



540 Main Street, B1314  
Roosevelt Island, NY 10044  
718.233-3312  
Fax: 718.233.3312  
[www.consumerdirectedservices.com](http://www.consumerdirectedservices.com)

Week Starting – February 05, 2016

Published 02/06/2016 - 11:57AM  
(1Consumer, 1PCA & 1Article)  
Updated 02/07/2016 - 1:42PM (2Consumers)  
Updated 02/09/2016 - 8:17AM (1Article)

**Previous Edition - Week Starting – January 29, 2016**

Published 01/30/2016 - 11:48AM  
(1Consumer, 1PCA & a new link to the United Spinal Association Newsletter)  
Updated 02/01/2016 - 8:43AM (1Consumer & 4PCA's)  
Updated 02/02/2016 - 8:51AM (1Consumer)  
Updated 02/03/2016 - 8:35AM (1Consumer & 1PCA)

On September 16, 2013 the New York State Department of State accepted the Certificate of Incorporation submitted by **Consumer Directed Services, Inc.** under section 404 of the Not-for-Profit Law. A certificate that included the following statement:

*To insure that the corporation remains focused on the empowerment of the people being served, as the service population grows, the corporation will expand the Board of Director Membership to insure that a majority of its seats are held by people with disabilities.*

On November 12, 2015 the United States Internal Revenue Service determined that Consumer Directed Services, Inc. is exempt from Federal Income Tax under Internal Revenue Code **Section 501 (c) (3)**.

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services, Inc.](#) created a FREE Employment Information Bridge between Consumers and Personal Care Assistant (PCA) Candidates.

### **Consumers / Advocates**

To search for a PCA Candidate complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be enrolled in the email database, and posted on the website for a month, distributed to all of the members of the Consumer Directed Services database (Consumers, PCA Candidates,

and a variety of other Employment Resources), and published in the Consumer Directed Services Newsletter for a month.

To just add your information to the Consumer Directed Services database, a Consumer or Advocate need only send me an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com) and include your name and the text **Newsletter Request**. When your information is received it will be enrolled in the email database and you will begin receiving future issues of the Consumer Directed Services Newsletter and other emails related to the program's goal.

### **Personal Care Assistant (PCA) Candidates**

To include your information in the Newsletter and email database, complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#). When your information is received, your information will be published in the Newsletter for a month, and you will begin receiving future issues of the Consumer Directed Services Newsletter and other emails related to the program's goal.

Also, to access our list of Currently Available Jobs, please use the following link: [JOBS](#)

Previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com).

Best Regards, Ed Litcher

## **Consumers Searching**

***Consumers Wanted:** For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement on the Internet (See the list of Internet resources on the PCA Employment Agency page of this newsletter). Therefore, to help you find the PCA Candidate of your choice, I urge you, to do everything you ordinarily do, to consider an Internet resource and to try*

*[www.ConsumerDirectedServices.com](http://www.ConsumerDirectedServices.com).*

*Finally, if you try Consumer Directed Services, please spread the word. Tell your friends and associates about this **FREE** service.*

**Mary Allen () on Sunday, February 7, 2016 at 08:51:40**

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Name: North Fork LI

Neighborhood Name: Mattituck

City, Town or Borough: Mattituck, NY

Available Transportation: Auto,

E-mail: [northforkmom@gmail.com](mailto:northforkmom@gmail.com)

Email Authorization: Yes

Consumer Age: Between 31 and 50

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Domestic / Homemaking

Candidate Experience: Young Adults,, Other Equipment,, Languages

Description of Languages: English

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 5

Days: 7

Start Time: 8-9am

Description of Schedule: Daily hours may be split between am & pm.

Pay Per Hour: \$13-14

Comments: Looking for 2 p/t personal assistants/companions. One for am/one for pm OR one companion for weekdays & another for weekends. MUST be a licensed driver with your own car. MUST be a cat lover. Please email your resume, references & link to your Facebook page.

Must have a recent physical, background check, be fingerprinted & willing to attend free personal care aide training & be trustworthy. Rate of pay is set by Medicaid (\$13-\$14 per hour).

Your paycheck will come from Recco Home Care Services in East Quogue

([www.reccohomecare.com](http://www.reccohomecare.com)). You will initially need to go to Recco's office to complete an employment application, W-4, show proof of recent physical & go through orientation/training.

You do not need to be a licensed aide. You may not need to attend orientation/training if you are a current home care worker for Recco. I'm looking for someone who is compassionate, kind, responsible, professional, reliable & trust worthy to assist me long-term who will provide much needed help/relief with normal daily household activities & chores. My disability is advanced chronic arthritis. I have physical challenges & short term memory issues. I am a 50 yr old female. I have a car, but I am not always able to drive. Daily schedule/hours is subject to change depending on if I have appointments. Please be flexible. Duties: run errands, house cleaning, taking/accompany me to appointments, scheduling appointments, medication reminders, occasional help with caring for adult cat, meal preparation, laundry, grocery shopping, taking out garbage, (very)!light yard work & accompany me to church or other activities. I need someone who can be available in an emergency or short notice. I live alone except for when my

daughters are home over the summer or other college breaks. They will need to use my car when they are here. I live in small ranch type house. I use a cane and/or walker. I have limited mobility/stamina & become fatigued quickly. I am able to shower alone & dress myself. I need assistance with the normal basic activities & chores of daily living. Your role will be of a home care companion (housekeeping, meal preparation, shopping, errands, accompanying me to appointments & driving when I am unable). You will not need to do any "hands on" type of care.

**James J Keefe () on Saturday, February 6, 2016 at 18:07:38**

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Neighborhood Name: Uniondale  
City, Town or Borough: Town of Hempstead, Nassau County  
Available Transportation: Bus,, Train,  
Phone: 516 978 7683  
Best Time: 8am - 8pm  
E-mail: [jkeefe@nylawnet.com](mailto:jkeefe@nylawnet.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Seniors,, Wheelchairs,, Lifters,, Other Equipment,  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 13  
Days: 3  
Start Time: 9:00 AM  
Description of Schedule: Live in 24 hr pay for 13 hr/day  
Pay Per Hour: 15.00

**Jack () on Wednesday, February 3, 2016 at 18:10:06**

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Neighborhood Name: Lincoln Center Area  
City, Town or Borough: Manhattan  
Available Transportation: Subway,, Bus,, Train,  
Phone: 917-769-7546  
Best Time: after 2pm  
E-mail: [pca4jack@outlook.com](mailto:pca4jack@outlook.com)  
Consumer Age: Between 51 and 70

Consumer Gender: Male  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Quadriplegia,, Wheelchairs,, Lifters,  
Required Documentation: Proof of Identity,  
Description of Schedule: TBD - to be discussed, flexible  
Comments: Please send a resume if you have one. Experience preferable, but if not, please explain why this position is of interest to you.

