

April 06, 2012

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](http://www.consumerdirectedservices.com) offers this FREE Newsletter and the FREE Service to Consumers and Personal Assistant Candidates.

- **Consumers / Advocates** To receive a Newsletter, a Consumer or Advocate need only send me an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com) and include the text **Newsletter Request**. To search for a New Personal Assistant go to the [Consumer Directed Services](http://www.consumerdirectedservices.com) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate or Request a Newsletter](#). When your information is received it will be distributed to all of the Candidates and the other email Database Resources.
- **Personal Care Assistant (PCA) Candidates** To include your information in the Newsletter and Database, go to the [Consumer Directed Services](http://www.consumerdirectedservices.com) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).
- **Archives** Also, to insure that this Newsletter will be available to as many Consumers / Advocates as possible, previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](http://www.consumerdirectedservices.com) home page.
- ***371 Personal Assistant Candidates have been enrolled in the Consumer Directed Services database, as of the above date.*** Finally, if you have any questions, comments, or recommendations about this service, or should you choose to remove your address from this list, please contact me at the above email address. Best Regards, Ed Litcher

### Notes

I would like to add my voice  
to the wishes expressed by Luda Demikhovskaya

WITH BEST WISHES FOR A HAPPY HOLIDAY!

Happiness, Health and Peace  
and many blessings to you  
not only during the holidays, but the whole year through!

Sweet Passover  
Happy Easter  
All the Best  
Ed Litcher

## PCA Candidates

Consumer - To consider any of the following PCA Candidates, please contact the Candidates directly. To send an email the currently enrolled Personal Assistant Candidates please go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate or Request a Newsletter](#).

Personal Assistant Candidate - To add your information to the next Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

**[ricarsamal@yahoo.com](mailto:ricarsamal@yahoo.com) on Tuesday, April 3, 2012 at 10:34:47**

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Personal Assistant Candidate: Ricardo Samalot

Gender: Male

Type of Position: Personal Care / Home Health

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 40

Days per Week: 40

Preferred Start Time: 8

Days I Would Like to Work: mon-fri

I am willing to work a 24 Hour Sleep-In schedule: no

**[lmfuentesfina\\_ny\\_usa@yahoo.com](mailto:lmfuentesfina_ny_usa@yahoo.com) on Thursday, March 29, 2012 at 23:56:08**

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Personal Assistant Candidate: Louellamae Fuentesfina

Address1: 3926 55st. woodside NY 11377

Phone: [646-359-8396](tel:646-359-8396)

Best Time: PM

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Children,, Seniors,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Languages

Description of Languages: English/Filipino

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 8

Days I Would Like to Work: mondays to fridays

I am willing to work a 24 Hour Sleep-In schedule: YES LIVE-IN!!!

Target Salary Per Hour: 18-20

Target Salary Per Day: 180-200

Target Salary Per Week: 900-1000

Comments: I am a nursing graduate/ and I have a Certifide Nursing Assistant.I am a Patient-Oriented Care-giver with broad experience. I want to make a difference, to secure a challenging and responsible position to allow me to utilize my experiences and knowledge.

[listerose7@hotmail.com](mailto:listerose7@hotmail.com) on Thursday, March 29, 2012 at 16:36:54

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Personal Assistant Candidate: Sharon St Rose

Address1: 2310 Strauss St

Address2: Apt 1R

Address3: Brooklyn, NY 11212

Phone: [347-881-5004](tel:347-881-5004)

Best Time: Anytime

Gender: Female

Type of Position: Other Type of Position

Description of Other Type of Position: PCA

Experience: Seniors,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Languages

Description of Languages: creole, english

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Hours per Week: 60

Days per Week: 5

Preferred Start Time: 6pm

Days I Would Like to Work: mon-fri

I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Day: 180

Comments: I am a highly motivated care giver who give her all to the care and well-being of her clients. There is absolutely no regrets in employing me.

