

March 21, 2014

On September 16th the New York State Department of State accepted the Certificate of Incorporation submitted by **Consumer Directed Services, Inc.** under section 404 of the Not-for-Profit Law. A certificate that included the following statement:

To insure that the corporation remains focused on the empowerment of the people being served, as the service population grows, the corporation will expand the Board of Director Membership to insure that a majority of its seats are held by people with disabilities.

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](http://www.consumerdirectedservices.com) created a FREE Employment Information Bridge between Consumers and PCA Candidates.

- [Consumers / Advocates](#)

- To receive a copy of the weekly Newsletter, a Consumer or Advocate need only send me an email to elitcher@consumerdirectedservices.com and include your name and the text **Newsletter Request**.
- To search for a New Personal Assistant go to the [Consumer Directed Services](#) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be distributed to all of the PCA Candidates enrolled in the database and a variety of other Employment Resources.

- [Personal Care Assistant \(PCA\) Candidates](#)

To include your information in the Newsletter and Database, go to the [Consumer Directed Services](#) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

Previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to elitcher@consumerdirectedservices.com.

Best Regards, Ed Litcher

Notes

Consumers Wanted: For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement on the Internet (See the list of Internet resources on the PCA Employment Agency page of this newsletter). Therefore, to help you find the PCA Candidate of your choice, I urge you, to do everything you ordinarily do, to consider an Internet resource and to try www.ConsumerDirectedServices.com. Finally, if you try Consumer Directed Services, please spread the word. Tell your friends and associates about this **FREE** service.

Consumers Searching

Should you require additional information
Please Contact the Consumer Directly.

(sstern1008@aol.com) on Tuesday, March 18, 2014 at 16:36:17

Consumer: Sharon Stern
Address1: 540 Main Street
Phone: 212-758-1274
Best Time: 4pm-8pm
Email Authorization: Yes
Consumer Age: Between 51 and 70
Consumer Gender: Female
Payroll Method: Agency
Type of Candidates: Personal Care / Home Health
Description of Other Type of Candidates:
Candidate Experience: Quadriplegia,, Ventilators,, Wheelchairs,, Lifters,, Languages
Description of Languages: English
Preferred Candidate Gender: Female
Required Documentation: Social Security Number,, Proof of Identity,
Hours: 12
Days: 4
Start Time: 8am
Pay Per Hour: 10-wd/11

Stephen Wakschal on Tuesday, March 11, 2014 at 13:28:25

Consumer: Stephen Wakschal (son)

Address1: 2291 Victory Blvd.

Address3: Staten Island NY 10314

Phone: 718-938-4967

Best Time: Anytime

Consumer Age: Older than 70

Consumer Gender: Male

Payroll Method: Agency

Type of Candidates: Domestic / Homemaking

Description of Other Type of Candidates: with occasional personal care

Candidate Experience: Seniors,, Mental Impairments / Alzheimer's Disease,

Description of Languages: English

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,

Days: 2.5

Description of Schedule: Friday afternoon, Saturday and Sunday

Comments: I am looking for a CDPAS assistant to work weekends. This is a mutual case as there are two consumers in the home. Salary determined by Concepts of Independence / Guildnet.

(esqpenn@aol.com) on Monday, March 10, 2014 at 12:54:33

Consumer: Carol Pennington

Address3: Seaford, New York

Phone: 516-721-4252

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Seniors,, Wheelchairs,

Description of Special Diets: Sodium free

Description of Languages: English

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 10+ Days: 2 Start Time: 10am

Description of Schedule: Saturday 10 am to 10pm; Sunday 10 am to 8 pm

Pay Per Hour: \$14.00

Comments: Seeking a CDPAP Aide registered with All Metro, or with updated medicals willing

to register with All Metro. Must be available for day shifts on Saturday and Sunday; have valid drivers license and be able to drive consumer to doctors, stores, social events. We are also seeking someone who can provide occasional and vacation relief for full time aides. The consumer is ambulatory with a walker and wheelchair and needs assistance with personal hygiene; dressing, meal prep, light housekeeping and companionship. Must be reliable and committed to work consistent schedule; able to work cooperatively with consumer, other aides, and consumer's family.

(BETTYTOLLIVER@VERIZON.NET) on Wednesday, March 5, 2014 at 20:58:00

Consumer: BETTY TOLLIVER

Address1: 546 MAIN ST.

Address2: APT. 1111

Phone: 212 593 1882

Fax: 212 593 1882

Email Authorization: Yes

Consumer Age: Between 51 and 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Paraplegia,, Wheelchairs,, Lifters,, Languages

Description of Languages: ENGLISH ONLY

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,

Hours: 12

Days: 4/5

Start Time: 8A/8P

Description of Schedule: HOURS ARE FLEXIBLE

Pay Per Hour: 10/11

Pay Per Day: 120/131

Pay Per Week: 600/785

Comments: I NEED SOMEONE ASAP PLEASE CALL 212 593 1882.