**Sam () on Tuesday, February 2, 2016 at 10:07:56**

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City, Town or Borough: Patchogue  
Available Transportation: Bus,, Auto,  
Phone: 631 793 5820  
E-mail: [sfeeney@reccohomecare.com](mailto:sfeeney@reccohomecare.com)  
Consumer Age: Older than 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Domestic / Homemaking  
Candidate Experience: Seniors,, Visual / Auditory Impairments,  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 3  
Days: 5  
Description of Schedule: flexible  
Pay Per Hour: 13.12

**Brandon Allen () on Monday, February 1, 2016 at 14:51:41**

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City, Town or Borough: Hampton Bays, N.Y.  
Available Transportation: Auto,  
Phone: 631-723-6959  
Best Time: after 4 pm  
E-mail: [Racat@aol.com](mailto:Racat@aol.com)  
Email Authorization: Yes  
Consumer Age: Between 21 and 30  
Consumer Gender: Male  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health

Candidate Experience: Young Adults,, Wheelchairs,  
Description of Languages: English speaking  
Preferred Candidate Gender: Male  
Required Documentation: Proof of Identity,, Recommendations  
Hours: 8  
Days: 2  
Start Time: 8:00  
Description of Schedule: Saturday and Sunday  
Pay Per Hour: \$13-14

Comments: must be able to transport, help with showering, feeding, and basic hygiene.

**Gina () on Sunday, January 31, 2016 at 08:22:12**

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City, Town or Borough: Smithtown NY  
Available Transportation: Train,, Auto,  
Phone: 516-317-4767

Best Time: Evening

E-mail: [Lenng2000@yahoo.com](mailto:Lenng2000@yahoo.com)

Email Authorization: Yes

Consumer Age: Between 51 and 70

Consumer Gender: Male

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Ventilators,, Wheelchairs,, Lifters,, Other Equipment,

Description of Languages: English

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12

Days: 2

Start Time: 9am

Pay Per Hour: 13.12

Comments: Seeking a caregiver to assist with all ADL's. Responsibilities include feeding via G tube, light exercise, bathing, transfers, administering medication. Knowledge of BIPAP and cough assist machine. Willing to train. Must not smoke.

**Ms Stern () on Friday, January 30, 2016 at 11:32:28**

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Neighborhood Name: Roosevelt Island

City, Town or Borough: Manhattan

Nearest - Bus Stop, Subway Station and Line or Train Station: Subway - F (Roosevelt Island

Station)

Phone: 212-758-9909 or 212-758-1274

Best Time: 4pm - 8pm

E-mail: [sstern1008@aol.com](mailto:sstern1008@aol.com)

Email Authorization: Yes

Consumer Age: Between 51 and 70

Consumer Gender: Female

Payroll Method: Agency - Concepts

Type of Candidates: Personal Care / Home Health

Candidate Experience: Ventilators,, Wheelchairs,, Lifters,, Languages

Description of Languages: English

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12

Days: 5

Start Time: 8 am/pm

Description of Schedule: Two 12hr shifts per day,

Pay Per Hour: 10

Comments: I am a ventilator dependent quadriplegic – who has been disabled and living independently many years. I am searching for a reliable PCA to work - 12 hours per day - 4 or 5 days per week during the day or night shift. I need a PCA who respects the commitments they make, a PCA who truly understands the importance of their work (to my life and my ability to live independently), a PCA who takes pride in a job well done and a PCA who will not shy away from a complex employment opportunity. I live in a safe community with excellent transportation, and the benefit package offered through Concepts is the best available.

**Bella () on Saturday, January 23, 2016 at 11:32:57**

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Neighborhood Name: Bensonhurst

City, Town or Borough: Brooklyn NY

Available Transportation: Subway,, Bus,, Train,, Auto,

E-mail: [Barbek77@gmail.com](mailto:Barbek77@gmail.com)

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Seniors,

Preferred Candidate Gender: Female

Required Documentation: Proof of Identity,



Hours: 10 1/2  
Days: 5  
Start Time: 8 30  
Pay Per Week: 525 + add

**Mary A () on Wednesday, January 20, 2016 at 12:53:00**

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Neighborhood Name: Mattituck, NY  
City, Town or Borough: Eastern Suffolk County  
Available Transportation: Auto,, Other Transportation,  
Description of Other Transportation: Must have car  
Phone: 631-680-6088  
Best Time: Evening  
E-mail: [northforkmom@gmail.com](mailto:northforkmom@gmail.com)  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Domestic / Homemaking  
Candidate Experience: Other Equipment,, Languages  
Description of Languages: English only  
Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 5

Days: 7

Start Time: 9am

Description of Schedule: Must be flexible depending on my schedule

Pay Per Hour: \$13-\$14

Comments: Looking for 2 p/t assistants to help me (50 year old female) with housekeeping, cooking, shopping, errands, Doctor appointments. I have 1 cat. Must have car & be able to run errands or take me to Doctor appointments or shopping. Need help bringing groceries into house & putting them away. I use a cane or walker. Also need help with taking out garbage, snow removal or other outside chores. Would be great if you help me care for my cat & take her to vet when needed. Payment is by check from RECCO Home Services/Medicaid. Salary Medicaid pays is between \$13-\$14 per hour. Must speak English & be legally able to drive & work in NY. Please send resume, references & link to your Facebook profile by email to:

[northforkmom@gmail.com](mailto:northforkmom@gmail.com)



**TRACI BROOKE KLEIN () on Wednesday, January 20, 2016 at 08:31:17**

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Neighborhood Name: AMITYVILLE  
City, Town or Borough: SUFFOLK COUNTY, NY  
Available Transportation: Bus,, Train,, Auto,, Other Transportation,  
Description of Other Transportation: LIRR  
Phone: 516-523-1162  
Best Time: After 7pm  
E-mail: [trcklein@yahoo.com](mailto:trcklein@yahoo.com)  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Young Adults,, Wheelchairs,, Lifters,, Languages  
Description of Languages: English  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 8  
Days: 5  
Start Time: Flexible  
Description of Schedule: 6am-2pm, 2pm-10pm, 10pm-6am  
Pay Per Hour: 13.58  
Comments: I am looking for someone experienced working with a person who has cerebral palsy. Candidate must be reliable, strong and willing to do some housework and minimal cooking. Also must have a clean Drivers License. The agency is RECCO.

**Caren Potoker () on Tuesday, January 19, 2016 at 18:33:01**

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Neighborhood Name: Midwood, Brooklyn  
Available Transportation: Bus,, Train,  
E-mail: [caren.potoker@gmail.com](mailto:caren.potoker@gmail.com)  
Email Authorization: Yes  
Consumer Age: Between 51 and 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 5 or 6

Days: 7

Start Time: N/A

Description of Schedule: Late afternoons to evening; 3:30 to 8:30 PM

Comments: Brooklyn resident who is older and looking for part time work. Dependable and reliable. This job needs to be filled ASAP. Female only. Benefits and paid time off. Reply with your NAME and Telephone number in your email.

**Mary () on Tuesday, January 19, 2016 at 17:29:42**

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Neighborhood Name: Pelham Bay

City, Town or Borough: Bronx

Available Transportation: Subway,

Phone: (929)-226-2273

E-mail: [pelhambaycaregiver@gmail.com](mailto:pelhambaycaregiver@gmail.com)

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: Vegetarian Trinidadian Diet

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12 hrs

Days: 2

Start Time: 8 am

Description of Schedule: 8 am - 7 pm Saturdays and Sundays

Pay Per Hour: 11

Pay Per Day: 110

Comments: We are seeking an experienced female companion/caregiver to help care for our grandma, an elderly lady, 83 years old with mild Alzheimer in her home. Our grandma is a kindhearted Indian woman from Trinidad with a keen sense of humor. She suffered from throat cancer a few years ago that affected her ability to eat so we are looking for someone who would be able to cook Indian Trinidadian meals for her such as Dhal, Roti, and Curry. She also suffered from a stroke 6 years ago that affected her balance and speech so it is important that the caregiver be able to understand a Trinidadian accent. Please do not apply for the position unless you meet these criteria.

