

February 01, 2013

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services](http://www.ConsumerDirectedServices.com) created a FREE Employment Information Bridge between Consumers and PCA Candidates.

- [Consumers / Advocates](#)

- To receive a copy of the weekly Newsletter, a Consumer or Advocate need only send me an email to elitcher@consumerdirectedservices.com and include your name and the text **Newsletter Request**.
- To search for a New Personal Assistant go to the [Consumer Directed Services](http://www.ConsumerDirectedServices.com) website and complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be distributed to all of the PCA Candidates enrolled in the database and a variety of other Employment Resources.

- [Personal Care Assistant \(PCA\) Candidates](#)

To include your information in the Newsletter and Database, go to the [Consumer Directed Services](http://www.ConsumerDirectedServices.com) website and complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#). As of the above date, **572** Personal Assistant Candidates have already been enrolled.

To insure that this Newsletter will be available to as many Consumers / Advocates as possible, previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](http://www.ConsumerDirectedServices.com) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to elitcher@consumerdirectedservices.com.

Best Regards, Ed Litcher

Notes

Consumers Wanted: For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement on the Internet (See the list of Internet resources on the PCA Employment Agency page of this newsletter). Therefore, to help you find the PCA Candidate of your choice, I urge you, to do everything you ordinarily do, to consider an Internet resource and to try www.ConsumerDirectedServices.com. Finally, if you try Consumer Directed Services, please spread the word. Tell your friends and associates about this **FREE** service.

Consumers Searching
Should you require additional information
Please Contact the Consumer Directly.

PCA Candidates

Consumer Directed Services is not an Agency and makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate, or the terms and conditions of any employment relationship. All employment and payment decisions are the exclusive responsibility of the Consumer.

rosannejackson375@yahoo.com on Monday, January 28, 2013 at 14:12:30

Personal Assistant Candidate: Rosanne Jackson

Address1: 1930 Harrison Ave.

Phone: [347-638-5845](tel:347-638-5845)

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Children,, Young Adults,, Wheelchairs,

Documentation Available: Social Security Number,, Proof of Identity,

Hours per Week: 35

Days per Week: 7

Preferred Start Time: 1/29/13

Days I Would Like to Work: open

Target Salary Per Hour: 8.00

Comments: I have my certificate in childcare and i also have experience with working with the elderly

Articles Related to the CDPAP

Self Help – Community Services, Inc. The Evelyn Frank Legal Resources Program

The new year has just started and already there is lots of news for 2013:

A. [New 2013 Medicaid Income and Asset Limits](#)

E. [Medicaid Home Care Update](#)

1. [NYC Home Care Services Program - New location for main administrative office, including address for mailing new Medicaid applications citywide](#)
2. [Managed Long Term Care -- January 2013 Expansion of Mandatory MLTC to Nassau, Suffolk and Westchester counties AND](#)
 - o Mandatory enrollment begins of long-term certified home health agency recipients, adult day care and private duty nursing services in New York City, Suffolk, Nassau & Westchester
3. [Updated information about Managed Long Term Care, including updated plan contact lists of plans for NYC and the rest of the state -- for MLTC, Medicaid Advantage Plus and PACE.](#)
4. [Managed Long Term Care - Know Your Appeal & Grievance Rights in Transition from Medicaid CASA/DSS personal care/home attendant/consumer-directed personal assistance program \(CDPAP\) services.](#)
5. UPDATED [Tools for Selecting a Managed Long Term Care Plan](#)

F. [Gov. Cuomo Proposes to Eliminate Spousal Refusal in State Budget](#)

A. New 2013 Medicaid Income and Asset Limits

The new 2013 Medicaid income and resource limits have been release in HRA's new chart posted in this article [Income and Resource Limits for New York State Public Health Insurance Programs](#) (Direct link is to this handy [two-page chart](#))

The most commonly used limits for adults age 65+ or who are disabled or blind are in BOX 3 of the chart:

INCOME SAVINGS

Singles \$800/mo \$14,400

Couples \$1,175/mo \$21,150

Note that the [Medicare Savings Program](#) limits (Box 8 on page 2), [Family Health Plus](#) (Box 4(b) for adults without kids under age 21), and some other limits are not yet increased for 2013, because the federal government has not yet announced the Federal Poverty Levels for 2013.