*Reminder: Consumer Directed Services makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate the Consumer may consider. Therefore, a Consumer's consideration of any of the PCA Candidates listed above or any of the Candidates referred by a PCA Employment Service does not in any way reduce or modify the Consumer's exclusive responsibility to manage the PCA evaluation and employment process.*

## Articles Related to the CDPAP

### **Incentives for Community-Based Services and Supports in Medicaid Managed Long Term Care: Consumer Recommendations for New York State March 23, 2012 Executive Summary**

The principles for Managed Long Term Care (MLTC) in New York's Medicaid program, as articulated by the Medicaid Redesign Team (MRT), call for services to be provided in "the most integrated setting" as required by the United States Supreme Court in *Olmstead v. L.C.* (527 U.S. 581 (1999)). However, we believe the Managed Long Term Care program as currently proposed should increase incentives and oversight to ensure access to community-based services. This paper offers several modifications to the proposed system, which we believe will provide incentives for deinstitutionalization and balancing of services. The proposals are in part drawn from MLTC systems developing in other states. The recommendations are as follows:

- I. Modify capitation rate structure to incentivize community-based care for high-need individuals**
- II. Ensure Plans are at risk for nursing facility costs by requiring robust institutional provider networks**
- III. Contracts should include performance measures that incentivize community-based care and ensure timely provision of appropriate services**
- IV. Explore the State Balancing Incentive Payment Program (SBIPP) as a potential source of enhanced federal funding**

The State should establish a three-tier rate structure with a rate cell for the small group of highest-need individuals or, at a minimum, establish stop-loss payments for community-based care for high-need individual, as opposed to stop loss payments for nursing facility care. Performance measures should provide incentives for community-based services and expeditious actions (e.g. enrollment and assessment), as well as sanction Plans for failing to comply with certain benchmarks. Such measures should include supporting nursing facility diversions and transitions; ensuring that the community is the first default; requiring consumer-directed services be the first option for enrollees; supporting the use of assistive technologies that maintain independence in the community; and complying with quality of care and quality of life measures, both medical and social. States are increasingly recognizing the value of working with stakeholders to garner input on rate models, performance measures and other contractual provisions. We urge New York develop a system for seeking stakeholder input on these and other issues on an ongoing basis. To begin, we request that the State provide a formal presentation on the mechanism for establishing rate structures with opportunities for stakeholders to ask questions and provide input. We believe that this education is essential and, lacking this, we recognize that our proposed rate structure may be incompatible with existing structures. However, the intent of this proposal is predicated on our belief that all reimbursement structures should contain incentives for Plans and providers to prioritize care in the most integrated setting, and to provide services that will help members prevent or transition out of institutions and maintain independence in the community.

#### **Prepared by**

Valerie Bogart, Selfhelp Community Services, Inc.

Trilby de Jung, Empire Justice Center

Susan Dooha, Center for Independence of the Disabled, New York

Leah Farrell, Center for Disability Rights

**Supported by**

Access to Independence of Cortland County, Inc.

ARISE

Bronx Independent Living Center

Cardozo Bet Tzedek Legal Services Clinic, Cardozo Law School

Catskill Center for Independence

Center for Disability Rights

Center for Independence of the Disabled, New York

Consumer Directed Personal Assistance Association of New York State

Empire Justice Center

Harlem Independent Living Center

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Medicare Rights Center

New York Association on Independent Living

New York Legal Assistance Group

New York State ADAPT

Resource Center for Accessible Living, Inc.

Regional Center for Independent Living

Rockland Independent

Selfhelp Community Services, Inc.

[www.empirejustice.org/assets/.../incentives-for-community.pdf](http://www.empirejustice.org/assets/.../incentives-for-community.pdf)

**Consumer Directions - The newsletter of The Consumer Directed Personal Assistance Association of New York State Health Budget Completed March 27, 2012**

The Health Budget has been finished and is available. The budget was largely positive for CDPAANYS. The largest item of interest, mandatory inclusion of CDPAP in the benefit structure of managed care plans, managed long term care plans and other capitated programs was a critical victory. Governor Cuomo included these provisions in his initial budget and the Assembly accepted the provision as part of the one-house bill. Ultimately, the Senate also agreed to carry the mandate forward, guaranteeing the CDPAP will be an option for all consumers, regardless of what plan they enroll in. This was a very important victory and we thank the Governor and the Legislature for including it in the final budget. [www.cdpaanys.org/Consumer%20Directions%203-27-2012.pdf](http://www.cdpaanys.org/Consumer%20Directions%203-27-2012.pdf)

**County may end Central Assessment Unit April 1, 2012 By MICHAEL ANICH , The Leader Herald**

JOHNSTOWN - Fulton County supervisors recently recommended discontinuation of the county's formal Central Assessment Unit that was created in 1985, although services will continue to be provided through regular departments.

