experience: Seniors,, Amputation,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 60  
Days per Week: 5-7  
Preferred Start Time: anytime  
Days I Would Like to Work: any day  
I am willing to work a 24 Hour Sleep-In schedule: yes  
Target Salary Per Hour: 11  
Comments: 571 East 170th Street Apt 1A Bronx NY 10456  
Cell [3472519757](tel:3472519757)  
[kingmotrinitas@gmail.com](mailto:kingmotrinitas@gmail.com)

Sir/Madam,

I am looking for a long term job in as a caregiver. I have 4 years experience in care giving and. I also have a positive attitude when it comes to home attendants.

More importantly I am: Hardworking, Reliable, Trustworthy, Honest, Polite, Organized type of person  
My duties include but not limited to, vacuuming, and emptying of rubbish bins, hard surface floor clean of kitchen and toilets and also laundry and neatly iron of clothes, and Personal Care Duties.

CERTIFICATE - 84HR CORE TRAINING CERTIFICATE FOR HOME HEALTH AID-NY

EDUCATION: HIGH SCHOOL DIPLOMA – SUNYANI HIGH SCHOOL,

GHANA - 2YEAR ASSOCIATE DEGREE – SUNYANI POLYTECHINC – GHANA

JOB VERIFICATION

Americare Home Care Agency, Brooklyn New York [718-434-5100](tel:718-434-5100) (Coordinator Kingsley)

Senior Bridge Agency, [212-994-6100](tel:212-994-6100) (Coordinator, Melissa)

**[brigittecott22@gmail.com](mailto:brigittecott22@gmail.com) on Thursday, June 21, 2012 at 07:46:21**

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Personal Assistant Candidate: Brigitte Scott

Address1: 15 kosciusko street

Phone: [3477065956](tel:3477065956)

Best Time: any

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Children,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Wheelchairs,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 9 a.m

Days I Would Like to Work: Monday- Friday

I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Hour: \$11

Target Salary Per Day: 100

Target Salary Per Week: \$500

**[cherlybrowne6@gmail.com](mailto:cherlybrowne6@gmail.com) on Thursday, June 21, 2012 at 06:54:25**

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Personal Assistant Candidate: Cherly Browne

Address1: 176-11 90ave

Address2: Jamaica N Y 11432

Phone: [908 531 5091](tel:9085315091)

Best Time: any time  
Gender: Female  
Type of Position: Personal Care / Home Health  
Experience: Children,, Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Ventilators,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Special Diets,  
Description of Languages: english  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Hours per Week: 12  
Days per Week: 7  
I am willing to work a 24 Hour Sleep-In schedule: yes  
Target Salary Per Hour: open  
Comments: I have over fifteen years of experience working with elderly.

**[apritchard6565@yahoo.com](mailto:apritchard6565@yahoo.com) on Wednesday, June 20, 2012 at 20:48:59**

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Personal Assistant Candidate: Ana Pritchard  
Address1: 18 ave V  
Phone: [3474554438](tel:3474554438)  
Best Time: [3474554438](tel:3474554438)  
Gender: Female  
Type of Position: Personal Care / Home Health  
Description of Other Type of Position: food service  
Experience: Seniors,  
Documentation Available: Recommendations  
Hours per Week: 40  
Days I Would Like to Work: mon -eriday  
I am willing to work a 24 Hour Sleep-In schedule: no  
Target Salary Per Hour: 10  
Comments: Over ten years experience with good reference

**[LMLora1220@gmail.com](mailto:LMLora1220@gmail.com) on Tuesday, June 19, 2012 at 18:30:39**

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Personal Assistant Candidate: Lillian M. Arias  
Address1: 312 East 241st Street  
Address3: New York, NY 10470  
Phone: [917-575-2524](tel:917-575-2524)  
Best Time: Anytime  
Gender: Female  
Type of Position: Personal Care / Home Health  
Experience: Seniors,, Mental Impairments / Alzheimer's Disease,  
Description of Languages: Spanish  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Hours per Week: 40+  
Days per Week: 5  
Days I Would Like to Work: Monday thru Friday, but flexible  
I am willing to work a 24 Hour Sleep-In schedule: Yes  
Target Salary Per Hour: 11