**Chris () on Sunday, January 17, 2016 at 17:35:45**

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Neighborhood Name: Crown Heights  
City, Town or Borough: Brooklyn, Kings  
Phone: 678-906-8114  
Best Time: 12PM-6PM  
E-mail: [coiforslm@gmail.com](mailto:coiforslm@gmail.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Female  
Payroll Method: Agency

Type of Candidates: Personal Care / Home Health  
Candidate Experience: Lifters,, Other Equipment,  
Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 8P-8A  
Days: 3  
Pay Per Hour: 10.00

Comments: The PA candidate needs to have experience in caring for Senior patients. Must be very experienced and comfortable with caring for Bed Bound patients in a compassionate and respectful manner. Patient is fed by tube (experience desired but not mandatory as we will train). Must be able to speak and write English fluently.

**John () on Friday, January 15, 2016 at 14:02:45**

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Neighborhood Name: Astoria/LIC  
City, Town or Borough: Queens  
Available Transportation: Subway,, Bus,  
E-mail: [info@pa4john.com](mailto:info@pa4john.com)  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Male  
Payroll Method: Agency

Type of Candidates: Personal Care / Home Health  
Candidate Experience: Paraplegia,, Quadriplegia,, Wheelchairs,, Lifters,, Other Equipment,,  
Languages

Description of Languages: English  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 12  
Days: 7

Start Time: 8:00 am  
Description of Schedule: 4-40 hours per week with several shifts available  
Pay Per Hour: 10  
Comments: Visit the site for more information and job application:  
[www.pa4john.com](http://www.pa4john.com)

**Leigh Wharton () on Friday, January 15, 2016 at 13:01:00**

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Neighborhood Name: Riverdale  
City, Town or Borough: Bronx  
Available Transportation: Subway,, Bus,  
Phone: 718 601 4714  
Best Time: 4pm  
E-mail: [nancy3@gmail.com](mailto:nancy3@gmail.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Male  
Payroll Method: Self Pay  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Seniors,  
Preferred Candidate Gender: Male  
Hours: 2  
Days: 3  
Start Time: 6:00  
Pay Per Hour: 10:00

Comments: I need someone to sit in the house who in case of a fire would assist me in bringing my husband down 13 stairs He weighs 140 pounds.

**Jimmy () on Monday, January 11, 2016 at 10:54:31**

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City, Town or Borough: Bayshore  
Available Transportation: Auto,  
Phone: 631 647 0596  
Best Time: anytime  
E-mail: [jet6477@gmail.com](mailto:jet6477@gmail.com)  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Male  
Payroll Method: Agency

Type of Candidates: Personal Care / Home Health  
Candidate Experience: Wheelchairs,  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,  
Hours: 10  
Days: 1  
Start Time: 10am  
Description of Schedule: looking for Sunday coverage  
Pay Per Hour: 13.12  
Comments: no experience required or licenses. Driver license is a must. Friday evenings  
needed as well.

**Angela () on Sunday, January 10, 2016 at 22:49:02**

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City, Town or Borough: NYC, Manhattan  
Available Transportation: Subway,, Bus,, Train,  
E-mail: [Tango4712@aol.com](mailto:Tango4712@aol.com)  
Email Authorization: Yes  
Consumer Age: Between 51 and 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Wheelchairs,, Languages  
Description of Languages: Spanish - English - Italian  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 12  
Description of Schedule: 12 hour shift - day or nights -

**Client () on Saturday, January 9, 2016 at 14:12:13**

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Available Transportation: Train,  
Phone: 631-889-0722  
Best Time: Any \text  
E-mail: [Keithrebecca88@yahoo.com](mailto:Keithrebecca88@yahoo.com)  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Female  
Payroll Method: Agency

Type of Candidates: Personal Care / Home Health  
Candidate Experience: Seniors,, Visual / Auditory Impairments,, Special Diets,  
Description of Special Diets: Diabetic  
Description of Languages: English  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,  
Description of Schedule: To Be Determined  
Pay Per Hour: \$13

## PCA Candidates

*Consumer Directed Services is not an Agency and makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate, or the terms and conditions of any employment relationship. All employment and payment decisions are the exclusive responsibility of the Consumer.*

### Dear Personal Care Assistant Candidate,

*I would like to thank you for your participation in Consumer Directed Services. If you submitted your **more than one year ago**, please complete and submit a new [Personal Assistant Enrollment Form](#). When the updated information is received, your new profile will be added to the next newsletter. Again thank you for your participation.*

**Ebony Edmonds () on Thursday, February 4, 2016 at 07:31:07**

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Address: 54 Grant Ave Albany NY 12206

Best Time: 5182584635

E-mail: [eedmonds1112@gmail.com](mailto:eedmonds1112@gmail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Consumer Direct

Experience: Children,, Teens,, Young Adults,, Seniors,, Paraplegia,, Quadriplegia,,

Hemiplegia,, Amputation,, Ventilators,, Wheelchairs,, Other Equipment,, Mental Impairments /

Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: diabetic

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Home Health Aid,, Driver's License,

Description of Other Certificate/License: certified nursing assistant

Hours per Week: 40

Days per Week: 7

Preferred Start Time: 02,6,201

Days I Would Like to Work: Monday - Sunday

I am willing to work a 24 Hour Sleep-In schedule: no



Target Salary Per Hour: 11.00

Comments: Enjoy helping, making the needs of others more attainable, hard worker, reliable and responsible with over 10 years of experience in the health field

**Eulalee Springer () on Tuesday, February 2, 2016 at 13:46:15**

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Phone: 347 524 0950

E-mail: [mkangel@ymail.com](mailto:mkangel@ymail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Enrolled with a CDPAP: No

Experience: Seniors,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Description of Languages: English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Home Health Aid,

Hours per Week: 40ho

Days I Would Like to Work: week days

Target Salary Per Hour: 13 per h

Comments: I have been a Home Health Aide for over 12 years. I am presently working in this capacity in Manhattan on weekends. I have my high school diploma and I believe I was born to do what I do. I love people and I'm willing to go the extra mile.

**Suzette () on Saturday, January 30, 2016 at 21:25:33**

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Address: East Orange NJ 07018

Phone: 973-336-3380

Best Time: Open

E-mail: [Alee3931@gmail.com](mailto:Alee3931@gmail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Years Employed with a Consumer/Surrogate: N/a

Enrolled with a CDPAP: No

CDPAP Agency Name(s): N/a

Experience: Children,, Teens,, Young Adults,, Seniors,, Amputation,, Ventilators,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Home Health Aid,

Hours per Week: 80

Days per Week: 6

Preferred Start Time: An

Days I Would Like to Work: Mom-sat

I am willing to work a 24 Hour Sleep-In schedule: Yes

Target Salary Per Day: 120

Comments: Caring experience and hardworking. Assist with all daily activities.

**SHANIKA NORRIS-WILLIAMS () Sun, Jan 31, 2016 at 9:19 PM**

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190-16 Dormans Road, Saint Albans, New York 11412

H: 7185274571

C: 3475367130

[msnorris1977@yahoo.com](mailto:msnorris1977@yahoo.com)

PROFESSIONAL SUMMARY

Experienced Certified Nursing Assistant with good knowledge and understanding of development factors specific to adult and geriatric residents.