PCA Candidates

Consumer Directed Services is not an Agency and makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate, or the terms and conditions of any employment relationship. All employment and payment decisions are the exclusive responsibility of the Consumer.

Dear Personal Care Assistant Candidate,

I would like to thank you for your participation in Consumer Directed Services. If you submitted your more than one year ago, please complete and submit a new [Personal Assistant Enrollment Form](#). When the updated information is received, your new profile will be added to the next newsletter. Again thank you for your participation.

(contessanicole1984@yahoo.com) on Monday, March 17, 2014 at 14:51:23

Personal Assistant Candidate: NICOLETTE DICAPRIO

Address1: 80 OSBORN STREET

Phone: 347-627-9939

Best Time: 10AM

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Experience: Children,, Teens,, Young Adults,, Seniors,, Quadriplegia,, Wheelchairs,, Lifters,,

Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 8AM

Days I Would Like to Work: MONDAY-FRIDAY

Target Salary Per Week: 320

(glatice@yahoo.com) on Sunday, March 16, 2014 at 20:32:42

Personal Assistant Candidate: Quan

Gender: Female

Type of Position: Other Type of Position

Description of Other Type of Position: respite

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Enrolled with a CDPAP: No

Experience: Children,, Young Adults,

Documentation Available: Social Security Number,, Proof of Identity,

Hours per Week: 15

Days I Would Like to Work: weekends

I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Hour: 10.00

Comments: I am interested in working with a child or young adult. I am willing to do light chores and run errands of individual. I am interested in assisting caregiver with child so that they can have a break. Also interact with individual in the home and community. I do not have experience with ventilators and feeding tubes but willing to learn if willing to teach.

(Goodguynj@yahoo.com) on Friday, March 14, 2014 at 18:36:19

Personal Assistant Candidate: G Thomas Sheary

Address1: 1228 Kline place, Rahway, NJ

Phone: 732 503-1130

Best Time: Any time

Gender: Male

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Enrolled with a CDPAP: Yes

Experience: Seniors,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments /

Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Home Health Aid,, Other,

Description of Other Certificate/License: CNA

Days per Week: 6

Preferred Start Time: 7am

Days I Would Like to Work: Mon- sat.

I am willing to work a 24 Hour Sleep-In schedule: Yes

Target Salary Per Hour: 20 -25

Articles Related to the CDPAP

Able Newspaper, in its 23rd year, is moving to an online platform. Please help us get the word out, in anyway you can, so that people can read Able online for FREE at www.ablenews.com. So many people depend on Able and we don't want them to miss a single issue. Even when we don't print Able the full issue is online.

Department of Health Issues Guidance on CDPA and PACE

The Department of Health issued guidance on CDPA and PACE (Program of All-Inclusive Care for the Elderly) on March 14. The guidance requires PACE plans to offer CDPA; however, because of Center for regulations on PACE, the plan must conduct background checks on all workers, and if the personal assistant fails the background check, they will not be allowed to work for the consumer.

Please [click here to view the policy in full.](#)

<http://cdpaanys.org/department-of-health-issues-guidance-on-cdpa-and-pace/>

CDPAANYS Call To Action

We are on the verge of ending a decade's long fight to bring freedom to tens of thousands of New Yorkers living with disabilities. New York is on the verge of breaking down the barriers that have kept people in institutions and out of their own houses. We are breaking down the silos that have kept people from improving their quality of life and offering all the services someone needs, regardless of their disability. We are breaking down the institutional bias that has forced tens of thousands to leave their homes and languish in nursing homes.

Community First Choice, a new Federal program offered to State's, would give the State additional money to coordinate services it is already offering to help people live in the community. Consumer Directed Personal Assistance would form the backbone of this new service; however, for those who cannot direct their own care, a change to the law is needed that will allow health care workers with specific training to do things that currently only a nurse can do.

This is not a new idea. People in Consumer Directed Personal Assistance have been doing this successfully since the mid-90s. One family even managed the care of their loved one who was in a coma, with a high result, for almost a decade. We have heard stories of family members supervising the care of individuals with Alzheimer's and dementia, who attest to the fact that the individual's have a higher quality of life and higher functional level once they enter self-directed care.

However, even though the Health Committee is supportive of this idea, the Assembly left it out of their budget bill.

The opposition means that the Community First Choice option may not happen. It means that thousands of people will not have the opportunity to live in the community. It means that the silos that currently prevent people from getting all the services they need to live in the community will stay in place.

Please help us fight for freedom. Send a message to Assembly Leadership and your local Member and tell them to protect your right to stay in your home, pass Community First Choice.