*Reminder: Consumer Directed Services makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate the Consumer may consider. Therefore, a Consumer's consideration of any of the PCA Candidates listed above or any of the Candidates referred by a PCA Employment Service does not in any way reduce or modify the Consumer's exclusive responsibility to manage the PCA evaluation and employment process.*

### Articles Related to the CDPAP

#### **Some docs have little black bag, will travel Doctor-patient house calls making a comeback - [Carol McKinley](#)**

Dr. Christopher Unrein is among a growing number of doctors making patient house calls in Colorado. The revival of doctor house calls started on the East and West coasts and demand is growing. Photo by Manuel Martinez | Colorado Public News

The notion of a kindly doctor at your doorstep, black bag in hand and ready to treat your sore throat, seems as old-fashioned as a Model T. But for patients who are too sick or frail to make it to the doctor's office, patient house calls are making a comeback in Colorado.

Just 10 years ago, the notion of doctors doing home health visits was all but extinct. "Almost all primary care physicians saw patients only in their offices. They might make an occasional house call for a frail elderly patient on their way home or something, but that was about it," said Constance Row, executive director of the American Academy of Home Care Physicians (AAHCP) in Maryland.

Yet according to the AAHCP, between the years 2000 and 2009, doctor house calls for Medicare patients jumped by 53 percent.

Dr. Christopher Unrein of Lakewood is one of the 4,000 doctors now making house calls nationwide. "I enjoy what I do so much because I get to connect with people," he said.

Demand is growing. Only a quarter of America's homebound patients are lucky enough to have a doctor willing to treat them.

Row says the remainder may go without care because they can't make it to the doctor's office, and that raises the cost of their care in the long run. They may end up being rushed to the emergency room, and an expensive stay in the hospital.

In Colorado, the shortage is even more critical. Stephanie Hales, practice manager with the Colorado group House Call Physicians, estimates that there are currently fewer than 100 doctors making house calls in the state. The revival of medical professionals doing house calls started on the East and West coasts – and is just starting to come into play in Colorado.

"Two years ago, when we started our business, we had 40 patients," Hales said. "Today, we have 800. And there are a number of physician groups now considering adding house calls."

Dr. Christopher Unrein with his little black bag. Photo by Manuel Martinez | Colorado Public News  
Increasingly, physician's assistants and nurse practitioners are making house calls as well.

In January, the federal government launched a three-year test program called "Independence at Home Demonstration," which will research the effectiveness of treating thousands of chronically ill people at home.

The test is focused on patients in hospice care, the frail elderly and young people whose conditions range from mental illness to arthritis. The incentive for physicians? If they can prove they're cutting hospital costs by treating patients at home, they would share in the savings. For example, at today's rates, Medicare pays \$150 for an in-home hospice visit – which is far less than the government would pay for a lengthy hospital stay.

Still, for many students fresh out of medical school, house calls are neither lucrative nor convenient.

"Physicians in an office can see 25 to 30 patients a day," said Row. "Doctors making house calls only make about eight calls a day. The total income that is generated is woefully insufficient."

Additionally, doctors are not paid for the time they're in their cars, which can sometimes be an hour between house calls.

"The reality is, it's down time," said Dr. Unrein. "It's wasted time from a purely economic perspective."

Dr. Christopher Unrein estimates some days he logs 100 miles in his Smart Car visiting patients. He is pictured here, at left, with one of his patients, Robert "Pep" Pepping. Photo by Laressa Bachelor | Colorado Public News

Unrein, who is also the medical director of the Hospice of St. John in Lakewood, is on a fixed salary and doesn't worry about tallying up a high number of home patient visits. His average house call is 45 minutes, compared to 15 minutes or less he would spend with a patient in his office. Some days, he logs 100 miles in his SmartCar, making his rounds.

One of his patients is 64-year old Robert "Pep" Pepping, a Lakewood resident diagnosed with prostate cancer 13 years ago. The cancer has spread to his bones and he's decided to spend his remaining time living at home, receiving medical care from Unrein and from his best friend, Steve.