**Kimberly Cousins () Sun, Jan 31, 2016 at 6:38 AM**

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Babysitter - Self-Employed

Bronx, NY

k\_cousins@icloud.com - (347)-864-5814

WORK EXPERIENCE

Personal care Assistant/HHA

Concepts of Independence, Inc. - New York, NY - October 2015 to Present

**Endesha Hill () on Tuesday, January 26, 2016 at 11:36:41**

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Phone: 5163751204

E-mail: [Endhill125@gmail.com](mailto:Endhill125@gmail.com)

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Enrolled with a CDPAP: No

Certificate/License: Home Health Aid,

**Rotimi Shittu () on Sunday, January 24, 2016 at 05:20:44**

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Address: 790 Eldert Lane Brooklyn NY 11208

Phone: 347 582 5541

Best Time: Anytime

E-mail: [rotimiakeem@yahoo.com](mailto:rotimiakeem@yahoo.com)

Email Authorization: Yes

Gender: Female

Type of Position: Domestic / Homemaking

Worked with a CDPAP Consumer/Surrogate: No

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concept of Independence

Experience: Children,, Teens,, Young Adults,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Driver's License,

Hours per Week: 40

Comments: I have more than 10 years experience

**Jean Underdue () on Saturday, January 23, 2016 at 09:05:30**

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Address: 16337 130th Avenue, Apt 9G Jamaica NY 11434

Phone: 646 361 1522

Best Time: anytime

E-mail: [jeunderdue@yahoo.com](mailto:jeunderdue@yahoo.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 18 months

Enrolled with a CDPAP: Yes  
CDPAP Agency Name(s): All Metro Home Care  
Experience: Seniors,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,  
Description of Special Diets: Diabetic  
Description of Languages: English  
Documentation Available: Social Security Number,  
Certificate/License: Personal Care,, Home Health Aid,, Driver's License,  
Hours per Week: 40  
Days per Week: 4  
Preferred Start Time: 9am  
I am willing to work a 24 Hour Sleep-In schedule: occasionally  
Target Salary Per Hour: 13 or 14  
Comments: Experienced Certified Home Health Aide, Personal Care Aide/Companion

**Rosette Peters () on Friday, January 22, 2016 at 19:40:15**

-----

Address: 132-21 Springfield Blvd, Jamaica NY, 11413  
Phone: 3478586229  
Best Time: Any time  
E-mail: [rosie\\_b16@hotmail.com](mailto:rosie_b16@hotmail.com)  
Gender: Female  
Type of Position: Domestic / Homemaking  
Worked with a CDPAP Consumer/Surrogate: No  
Enrolled with a CDPAP: No  
Experience: Children,, Teens,, Young Adults,, Seniors,, Wheelchairs,, Lifters,, Special Diets,, Other,  
Description of Special Diets: vegetarian  
Description of Other: Hotel house keeping experience  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Certificate/License: Driver's License,  
Description of Other Certificate/License: CPR  
Hours per Week: 36  
Days per Week: 3  
Preferred Start Time: any  
Days I Would Like to Work: everyday except Saturday morning  
I am willing to work a 24 Hour Sleep-In schedule: Yes  
Target Salary Per Hour: 12  
Comments: I worked at The Hamptons Inn as a house keeper for 2 years and as at a private home babysitting and doing homemaking for a family of four. Those references are available.

**Gnahore Henriette Takouo () on Friday, January 22, 2016 at 16:18:01**

---

Address: 1398 Grand Concourse apt 5D Bronx NY 10456  
Phone: 347 471 3530  
Best Time: 12pm to 3pm  
Gender: Male  
Type of Position: Personal Care / Home Health  
Worked with a CDPAP Consumer/Surrogate: No  
Consumer/Surrogate References Available: No  
Enrolled with a CDPAP: No  
Experience: Seniors,, Wheelchairs,, Lifters,  
Description of Special Diets: Low salt and low sugar diet  
Description of Languages: English and French  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Certificate/License: Home Health Aid,  
Hours per Week: 48  
Days per Week: 4  
Preferred Start Time: 8 AM  
Days I Would Like to Work: Monday  
I am willing to work a 24 Hour Sleep-In schedule: No

**Shana King () on Thursday, January 21, 2016 at 18:05:10**

---

Address: 49 Oak Avenue  
Phone: 631 235 5330  
E-mail: [Asjc0713@gmail.com](mailto:Asjc0713@gmail.com)  
Email Authorization: Yes  
Gender: Female  
Type of Position: Personal Care / Home Health  
Worked with a CDPAP Consumer/Surrogate: No  
Enrolled with a CDPAP: No  
Experience: Children,, Teens,, Young Adults,, Seniors,, Ventilators,, Wheelchairs,, Special  
Diets,  
Description of Special Diets: Food consistency  
Documentation Available: Social Security Number,, Proof of Identity,  
Certificate/License: Personal Care,, Driver's License,, Other,  
Description of Other Certificate/License: DSP  
Hours per Week: 40

Days per Week: 5

Days I Would Like to Work: Mon-Friday

Target Salary Per Hour: 13

Comments: I am AMAP certified. I have certifications for first aid. I am also g-tube certified.

**Janine Furline () on Tuesday, January 19, 2016 at 17:40:30**

---

Address: 172 Lincoln avenue Roosevelt NY. 11575

Phone: 5164992762

Best Time: 10am

E-mail: [Janine35@msn.com](mailto:Janine35@msn.com)

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 5 years

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concepts of independence inc

Experience: Seniors,, Quadriplegia,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Special Diets,, Languages

Description of Special Diets: High Protein

Description of Languages: English

Documentation Available: Social Security Number,

Certificate/License: Personal Care,, Driver's License,

Hours per Week: 40

Days per Week: 4

Preferred Start Time: 8am

Days I Would Like to Work: M T W Th F S

I am willing to work a 24 Hour Sleep-In schedule: Yes did it 4 1/2 years

Target Salary Per Hour: 15.00

Target Salary Per Day: 169.00

**Lindy Jones () on Tuesday, January 19, 2016 at 14:00:39**

---

Address: 1215 East 55th Street Floor 1 Brooklyn, NY 11234

Phone: (347) 596-4116

Best Time: 8am-9pm

E-mail: [lindypjones@gmail.com](mailto:lindypjones@gmail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 3

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concepts of Independence

Experience: Children,, Teens,, Young Adults,, Paraplegia,, Quadriplegia,, Wheelchairs,,  
Lifters,, Visual / Auditory Impairments,, Languages

Description of Languages: English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Driver's License,

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 9am

Days I Would Like to Work: M-F

I am willing to work a 24 Hour Sleep-In schedule: NO

Target Salary Per Hour: \$13.00

Comments: I have worked with young adults in the past. One young lady had cerebral palsy and required full assistance in her daily routine. The other young lady suffered from bacterial meningitis which left her with several disabilities.

**Gayle Dorsky () Mon, Jan 18, 2016 at 2:59 PM**

-----  
Queens, NY

[sweety3222@aol.com](mailto:sweety3222@aol.com)

516 850 1739

**Shaquhna Cotton () on Thursday, January 14, 2016 at 12:40:17**

-----  
Address: 244 Second St.