NEWS FLASH -- On Friday Jan. 10th, HRA notified Selfhelp that they would revoke the notices of discontinuance sent to 13 people enrolled in pooled trusts and to 78 people enrolled in Managed Long Term Care Plans. They will receive new notices -- hopefully ones that meet legal mandates. Notices outside of NYC are scheduled to be sent in late January -- we do not yet know if the State will revise its procedures for these notices as a result of our advocacy.

ADVOCACY TIPS - Despite the progress made on getting these notices canceled, we still recommend that you:

- **Request a [Fair Hearing](#)** before the effective date of the notice, in order to protect their Medicaid.
- **If your client uses a pooled trust, increase the amount they put into the trust, each month beginning in January**, in the same amount their income has increased. You need to provide proof of that to the Medicaid office, and ask that they adjust the Medicaid budget accordingly. [You can use this worksheet to calculate the proper amount to contribute.](#)
- **TIP for MLTC Applicants who have a Spend-down:** If client is applying for Managed Long Term Care and has a spend-down, make sure to ask the Medicaid program to code them with "Provisional Medicaid" – this way the MLTC plan will not DENY enrollment because they have not yet met the spend-down. See [Medicaid Alert dated July 12, 2012.](#)

E. Medicaid Home Care Updates

1. NYC Home Care Services Program - New location for main administrative office, including address for mailing new Medicaid applications citywide

The HRA Medicaid Home Care Services Program's main office moves on January 14th from 109 E. 16th St. in Manhattan, to Brooklyn. This includes the Medicaid unit, which is where Medicaid applications may still be mailed by people seeking home care, even though "dual eligibles" (people with Medicare) must enroll in a managed long term care plan once Medicaid is approved. They Home Care/CASA program will no longer process M11qs or authorize home care for dual eligibles. To see the updated [Home Care Services Program/CASA Contact List](#), and for more information on MLTC applications see [this article](#).

2. Managed Long Term Care -- [January 2013 Expansion of Mandatory MLTC to Nassau, Suffolk and Westchester counties AND](#)

[Mandatory enrollment begins of long-term certified home health agency recipients, adult day care and private duty nursing services in New York City, Suffolk, Nassau & Westchester](#)

3. [Updated information about Managed Long Term Care, including updated plan contact lists of plans for NYC and the rest of the state](#) -- for MLTC, Medicaid Advantage Plus and PACE.

4. [Know Your Appeal & Grievance Rights in Transition to MLTC from Medicaid CASA/DSS](#) personal care/home attendant/consumer-directed personal assistance program (CDPAP) services.

5. UPDATED [Tools for Selecting a Managed Long Term Care Plan](#)

F. Gov. Cuomo has once again proposed to eliminate spousal refusal in the proposed budget issued this week.

Spousal refusal has long enabled a couple to get the Medicaid services needed for one spouse who has a disability or chronic illness, while still retaining enough income and assets to live on. Without spousal refusal, a "well" spouse would have to either (1) get a divorce or (2) place the "sick" spouse in a nursing home -- only by doing that would she be allowed to retain enough income and assets to live on. Otherwise, the couple would have to live at the Medicaid level-- which is below the Federal Poverty Level -- and could never meet basic living expenses.

The Governor did propose to help some married couples by giving "spousal impoverishment" protections to couples where one spouse is in a managed long term care plan. These are the same protections now available in the Lombardi Long Term Home Health Care Program, and -- if approved by the federal government -- would ensure continuation of these protections if and when Lombardi program participants are required to join managed long term care plans. Even if approved by the federal government, however, these "spousal impoverishment" protections would not undo the harm of eliminating spousal refusal.