The Board of Supervisors' Human Services Committee, which discussed the issue last month, will send a resolution to the full board April 9 recommending discontinuing the unit.

The unit, created to involve multiple county departments, supports long-term care. But such programs on the state level are due to be phased out in a couple of years.

"The services are the same [after unit discontinuation], they're just going back to their respective agencies," Department of Social Services Commissioner Sheryda Cooper said.

Cooper told the Human Services Committee Tuesday that the full board in January 1985 agreed to develop a Central Assessment Unit that has been in place ever since.

The unit originally consisted of DSS, the Office for Aging and Public Health Nursing Service. Staff from the three departments were located at the nursing service to provide assessments for long-term care services. The nursing service later opted out, and the unit moved to DSS, with co-located OFA staff.

Currently, the unit continues to be housed at the DSS building on Daisy Lane with OFA staff. The unit's programs include a Long-Term Home Health Care Program, Personal Care Program, Private Duty Nursing Program, Consumer Directed Personal Assistance Program and Assisted Living Program.

Cooper said the plan is to "uncreate" the county Central Assessment Unit because the state is planning to take over administration of the Medicaid program. Among changes put forth is moving the provision of long-term care services to mandatory managed care. When that occurs, Medicaid clients will go through their insurance company for assessment and authorization of long-term care services, Cooper said.

<http://www.leaderherald.com/page/content.detail/id/545850/County-may-end-Central-Assessment-Unit.html?nav=5011>

**News and Announcements - Information Letter 12-33: Required use of the Electronic Visit Verification (EVV) System in DADS Regions 2 and 4**

On March 16, 2011, the Texas Department of Aging and Disability Services (DADS) released [Information Letter 12-33: Required use of the Electronic Visit Verification \(EVV\) System in Regions 2 and 4](#) where participation was mandatory effective February 1, 2012.

<https://www.dads.state.tx.us/evv/region4/cdsa.html>

## PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

Fifth Avenue Committee  
Aaron Shiffman  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

Northern Manhattan Improvement Corp  
Evan Hess  
76 Wadsworth Ave, New York, NY 10033  
[evanhess@nmic.org](mailto:evanhess@nmic.org)  
212-822-8300

Queens Community House  
Ana Lopez-Betancourt  
108-25 62nd Drive, Forest Hills, NY 11375  
[abetancourt@queenscommunityhouse.org](mailto:abetancourt@queenscommunityhouse.org)  
718-898-7461 x 19

YWCA of NYC  
Anne Alfred  
50 Broadway, New York, NY 10004  
[aalfred@ywcanyc.org](mailto:aalfred@ywcanyc.org)  
718-723-6170

Center For Family Life Employment  
Maria Ferreira  
443 39th St, Brooklyn, New York 11232  
[mferreira@cflsp.org](mailto:mferreira@cflsp.org)  
718-633-4823

Eugenio María de Hostos Community College  
Greg Ventura  
500 Grand Concourse, Bronx, New York 10451  
[gventura@hostos.cuny.edu](mailto:gventura@hostos.cuny.edu)  
(718) 518-4444

El Barrio's Operation Fight  
Gustavo Rosado  
413 E 120th St # 403 New York, NY 10035-3602  
[ebfb413@aol.com](mailto:ebfb413@aol.com)  
212-410-7900

Bronxwork Inc Kedon Wilson  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

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285 Schermerhorn St, Brooklyn, NY 11217  
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718-310-5600

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718-368-5563

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377 East 145th Street, Bronx NY 10454-1006  
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