Phone: 518-621-7024

Best Time: anytime

**Rashida Delmas () on Wednesday, January 13, 2016 at 13:17:43**

-----  
Address: 27 Crooke Avenue

Phone: 718-496-1110



Best Time: 9pm

E-mail: [Shidarida24@gmail.com](mailto:Shidarida24@gmail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Experience: Seniors,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Documentation Available: Proof of Identity,

Certificate/License: Personal Care,, Home Health Aid,, Driver's License,

Hours per Week: 30

Days per Week: 3

Preferred Start Time: 8am

Days I Would Like to Work: Thursday & Friday

**Latisha () on Monday, January 11, 2016 at 13:21:22**

---

Address: Riverhead, NY

Phone: (631)346-5045

Best Time: AM

E-mail: [imdiego30@yahoo.com](mailto:imdiego30@yahoo.com)

Email Authorization: Yes

Gender: Female

Type of Position: Domestic / Homemaking

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 3

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Recco

Experience: Young Adults,, Quadriplegia,, Hemiplegia,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Driver's License,

Description of Other Certificate/License: Experience as a Certified Nurses' Aide

Hours per Week: 40

Days per Week: 4

Preferred Start Time: 8am

I am willing to work a 24 Hour Sleep-In schedule: NO

Target Salary Per Hour: TBD

Comments: I am a PCA with long term care experience. I have prior experience as a CNA in a long term care facility. I am not afraid of hard work. I am reliable and professional at all times. I provide your family member with the love and care I provide my own.

**Suzanne Davis () on Sunday, January 10, 2016 at 13:14:35**

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Address: 880 Theiriot Ave, Bronx NY 10473

Phone: 9178645334

Best Time: 9178645334

E-mail: [suzannedavis75@yahoo.com](mailto:suzannedavis75@yahoo.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 2yrs to present

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concepts of independence

Experience: Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Amputation,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: Puree food

Description of Languages: English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Home Health Aid,

Description of Other Certificate/License: CNA

Hours per Week: 30

Days per Week: 5

Preferred Start Time: 7pm

I am willing to work a 24 Hour Sleep-In schedule: no

Target Salary Per Hour: 10.30

**Sheree Hamblin () Fri, Jan 8, 2016 at 11:58 PM**

---

Home health aide

New York, NY

[hamblin.sheree@yahoo.com](mailto:hamblin.sheree@yahoo.com)

(646)309-4104

## Articles Related to the CDPAP

### **We need your support to keep Consumer Direction strong in New York State.**

Please reach out to your local representatives so we can advise them about the following issues:

**PA Minimum Wage Increase:** We must urge our Assemblymen and Senators to raise the minimum wage AND provide adequate reimbursement from managed care plans to fund this wage increase for Personal Assistants. With the recent wage increases in the fast food industry, it is vital that PAs receive higher pay in order for us to be able to hire the right team of people to provide us with an adequate amount of care. [Get talking points here.](#)

[https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Minimum\\_Wage\\_One\\_Pager.pdf](https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Minimum_Wage_One_Pager.pdf)

**Overtime/Travel:** Fiscal intermediaries are now required to pay overtime as well as travel pay between different Consumers a PA works for, but New York State has not fully funded these increases. We must ask our legislators to fully fund overtime and travel pay, in order to keep our fiscal intermediaries solvent, and stop any limitations in how many hours one PA can work for us. [Get talking points here.](#)

[https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Overtime\\_and\\_Travel\\_One\\_Pager.pdf](https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Overtime_and_Travel_One_Pager.pdf)

**Cash and Counseling:** This program gives elderly and disabled individuals better control of their services, by giving them a monthly budget. They decide where their services are coming from, so they have better control over their care. [Get talking points here.](#)

[https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Cash\\_and\\_Counseling\\_One\\_Pager.pdf](https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Cash_and_Counseling_One_Pager.pdf)

**Fiscal Intermediary Certification:** Fiscal intermediaries must be recognized by managed care plans as the proper providers of Consumer Directed Personal Assistant Services (CDPAS) in order to keep the program viable and useful for Consumers. [Get talking points here.](#)

[https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/FI\\_Licensure\\_One\\_Pager.pdf](https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/FI_Licensure_One_Pager.pdf)

**We have to make this effort together as one unified voice.**

*Please call, write, or even better make an appointment to sit down with your local representative - whether it be your Assemblyman or Senator - and discuss how these issues are affecting you.*

Your personal experiences are the key to getting these policymakers to understand why these issues are so important.

*We need to come together and get this done before March 31, 2016, because that is the date when New York State's budget is finalized.*

*Find your local representatives in Albany [here](#). Make sure to contact those representatives who are in the New York State Assembly and New York State Senate (i.e. not your NY representative in the US Congress or the NY Senator in the US Senate). If you need any assistance finding out who your local representative/senator is, please feel free to contact me at 212-293-9999 extension 1019, or [jhernandez@coiny.org](mailto:jhernandez@coiny.org)*

[http://act.commoncause.org/site/PageServer?pagename=sunlight\\_advocacy\\_list\\_page](http://act.commoncause.org/site/PageServer?pagename=sunlight_advocacy_list_page)

Sincerely,  
Jose Hernandez  
Concepts of Independence, Inc.

p.s. Here are [some tips](#) to help you at your meetings!

[https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Meeting\\_Tips.pdf](https://gallery.mailchimp.com/87f5eebd84a5a07c1a918ac8a/files/Meeting_Tips.pdf)

## **Doctors Supportive of Chronic Care Recommendations With Changes**

From [Health Care Daily Report](#)  
By [Mindy Yochelson](#) Feb. 3, 2016

The American Medical Association offered strong support for various options presented by a Senate committee for improving the care of Medicare beneficiaries with chronic illnesses but cautioned against the CMS adding measures for grading doctors on the outcomes for beneficiaries with chronic diseases.

“We agree that it is important to have valid and reliable quality measures for treating patients with chronic conditions,” the AMA said in a [late January letter](#) to the Senate Finance Committee. “However, we have significant concerns with establishing new statutory requirements to create measures that target chronic conditions or holding providers accountable under new measures.”

## **Feedback on Document**

The AMA's letter was among those from physician groups sent to the committee's Chronic Care Working Group. The committee received comments from associations representing a variety of health-care sectors.

The associations offered feedback on the working group's Dec. 18 Bipartisan Chronic Care Working Group Policy Option [Document](#).

The document outlined a number of suggestions for improving how Medicare treats beneficiaries with multiple chronic conditions.

Among the topics discussed were expanding independence at home programs, coverage of behavioral health, supplemental benefits and use of telehealth, as well as making changes to Medicare Advantage and accountable care organizations.

Comments were due Jan. 29.

The working group said it will use the input toward producing a bipartisan measure that can be advanced through the Finance Committee.

## **Modifications Recommended**

The doctor groups mostly expressed enthusiasm for the recommendations while suggesting a few modifications.

On one recommendation, the committee said that it's considering requiring that the Centers for Medicare & Medicaid Services include in its development of quality measures for doctors those that focus on the health-care outcomes for individuals with chronic disease.

“The current quality measurement landscape does not have sufficient measures that can be used to monitor the quality of care for individuals with multiple chronic conditions,” the paper said.

Under the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA), the CMS is

developing measures under a physician quality grading program—the Merit-based Incentive Payment System (MIPS)—that will affect providers' reimbursements starting in 2019.

The AMA objected to the suggested health outcome addition, stating that it takes substantial time and resources to develop new quality measures and appropriately test and evaluate them to ensure they are valid and reliable.

“We believe it would be unwise and premature to add additional requirements for measure development until CMS has been given a chance to conduct a thorough review of what measures are needed,” the AMA said. “Imposing new requirements at this stage would disrupt the MIPS measure development process and could lead to unintended consequences and unforeseen distortions.”

### **Special Needs Plans**

Like the AMA, the American College of Physicians (ACP), which represents mostly internal medicine doctors, strongly [supported](#) the recommendations but wanted some change.