Click the link below to log in and send your message:

<https://www.votervoice.net/link/target/cdpaanys/MWb5BENG3.aspx>

ONE PERSON is standing in the way of the freedom of thousands of New Yorkers with disabilities

Contact Assemblywoman Glick NOW!

After nearly 24 years of advocacy, we are now engaged in a state-by-state campaign designed to give people with disabilities of all ages the opportunity to live in the community, rather than be forced into unwanted and unnecessary institutional placement, and New York State is on the verge of making this change.

Governor Cuomo included language in his budget bills to amend the Nurse Practice Act and implement the Community First Choice Option. When the administration became aware that the published language needed to be revised, they agreed to

support a modified proposal. The NYS Senate included modified language in its budget resolution implementing this change. The NYS Assembly, however, failed to make the needed changes. Advocates have been told that such language was blocked by Assemblywoman Glick who chairs the Assembly Higher Education Committee.

That means **ONE PERSON** is standing in the way of the freedom of thousands of people with disabilities – **Assemblywoman Deborah Glick**.

Many people in the Disability Community in New York have been stunned by the Assemblywoman's lack of support for our civil rights. Glick – the first openly lesbian or gay member of the New York State legislature – has championed other civil rights issues including passage of the Sexual Orientation Non-Discrimination Act (SONDA). Disability Rights advocates can't believe that she would stand in the way of another oppressed community's civil and human rights. Assemblywoman Glick – and the Assembly leadership - need to hear from us now! **TAKE ACTION below!** For more information on this issue, you can go to: <http://ly.adapt.org/glick>

Email to Assemblywoman Deborah J. Glick

Subject: Nurse Practice Act

Deborah,

One of the biggest problems in the ability of my twins to receive services, especially my daughter Alba, had been this issue of tube feeding. Tube feeding is a life saving intervention that allows my daughter to be healthy, happy, hydrated and fed - and enjoy an inclusive life in the community. She teaches at a school for children with significant disabilities in Harlem, she does tours at the Metropolitan Museum of Art with a MET docent, she presents at schools, museums, Universities, and so on. When she is in the community, her aide does tube-feeding - always trained by me.

I have been doing tube-feeding for 20 years - trust me when I tell you that I can do it better and with no risk to my daughter than any nurse in the state of New York. As a matter of fact, when we fought our battle for inclusion in the general education

classroom in NYC back in 1992-4, we were "obliged" to have a nurse on site at Alba's school. In the beginning I resisted, but finding that the schools LOVED having a nurse on staff - not just for my daughter - but for all the other hundreds of children at the school who really needed a nurse. Whenever a new nurse came in to do the tube-feedings, I was the one who went in to supervise - because 95% of them did not have experience in tube-feeding.

Concepts of Independence, Inc. (consumer directed personal care services) have a waiver from the Nurse Practice Act to allow personal care attendants to do non-invasive services such as tube-feeding. So, as you can see, it is already being done in New York State.

Deborah, I have known you for many years and you have always been a staunch supporter of people with disabilities. I urge you to speak with members of our community, the folks from Rochester, advocates from New York. In your own district there is a big disability community. You do need to listen to us so we can explain to you why this is so important to us.

Incidentally, the State of New York is moving towards integrating large numbers of people who are institutionalized or in Intensive Care Facilities back into the community. This legislation will be vital to insure the full inclusion of New Yorkers with disabilities so they can go back into the community, to lead a life close to their families, to lead a dignified life, free of oppressive oversight, and with the whole array of human rights for which we have fought for so long.

Keep in mind that most persons with disabilities who live in the community, do not want to work with the "medical model" under which their lives are severely restricted. If I can give myself intravenous medications for Lyme disease through a PIC line to the heart, sanctioned by NY State, I am sure that our community individuals can supervise and train the folks that work every day with them doing completely non-invasive procedures, and it will in no way impact the future earnings of the Nursing community, but it will save NY State a fortune in non necessary medical interventions.

I would welcome a meeting with you and members of the community both in Rochester and New York City. Best regards, Mary

