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To assist Consumers with the problem of finding new Personal Care Assistants, Consumer Directed Services offers the following Newsletter, which will be published weekly, whenever the names of potential Personal Assistants, new PCA Employment Agencies, or CDPAP related articles become available. If you have any questions, comments or recommendations, please contact me at [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com), also should you choose to remove your address from this list, please send an email to the above address.

Reminder: to receive this Newsletter, a Consumer or Advocate need only complete the top portion of the [Consumer - Enrollment Form](#). Should a new or previously enrolled Consumer complete both portions of this form; Consumer Directed Services will automatically share their Employment Opportunity information with the list of PCA Employment Agencies.

Finally, to insure that this Newsletter will be available to as many Consumers / Advocates as possible, previously distributed Newsletters have been archived on the [Consumer Directed Services](#) home page.

Best Regards, Ed Litcher

## NOTES

**This week I have been able to add two Consumers to the Newsletter distribution list.** One of these Consumers requested the distribution of their employment opportunity, which I sent to the list of PCA employment agencies and related resources.

**According to the information I have received, I understand that HRA plans to distribute a new CDPAP Request for Proposal (RFP).** When this planned release becomes a reality, it is my hope that HRA will use this opportunity to permit the CDPAP's return to its founding principles. Principles that I outlined in the document [CDPAP Fundamentals](#), which calls for the program to be operated in a manner that empowers Consumers with Consumers constituting the majority of the program's Board of Directors. To quote from the [History](#) statement I prepared and the original [HRA Evaluation of the CDPAP](#) the program should be a *Not-For-Profit Corporation organized for and by disabled individuals*. To encourage this objective I intend to use this Newsletter to comment on the questions presented in the RFP, to work with an existent Not-For-Profit Corporation that is willing to embrace these principals, or to work with a group of interested people to create a new organization to achieve this purpose.

## PCA Candidates

To help Candidates who are seeking positions in the Capital District, I added an appropriate link to the Consumer Directed Services Home Page.

To add a Personal Care Assistant (PCA) Candidate, please complete and submit the [PCA Candidate Enrollment Form](#). As soon as your information is received it will be added to the next Newsletter.

**Thursday, March 3, 2011 at 14:08:37**

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Personal Assistant Candidate: Sonia Apolo [turtleturt@gmail.com](mailto:turtleturt@gmail.com)

Address1: 42-14 Union Street 4D

Address2: Flushing, NY 11355

Phone: 718 961-3532

Experience: Domestic/Homemaking,, Personal Care / Home Health,, Young Adults,, Seniors,, Other Equipment,

Other Experience, Special Diets, Languages

Other Experience: MS/AIDS/DIABETES/HBP/ASTHMA/PSORIASIS

Special Diets: Low Salt/Low Sugar

Languages: English

Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 24 Days: 2 Start Time: Any

Comments: 18 years experience as HHA/PCA

*Reminder: Consumer Directed Services makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate the Consumer may consider. Therefore, a Consumer's consideration of any of the PCA Candidates listed below or any of the Candidates referred by a PCA Employment Service does not in any way reduce or modify the Consumer's exclusive responsibility to manage the PCA evaluation and employment process.*

## Articles Related to the CDPAP

### **Medicaid Program; Community First Choice Option; Proposed Rule**

From the Federal Register Online via GPO Access

Friday, February 25, 2011

Department of Health and Human Services

Centers for Medicare & Medicaid Services

SUMMARY: This proposed rule implements Section 2401 of the Affordable Care Act (ACA) which establishes a new State option to provide home and community-based attendant services and supports. These services and supports may be offered through the Community First Choice State plan option. <http://edocket.access.gpo.gov/2011/2011-3946.htm>

### **Amid Cuomo's Medicaid Cuts, Health Care Workers' Union Shapes a Victory** By [NICHOLAS CONFESSORE](#) Published: February 25, 2011

In Wisconsin, public workers face a nearly unprecedented rollback of collective-bargaining rights. In New Jersey, teachers and their unions find themselves the target of open ridicule from Gov. [Chris Christie](#), who is seeking major increases in how much the state's public employees pay for their pensions and health care. And in Connecticut, state workers are being pressured to accept a wage freeze, more furlough days and a higher retirement age.