The paper had urged long-term extension or a permanent authorization of Medicare Advantage (managed care) special needs plans (SNPs), which target three types of enrollees. SNPs have been subject to a series of short-term congressional authorizations.

The working group wanted feedback on what modifications should be made to one of the three types of SNPs—those for the chronically ill (C-SNPs).

“A long term extension of SNPs would allow for greater planning of and investment in successful care models that SNPs provide to these vulnerable beneficiaries,” the document said. “Congress’s current pattern of short-term extensions limits the use and growth of SNPs.”

### **Limited Enrollment**

The ACP said that, while “C-SNP plans are available in the Medicare Advantage (MA) benefit for certain chronic conditions, only about 300,000 beneficiaries were enrolled in them as of April 2015, representing only 2 percent of total MA enrollment.”

The ACP said it prefers a broader approach to SNPs, as had been recommended by the Medicare Payment Advisory Commission (MedPAC), which advises Congress on Medicare issues.

In 2013, MedPAC recommended a moratorium on new C-SNPs and instead suggested that MA plans include benefits that vary based on individuals' medical needs. The C-SNP model of care

could be housed within a regular MA plan, rather than operate as a separate plan and MA plans could then tailor benefit packages for chronic or disabling conditions.

The ACP said that since most Medicare beneficiaries have chronic conditions, it supports MedPAC's stance of expanding the flexibility of MA plans to tailor their benefits to meet the specific health-care needs of the beneficiary. "In effect, this approach folds into the general MA program aspects of current C-SNP."

### **More Codes for Visits**

Another group, the [American Academy of Family Physicians](#), generally supported the recommendations but objected to one for the addition of codes that would allow doctors to bill for a one-time visit following a diagnosis of a serious illness.

The document said the one-time payment would be for clinicians to talk to beneficiaries about the "progression of the disease, treatment options, and availability of other resources that could reduce the patient's health risks and promote self-management."

The AAFP discouraged adding more Medicare evaluation and management codes with specific documentation requirements.

Patients benefit from a whole-person approach, the group said. They aren't "simply a collection of conditions or diseases."

New E&M codes would "be a nightmare, particularly for primary care physicians who offer comprehensive care covering multiple serious and life-threatening conditions, which often occur simultaneously in the patient."

Instead, the committee should move away from under-valued fee-for-service codes to a model in which primary care is paid globally, the AAFP said.

<http://www.bna.com/doctors-supportive-chronic-n57982066959/>

## **Home Care for Seniors: a Win-Win**

**Patients do better, families feel safer and aging in place is more likely with home care.**

When health care professionals make geriatric visits, everybody wins, according to a recent study.



By [Lisa Esposito](#) Jan. 15, 2016, at 9:34am

What's not to like? Older adults with disabling conditions get easier access to medical care. Doctors get out of their stuffy offices to make new-age house calls. Nurses hit the road and see what patients *really* need. Medicare gets the promise of reduced hospital readmissions. Family members get more peace of mind. And most important, seniors get a chance to [stay in their homes](#) as long as possible. Home health care in the U.S. comes in many forms. Here are just a few:

### **Home Field Advantage**

With today's portable medical technology, physicians who make home visits can do as much or more for patients than primary care clinicians in offices, says Dr. Alan Kronhaus, co-founder and CEO of Doctors Making Housecalls, based in Durham, North Carolina.

His practice uses [medical labs](#) that can deploy a phlebotomist to a patient's home to draw blood and send the results electronically to the patient's chart. Imaging technicians can do ultrasounds or X-rays in the comfort of the patient's home.

These aren't everyday patients who get home visits. "For the most part, we're seeing frail, elderly, complex patients with multiple, chronic, active problems and often some degree of cognitive impairment," Kronhaus says.

Many clinical advantages come from seeing patients in their own environment, Kronhaus says, like the ability to [manage medications](#) more effectively when the doctor can see exactly what's inside the medicine cabinet. It's also a chance to spot [nutritional supplements](#) that patients wouldn't have thought to mention during an office visit.

And it's an opportunity to address diet concerns, Kronhaus adds. "You can look into the refrigerator and see how it's stocked – if you've got a diabetic patient who has banana cream pie." Doctors evaluate the environment as well, he says. "We look for things like steep steps without carpeting, area rugs without nonskid padding underneath, electrical cords that could represent a tripping hazard, poor lighting."

To compensate for the "opportunity costs" of the doctor's transit time, patients pay a direct travel fee of \$95 per visit. But, Kronhaus says, other costs are avoided, such as paid time off at work taken by family members to escort patients to the doctor's office, the round-trip cost of a wheelchair-enabled van or, in the worst-case scenario, the cost of transport by ambulance.

Doctors Making Housecalls is participating in [Independence at Home](#), a Medicare shared-savings demonstration project involving a handful of home-based primary health providers throughout the country. The project has been "an unabashed success," Kronhaus says. "We've

achieved dramatic savings and very significant improvements in quality of care and patient satisfaction."

### **Piecing It Together**

Home health agencies fill a gaping need, but with economic and reimbursement pressures, many are struggling to survive, says Jane Kelly, executive director of the Kansas Home Care Association, a nonprofit trade organization. "There are four agencies out in western Kansas that are trying to serve literally hundreds and hundreds of miles of rural farmlands," she says. "And people can't get services because the agencies can't stay afloat."

With home health care, insurance coverage is often a hurdle. Patients who are not housebound may not be covered, even though getting to medical appointments can be physically challenging and transportation difficult to arrange. There's a high bar for reimbursement, and once a patient shows some improvement, he or she may no longer qualify for home visits. Yet access to skilled nursing, physical therapy and other services at home can prevent costly hospital readmissions and help patients avoid expensive long-term facilities, Kelly says. "Most people want to stay at home as long as they can," she says.

Family members do their best to support ailing parents by assembling a patchwork of skilled and personal services – such as help with toileting, bathing and dressing – through limited insurance coverage and government funding, or by paying out of pocket. "The options are, you piece it together," Kelly says.

### **On the Road**

There's a lot of "windshield time" for nurses providing home care in isolated rural areas, says Terri Wahle, a registered nurse and director of home care at Geary Community Hospital in Junction City, Kansas. Wahle's team works with retired farmers and many other patients with often limited means.

For the nurses, Wahle says, a 10-hour workday may include three hours spent on the road, meaning less time to provide much-needed care for chronic conditions such as [diabetes](#), [heart failure](#) and [chronic obstructive pulmonary disease](#). Some homebound patients have several conditions.

After a hospital stay, supports at home may be lacking, Wahle says, even though patients' [discharge plans](#) say otherwise. "Do they have a bathroom they can get into with the walker?" she asks. "Are they able to fix themselves a meal? Are they able to get any food at all? Are they taking their medications?" These are some of the signs home health nurses look for.

Without regular access to home health care, some elderly or disabled patients can soon find themselves back in the hospital. "One of the things I've taken pride in for the last 30 years in home care is that we try to keep people in their own home for as long as it's safe and it's possible," Wahle says.

### **Quality Time at Home**

When doctors or nurse practitioners go to patients' homes to make a thorough geriatric assessment, as part of a Medicare home-visit program, everybody wins, according to a [recent study](#). The system saves money from lower hospital admission rates, and patients are less likely to enter [long-term care facilities](#). With referrals to community providers and health plan resources, these patients tend to receive more follow-up care in the community and have a better chance of aging in place.

One problem with traditional health care, in which patients are only seen on providers' turf, is that health issues are dealt with in isolation, says study author Dr. Soeren Mattke, a senior scientist at RAND Corporation, a nonprofit research organization.