"If I'd stayed in the hospital I'd be dead," said Pepping. "Not getting the rest. People waking you up every half hour. To have the love that I have here; you can't replace that."

On a recent visit, Pepping and Unrein discussed medications at the kitchen table. The doctor checked Pepping's heart and blood pressure. Unrein dispensed advice about dealing with the good days, and bad days. As he left, he told his patient he'd return soon. "Don't make it too long," Pepping said.

Unrein says his satisfaction comes from helping people like Pepping end their lives the way that they want to.

"I think this is the wave of the future, but to do it, we're going to have to have a shift in thinking," he said. "I call my approach high-touch, low-tech."

<http://www.cpt12.org/news/index.php/some-docs-have-little-black-bag-will-travel/>

## PCA Employment Agencies

**If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).**

Blessed Healthcare Staffing Agency  
Tissha Thomas  
1 Belvedere Ave, Suite A, Farmingdale, NY 11735  
[tithomas@bhcsa.com](mailto:tithomas@bhcsa.com)  
(631) 390-8646

Bronxwork Inc Kedon Wilson  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

Brooklyn Bureau of Community Service  
Leslie Klein  
285 Schermerhorn St, Brooklyn, NY 11217  
[lklein@WeAreBCS.org](mailto:lklein@WeAreBCS.org)  
718-310-5600

Center For Family Life Employment  
Maria Ferreira  
443 39th St, Brooklyn, New York 11232  
[mferreira@cflsp.org](mailto:mferreira@cflsp.org)  
718-633-4823

El Barrio's Operation Fight  
Gustavo Rosado  
413 E 120th St # 403 New York, NY 10035-3602  
[ebobf413@aol.com](mailto:ebobf413@aol.com)  
212-410-7900

Eugenio María de Hostos Community College  
Ms. Patricia Salazar, Services Manager;  
500 Grand Concourse, Bronx, New York 10451  
[psalazar@hostos.cuny.edu](mailto:psalazar@hostos.cuny.edu)  
(718) 518-4444

Fifth Avenue Committee  
Aaron Shiffman  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

Kingsborough Community College  
Marisa Joseph  
2001 Oriental Blvd, Brooklyn, NY 11235  
[marisa.joseph@kbcc.cuny.edu](mailto:marisa.joseph@kbcc.cuny.edu)  
718-368-5563

Konedu Home Care, LLC  
Carie Jones Smith  
140 Captain Thomas Blvd West Haven, CT 06516  
[helpingfamilies@koneduhomecare.com](mailto:helpingfamilies@koneduhomecare.com)  
Phone: [800 418-3299](tel:8004183299)

Mercy Center  
Mary Ellen Gianino  
377 East 145th Street, Bronx NY 10454-1006  
[meg@mercycenterbronx.org](mailto:meg@mercycenterbronx.org)  
(718) 993-2789

New York City College of Technology  
NYC Technical College Placement Office  
300 Jay St, Brooklyn, NY 11201  
[employmentsvc@citytech.cuny.edu](mailto:employmentsvc@citytech.cuny.edu)  
(718) 260-5050

Northern Manhattan Improvement Corp  
Evan Hess  
76 Wadsworth Ave, New York, NY 10033  
[evanhess@nmic.org](mailto:evanhess@nmic.org)  
212-822-8300

Our Planet Management Institute  
Lisa Ying  
116 John Street, #200, New York, NY 10038  
[lisa@opmi.org](mailto:lisa@opmi.org)  
212-269-4000

Queens Community House  
Ana Lopez-Betancourt  
108-25 62nd Drive, Forest Hills, NY 11375  
[abetancourt@queenscommunityhouse.org](mailto:abetancourt@queenscommunityhouse.org)  
718-898-7461 x 19

Supreme Aid Home Care, LLC  
Contact: Anna Basel - Owner  
37-53, 90th St, Suite 16 Jackson Heights, NY, 11372  
[info@supremeaidhomecare.com](mailto:info@supremeaidhomecare.com) [347-421-2045](tel:3474212045)

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