[http://www.nytimes.com/2011/02/26/nyregion/26medicaid.html?\\_r=1&hpw](http://www.nytimes.com/2011/02/26/nyregion/26medicaid.html?_r=1&hpw)

**A STATEMENT FROM CDPAANYS PRESIDENT ON YESTERDAY'S MEDICAID REDESIGN TEAM VOTE, Fri, Feb 25, 2011 at 11:42 PM**

Seniors and people with disabilities contend that we were not represented on the MRT and we are the ones who will be bearing the burden of the budget decisions made. The administration needs to listen to us. Home care is oxygen for seniors and people with disabilities – without it we will literally suffocate.

<http://edlitcher.hypermart.net/A%20STATEMENT%20FROM%20CDPAANYS%20PRESIDENT%20ON%20YESTERDAY%27S%20MEDICAID%20REDESIGN%20TEAM%20VOTE.pdf>

**Summary of Consumer-Oriented Medicaid Changes Approved by Medicaid Redesign Team on Feb. 24, 2011 (including)**

- Eliminate Spousal / Parental Refusal
- Improve management and utilization for split-shift & other hi-intensity cases
- Level I - Limit Housekeeping to 8 hours/week
- Expand services in Medicaid managed care benefit package, including CDPAP
- Eliminate PCS benefit for those not nursing home eligible. [wnylc.com/health/file/228/](http://wnylc.com/health/file/228/)

## PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

Fifth Avenue Committee  
Aaron Shiffman  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

Center For Family Life Emplymt  
Denise Serrato  
443 39th St, Brooklyn, New York 11232  
[dserrato@cflsp.org](mailto:dserrato@cflsp.org)  
718-633-4823

Northern Manhattan Improvement Corp  
Alba Silva  
76 Wadsworth Ave, New York, NY 10033  
[albasilva@nivic.org](mailto:albasilva@nivic.org)  
212-822-8300

Eugenio María de Hostos Community College  
Greg Ventura  
500 Grand Concourse, Bronx, New York 10451  
[gventura@hostos.cuny.edu](mailto:gventura@hostos.cuny.edu)  
(718) 518-4444

Queens Community House  
Ana Lopez-Betancourt  
108-25 62nd Drive, Forest Hills, NY 11375  
[abetancourt@queenscommunityhouse.org](mailto:abetancourt@queenscommunityhouse.org)  
718-898-7461 x 19

El Barrio's Operation Fight  
Gustavo Rosado  
413 E 120th St # 403 New York, NY 10035-3602  
[ebobf413@aol.com](mailto:ebobf413@aol.com)  
212-410-7900

YWCA of NYC  
Anne Alfred  
50 Broadway, New York, NY 10004  
[aalfred@ywcanyc.org](mailto:aalfred@ywcanyc.org)  
718-723-6170

Bronxwork Inc  
Kedon Wilson  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

Brooklyn Bureau of Community Service  
Leslie Klein  
285 Schermerhorn St, Brooklyn, NY 11217  
[klein@bbcs.org](mailto:klein@bbcs.org)  
718-310-5600

Our Planet Management Institute  
Lisa Ying  
116 John Street, #200, New York, NY 10038  
[lisa@opmi.org](mailto:lisa@opmi.org)  
212-269-4000

Kingsborough Community College  
Marisa Joseph  
2001 Oriental Blvd, Brooklyn, NY 11235  
[marisa.joseph@kbcc.cuny.edu](mailto:marisa.joseph@kbcc.cuny.edu)  
718-368-5563

Mercy Center  
Mary Ellen Gianino  
377 East 145th Street, Bronx NY 10454-1006  
[meg@mercycenterbronx.org](mailto:meg@mercycenterbronx.org)  
(718) 993-2789

New York City College of Technology  
NYC Technical College Placement Office  
300 Jay St, Brooklyn, NY 11201  
[employmentsvc@citytech.cuny.edu](mailto:employmentsvc@citytech.cuny.edu)  
(718) 260-5050

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Tissha Thomas  
1 Belvedere Ave, Suite A, Farmingdale, NY 11735  
[tithomas@bhcsa.com](mailto:tithomas@bhcsa.com)  
(631) 390-8646