"When they go to the physician, they have maybe 10 minutes' face time," Mattke says. "So what often happens is the conversation focuses on what is the most pressing issue that day. But many other things that also have to be handled really never get any attention." Lingering problems from multiple conditions, while not immediately threatening, can worsen and accumulate, he says.

Comprehensive home assessments help uncover clues to frail seniors' health, Mattke says. Nutritional issues can emerge, for instance, like patients subsisting solely on canned beans. Like others, he remarks on the quantities of expired or discontinued medications patients typically have at home. "After a while, they really don't know what's what anymore," he says. Invariably, he says, it's the most essential medications that patients stop taking first.

### **Safe Respite and Handy Help**

Adult day programs provide respite for family home caregivers so they can return to their responsibilities with energy and spirits restored. "Ninety percent of the people who call us, [it's because] they don't want to put their husband or wife or their mom or their dad in a nursing home or a long-term care facility," says Darlene Turner, director of the West Valley life enrichment program at Benevilla, a provider of adult social care and support services based in Surprise, Arizona.

The situation might be that the husband [has dementia](#) and the wife needs a short break. "She would maybe like to go do groceries without having to worry about him, or maybe go get her hair done," Turner says. "Or go have lunch with her friends."

For seniors who attend, these programs improve quality of life, Turner says: "Once they get here, everyone is given an opportunity to have an enriching day, to do things they wouldn't usually do if they were left alone at home." The daily fee for an independent senior is \$75, and it's \$80 for an individual who requires some staff assistance, Turner says.

Other services, like home-delivered meals, benefit older adults living alone in the community. Volunteers with Benevilla provide handyman services when needed: changing lightbulbs, replacing air conditioner filters, fixing leaky faucets. "We're actually able to send volunteers to their homes to bring their groceries, to pick them up and take them to doctors' appointments; maybe pick up prescriptions," Turner says. "And that way, they're able to stay in their own environment."

<http://health.usnews.com/health-news/patient-advice/articles/2016-01-15/home-care-for-seniors-a-win-win>

## **Senate Workgroup's Proposals Address Chronic Illness Through Medicare**

Article By:

Kush Das

Monday, January 11, 2016

The *Senate Finance Committee* chronic care working group recently released a [Policy Options Document](#) continuing an effort that started with a hearing titled, "Chronic Illness: Addressing Patients' Unmet Needs" in the summer of 2014. The workgroup, which is led by Chairman Orrin Hatch, Ranking Member Ron Wyden, and Senators Johnny Isakson and Mark Warner, compiled proposals and feedback from industry stakeholders, the Centers for Medicare & Medicaid Services (CMS), and the Medicare Payment Advisory Commission (MedPAC). The bipartisan options paper outlines policies being considered to improve how Medicare treats beneficiaries with multiple, complex chronic illnesses.

When proposing the policies, the options paper is explicitly noncommittal about whether the policies will actually become legislation and notes that any proposals will have to be scored by the Congressional Budget Office (CBO) to ensure that the legislation is cost-saving or at least revenue neutral. With those caveats in mind, the workgroup sets out three policy goals:

- Increasing care coordination among providers across the care continuum;
- Streamlining Medicare payment systems to incentivize appropriate care levels for chronic care; and
- Improving quality and care coordination while also becoming more efficient to cut spending.

To achieve those goals, the options paper suggests multiple policy initiatives broken into six categories and requests stakeholder comments.

### **Policy Proposals:**

**(1) Expanding Home Health Care:** Nationalizing and making permanent the current Independence at Home (IAH) initiative that CMS is testing that uses physician and nurse-practitioner directed home-based primary care teams for beneficiaries with multiple chronic illnesses. The IAH initiative requires 24/7 response availability and incentivizes better performance and quality with lower annual expenditures. The paper also suggests removing restrictions from home hemodialysis treatment to better incorporate and facilitate monthly physician reviews through telehealth.

**(2) Advancing Team-Based Care:** Changing Medicare Advantage (MA) to include hospice care, remove restrictions on End Stage Renal Disease (ESRD) patient enrollment, and expand Special Needs Plans to cover more beneficiaries. Also, the workgroup suggests improving care management services by creating a new high-severity care management code and policies that incorporate behavioral health in Medicare fee-for-service reimbursement and Medicare Advantage.

**(3) Expanding Innovation and Technology:** Adapting and expanding supplemental benefits such as non-clinical services, alternative care such as acupuncture, counseling, and transportation for chronically ill MA enrollees and Accountable Care Organization (ACO) patients. Returning to a telehealth focus, the workgroup suggests incorporating telemedicine more into MA plans, removing restrictions on telehealth coverage for ACOs, and utilizing telehealth for stroke cases.

**(4) Identifying Chronically Ill Populations and Improving Quality:** Developing quality measures for chronic care conditions and changing the CMS-Hierarchical Condition Categories (CMS-HCC) Risk Adjustment model to consider chronic care specifically by considering patients' number of conditions, behavioral health, dual eligibility, and historical data.

**(5) Empowering Individuals & Caregivers:** Encouraging care management by waiving beneficiary co-payments for care management services that create an administrative burden for providers, patients, and ACOs. The workgroup also advocates for more individual- and

population-focused education and coaching by establishing a billing code for one-time conversations with newly diagnosed Alzheimer/dementia patients, expanding access through pre-diabetes education by incentivizing physicians through Medicare payments, and expanding online information and educational tools for chronic diseases on government websites.

**(6) Miscellaneous Policies to Improve Chronic Care:** In this last category, the options paper proposes: (a) increasing transparency at the Center for Medicare and Medicaid Innovation (CMMI) by strengthening notice and comment requirements for CMMI programs; (b) studying medication synchronization of prescription drug plans in Medicare Part D to focus on coordinating and analyzing drug interactions, dispensing, and counseling; and (c) studying obesity drugs to detail utilization and impact, and analyze experiences of Medicare Part D prescription drug plans that are currently offering obesity drugs as a supplemental benefit.

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Source URL: <http://www.natlawreview.com/article/senate-workgroup-s-proposals-address-chronic-illness-through-medicare>

## **DIA meeting dates for 2015**

*Meetings are held monthly.*

*at Selis Manor 1st Floor Auditorium*

*135 West 23rd Street (between 6th and 7th Avenues) New York City*

*Board Meeting 1PM - Program Meeting 1:30-4PM*

**Sunday, February 21, 2016**

*Sunday, March 20, 2016*

*Sunday, April 17, 2016*

*Sunday, May 15, 2016*

*Sunday, June 12, 2016*

*Sunday, July 17, 2016*

*Sunday, August 21, 2016*

*Sunday, September 18, 2016*

*Sunday, October 16, 2016*

*Sunday, November 20, 2016*

*Sunday, December 11, 2016*

***More Information: 718-261-261-3737 - [www.disabledinaction.org](http://www.disabledinaction.org)***

## **Independent Consumer Advocacy Network (ICAN)**

ICAN helps people in New York's managed care plans who get long-term care services. Help is

free, confidential, and independent. Call now to speak to a counselor.

Call (844) 614-8800

TTY Relay Service: 711

ICAN includes 14 agencies and can meet clients at over 50 locations throughout New York state where they can meet with people in-person. Call to schedule an in-person meeting. They can also visit you in your home if you have difficulty traveling.