Local Independent Living Centers

- Bronx Independent Living Services, Inc. (BILS)
4419 Third Ave, #2C, Bronx, NY 10457
TEL [718 515-2800 x 116](tel:7185152800) / TTY [718 515-2803](tel:7185152803) / FAX [718 515-2844](tel:7185152844)
- Brooklyn Center for Independence of the Disabled (BCID)
27 Smith St, #200, Brooklyn, NY 11201
TEL [718 998-3000](tel:7189983000) / TTY [718 998-7406](tel:7189987406) / FAX [718 998-3743](tel:7189983743)
- Center for Independence of the Disabled in NY (CID-NY) (Manhattan)
841 Broadway, #301, New York, NY 10003
TEL [212 674-2300](tel:2126742300) V / TTY [212-674-5619](tel:2126745619) / FAX [212-254-5953](tel:2122545953)
- CID-NY/Queens
137-02A Northern Blvd, Flushing, NY 11354
Phone: [646-442-1520](tel:6464421520) / Sorenson VP [866-948-1064](tel:8669481064) / TTY [718-886-0427](tel:7188860427) / Fax 718-886-0428
- Harlem Independent Living Center (HILC) (Manhattan)
289 St. Nicholas Ave, #21 Lower Level, New York, NY 10027
TEL 212-222-7122 / Sorenson VP 646-755-3092 / Relay 866-326-5876 / FAX 212-222-7199
info@hilc.org
- Staten Island Center for Independent Living (SIILC)
470 Castleton Ave, Staten Island, NY 10301
TEL 718-720-9016 / TTY 718-720-9870 / FAX 718-720-9664
- Long Island Center for Independent Living (LICIL) (Nassau Co)
3601 Hempstead Turnpike, #208, Levittown, NY 11756
TEL 516-796-0144 / TEL (Español) 516-796-6176 / TTY 516-796-0135 / FAX 516-796-0529 licil@aol.com
- Self Initiated Living Options, Inc. (SILO) (Suffolk Co)
2111 Lakeland Ave, Ronkonkoma, NY 11779
TEL (31-880-7929 / TTY 631-654-8076 / FAX 631-946-6377
contact@siloinc.org
- Westchester Independent Living Center (WILC) (Westchester/White Plains)
200 Hamilton Ave, White Plains, NY 10601
TEL 914-682-3926 / TTY 914-682-0926 / Sorenson Video Phone 866-933 5390 / FAX 914-682-8518
- Westchester Disabled on the Move, Inc. (WDOM) Westchester/Yonkers)
984 No. Broadway, #L-10, Yonkers, NY 10701
TEL 914-968-4717 V & TTY / FAX 914-968-6137

PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

All American Home Care Agency, Albert Isakov, CEO
1113 Avenue J, Brooklyn, NY 11230
aisakov@allamericanny.com
Phone: 718-717-8800

Bronxwork Inc, Kedon Wilson
391 E 149th St, Bronx, NY 10455
kwilson@bronxworks.org
(718) 993-8880 ext. 237

Center For Family Life Employment, Maria Ferreira
443 39th St, Brooklyn, New York 11232
mferreira@cflsp.org
718-633-4823

El Barrio's Operation Fight, Gustavo Rosado
413 E 120th St # 403 New York, NY 10035-3602
ebobf413@aol.com
212-410-7900

Fifth Avenue Committee, Aaron Shiffman
621 DeGraw Street, Brooklyn, New York 11217
ashiffman@fifthave.org
718-237-2017

Goldenhearts Elderly Care Services, Geanette Browder
244 5th Avenue, suite G256 New York, NY 10001
contact@GoldenElderlyCare.org
Phone: (866) 531-4620

Kingsborough Comm. College, Marisa Joseph
2001 Oriental Blvd, Brooklyn, NY 11235
marisa.joseph@kbcc.cuny.edu
718-368-5563

Konedu Home Care, LLC, Carie Jones Smith
140 Captain Thomas Blvd West Haven, CT 06516
helpingfamilies@koneduhomecare.com
Phone: 800 418-3299

Mercy Center, Mary Ellen Gianino
377 East 145th Street, Bronx NY 10454-1006
meg@mercycenterbronx.org
(718) 993-2789

Reliable Homecare Solutions LLC
Contact: Reshmi Maharaj, Director
104-28 117 St, 2E, Richmond Hill New York 11419
917 378 5769
caresolutions09100@gmail.com

New York City College of Technology
NYC Technical College Placement Office
300 Jay St, Brooklyn, NY 11201
employmentsvc@citytech.cuny.edu
(718) 260-5050

Northern Manhattan Improvement Corp
Evan Hess
76 Wadsworth Ave, New York, NY 10033
evanhess@nmic.org
212-822-8300

Our Planet Management Institute, Lisa Ying
116 John Street, #200, New York, NY 10038
lisa@opmi.org, 212-269-4000

YWCA of NYC, Anne Alfred
50 Broadway, New York, NY 10004
aalfred@ywcanyc.org
718-723-6170

Able Newspaper
Cost \$5 for each 5 word line (or part) – 30days
Phone: 516-939-2253 www.ablenews.com

Craigslist, Cost \$25.00 (30 days)
<http://newyork.craigslist.org/>

Backpage - Basic Cost - Free (7 days)
Available Updates - Auto Repost + Sponsor Ad
(cost determined by number of weeks)
<http://newyork.backpage.com/MedicalHealthJobs/>

Classified Ads, Cost Free
<http://www.classifiedads.com/post.php>