**Key facts to keep in mind:**

- ICAN does not accept walk-ins. You have to call ICAN to schedule an appointment.
- Some of the locations are permanently staffed, and some are just locations where staff can meet with clients so there is nobody from ICAN there most of the time.
- ICAN will arrange for a home visit for anyone who needs it, so lack of a proximate site should not be an obstacle.
- <http://icannys.org/>

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## **United Spinal Association Newsletter**

January 2016

<http://www.icontact-archive.com/l-xV4bIuEzA8X-8A2gYLT65Qc1ETKszE?w=4>

## **HRA Advocate's Corner**

Winter 2016 / Volume 1 Issue 1

<http://eepurl.com/bNmTvD>



## **Local Independent Living Centers**

- Bronx Independent Living Services, Inc. (BILS)  
4419 Third Ave, #2C, Bronx, NY 10457  
TEL [718 515-2800 x 116](tel:7185152800) / TTY [718 515-2803](tel:7185152803) / FAX [718 515-2844](tel:7185152844)
- Brooklyn Center for Independence of the Disabled (BCID)  
27 Smith St, #200, Brooklyn, NY 11201  
TEL [718 998-3000](tel:7189983000) / TTY [718 998-7406](tel:7189987406) / FAX [718 998-3743](tel:7189983743)
- Center for Independence of the Disabled in NY (CID-NY) (Manhattan)  
841 Broadway, #301, New York, NY 10003  
TEL [212 674-2300](tel:2126742300) V / TTY [212-674-5619](tel:2126745619) / FAX [212-254-5953](tel:2122545953)
- CID-NY/Queens  
137-02A Northern Blvd, Flushing, NY 11354  
Phone: [646-442-1520](tel:6464421520) / Sorenson VP [866-948-1064](tel:8669481064) / TTY [718-886-0427](tel:7188860427) / Fax 718-886-0428
- Harlem Independent Living Center (HILC) (Manhattan)  
289 St. Nicholas Ave, #21 Lower Level, New York, NY 10027  
TEL 212-222-7122 / Sorenson VP 646-755-3092 / Relay 866-326-5876 / FAX 212-222-7199  
[info@hilc.org](mailto:info@hilc.org)
- Staten Island Center for Independent Living (SIILC)  
470 Castleton Ave, Staten Island, NY 10301  
TEL 718-720-9016 / TTY 718-720-9870 / FAX 718-720-9664
- Long Island Center for Independent Living (LICIL) (Nassau Co)  
3601 Hempstead Turnpike, #208, Levittown, NY 11756  
TEL 516-796-0144 / TEL (Español) 516-796-6176 / TTY 516-796-0135 / FAX 516-796-0529 [licil@aol.com](mailto:licil@aol.com)
- Self Initiated Living Options, Inc. (SILO) (Suffolk Co)  
2111 Lakeland Ave, Ronkonkoma, NY 11779  
TEL (31-880-7929 / TTY 631-654-8076 / FAX 631-946-6377  
[contact@siloinc.org](mailto:contact@siloinc.org)
- Westchester Independent Living Center (WILC) (Westchester/White Plains)  
200 Hamilton Ave, White Plains, NY 10601  
TEL 914-682-3926 / TTY 914-682-0926 / Sorenson Video Phone 866-933 5390 / FAX 914-682-8518
- Westchester Disabled on the Move, Inc. (WDOM) Westchester/Yonkers)  
984 No. Broadway, #L-10, Yonkers, NY 10701  
TEL 914-968-4717 V & TTY / FAX 914-968-6137



## PCA Employment Agencies

*If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).*

**All American Home Care Agency,**  
Albert Isakov, CEO  
1113 Avenue J, Brooklyn, NY 11230  
[aisakov@allamericanny.com](mailto:aisakov@allamericanny.com)  
Phone: 718-717-8800

**Bronxwork Inc, Kedon Wilson**  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

**Center For Family Life Employment, Maria Ferreira**  
443 39th St, Brooklyn, New York 11232  
[mferreira@cflsp.org](mailto:mferreira@cflsp.org)  
718-633-4823

**El Barrio's Operation Fight, Gustavo Rosado**  
413 E 120th St # 403 New York, NY 10035-3602  
[ebobf413@aol.com](mailto:ebobf413@aol.com)  
212-410-7900

**Fifth Avenue Committee, Aaron Shiffman**  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

**Goldenhearts Elderly Care Services**  
244 5th Avenue, suite G256 New York, NY 10001  
Geanette Browder - [contact@GoldenElderlyCare.org](mailto:contact@GoldenElderlyCare.org)  
Phone: (866) 531-4620

**Home Instead Senior Care**  
400 East 56th Street, Professional Wing, Suite #2,  
New York, NY 10022  
[Recruiting.NYC@homeinstead.com](mailto:Recruiting.NYC@homeinstead.com)  
Phone: 212-614-8057

**Kingsborough Comm. College, Marisa Joseph**  
2001 Oriental Blvd, Brooklyn, NY 11235  
[marisa.joseph@kbcc.cuny.edu](mailto:marisa.joseph@kbcc.cuny.edu)  
718-368-5563

**Konedu Home Care, LLC, Carie Jones Smith**  
140 Captain Thomas Blvd West Haven, CT 06516  
[helpingfamilies@koneduhomocare.com](mailto:helpingfamilies@koneduhomocare.com)  
Phone: [800 418-3299](tel:8004183299)

**Marks Home Care of NY**  
97-17 64th Road, 4th Floor, Rego Park, NY 11374  
Jessica Ferreras, Administrator  
(jessica@markshcnyc.com)  
718-713-0005

**Mercy Center**  
377 East 145th Street, Bronx NY 10454-1006  
Mary Ellen Gianino - [meg@mercycenterbronx.org](mailto:meg@mercycenterbronx.org)  
(718) 993-2789

**Reliable Homecare Solutions LLC**  
Contact: Reshmi Maharaj, Director  
104-28 117 St, 2E, Richmond Hill New York 11419  
917 378 5769 - [caresolutions09100@gmail.com](mailto:caresolutions09100@gmail.com)

**New York City College of Technology**  
NYC Technical College Placement Office  
300 Jay St, Brooklyn, NY 11201  
[employmentsvc@citytech.cuny.edu](mailto:employmentsvc@citytech.cuny.edu)  
(718) 260-5050

**New York Health Care Inc**  
243 Fulton ave. Hempstead NY  
Paulette Fenner - [pfenner@nyhc.com](mailto:pfenner@nyhc.com)  
718-375-6700

**Northern Manhattan Improvement Corp**  
76 Wadsworth Ave, New York, NY 10033  
Evan Hess - [evanhess@nmic.org](mailto:evanhess@nmic.org) - 212-822-8300

**Our Planet Management Institute, Lisa Ying**  
116 John Street, #200, New York, NY 10038  
[lisa@opmi.org](mailto:lisa@opmi.org), 212-269-4000

**Pioneer Homecare Inc**  
208 Glen Cove Rd. Old Westbury NY 11568  
Gerard Napolitano [gerard@thepioneerhealthgroup.com](mailto:gerard@thepioneerhealthgroup.com)  
Phone: 347-637-8562

**Quality Healthcare, Steven Miller**  
Phone: 718-338-8500 x 4775  
Email: [sm@qualityny.com](mailto:sm@qualityny.com)  
3512 Quentin Road, Brooklyn, NY 11234  
<http://www.qualityny.com>

**YWCA of NYC, Anne Alfred**  
50 Broadway, New York, NY 10004  
[aalfred@ywcanyc.org](mailto:aalfred@ywcanyc.org) - 718-723-6170

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