- First, not all married persons who need Medicaid need it for managed long term care services -- they may need medical care for other chronic health conditions. They would now be denied Medicaid because a spouse needs their income to pay basic living expenses.
- Second, the proposed change would also eliminate "parental refusal," depended on by families with children with disabilities or chronic illness need Medicaid. Many of these families need every dollar of their income and savings to pay for their everyday expenses and the needs of other children -- and could never afford the cost of medical care for a chronically ill child.

Third, the *spousal impoverishment* protections -- even if enacted -- do not help many other couples who would be hurt by eliminating spousal refusal. We are still analyzing the gaps in this coverage.

Local Independent Living Centers

- Bronx Independent Living Services, Inc. (BILS)
4419 Third Ave, #2C, Bronx, NY 10457
TEL [718 515-2800 x 116](tel:7185152800) / TTY [718 515-2803](tel:7185152803) / FAX [718 515-2844](tel:7185152844)
- Brooklyn Center for Independence of the Disabled (BCID)
27 Smith St, #200, Brooklyn, NY 11201
TEL [718 998-3000](tel:7189983000) / TTY [718 998-7406](tel:7189987406) / FAX [718 998-3743](tel:7189983743)
- Center for Independence of the Disabled in NY (CID-NY) (Manhattan)
841 Broadway, #301, New York, NY 10003
TEL [212 674-2300](tel:2126742300) V / TTY [212-674-5619](tel:2126745619) / FAX [212-254-5953](tel:2122545953)
- CID-NY/Queens
137-02A Northern Blvd, Flushing, NY 11354
Phone: [646-442-1520](tel:6464421520) / Sorenson VP [866-948-1064](tel:8669481064) / TTY [718-886-0427](tel:7188860427) / Fax 718-886-0428
- Harlem Independent Living Center (HILC) (Manhattan)
289 St. Nicholas Ave, #21 Lower Level, New York, NY 10027
TEL 212-222-7122 / Sorenson VP 646-755-3092 / Relay 866-326-5876 / FAX 212-222-7199
info@hilc.org
- Staten Island Center for Independent Living (SIILC)
470 Castleton Ave, Staten Island, NY 10301
TEL 718-720-9016 / TTY 718-720-9870 / FAX 718-720-9664
- Long Island Center for Independent Living (LICIL) (Nassau Co)
3601 Hempstead Turnpike, #208, Levittown, NY 11756
TEL 516-796-0144 / TEL (Español) 516-796-6176 / TTY 516-796-0135 / FAX 516-796-0529 licil@aol.com
- Self Initiated Living Options, Inc. (SILO) (Suffolk Co)
2111 Lakeland Ave, Ronkonkoma, NY 11779
TEL (31-880-7929 / TTY 631-654-8076 / FAX 631-946-6377
contact@siloinc.org
- Westchester Independent Living Center (WILC) (Westchester/White Plains)
200 Hamilton Ave, White Plains, NY 10601
TEL 914-682-3926 / TTY 914-682-0926 / Sorenson Video Phone 866-933 5390 / FAX 914-682-8518
- Westchester Disabled on the Move, Inc. (WDOM) Westchester/Yonkers)
984 No. Broadway, #L-10, Yonkers, NY 10701
TEL 914-968-4717 V & TTY / FAX 914-968-6137

PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

Blessed Healthcare Staffing Agency, Tissha Thomas
1 Belvedere Ave, Suite A, Farmingdale, NY 11735
tithomas@bhcsa.com
(631) 390-8646

Bronxwork Inc, Kedon Wilson
391 E 149th St, Bronx, NY 10455
kwilson@bronxworks.org
(718) 993-8880 ext. 237

Center For Family Life Employment, Maria Ferreira
443 39th St, Brooklyn, New York 11232
mferreira@cflsp.org
718-633-4823

El Barrio's Operation Fight, Gustavo Rosado
413 E 120th St # 403 New York, NY 10035-3602
ebobf413@aol.com
212-410-7900

Fifth Avenue Committee, Aaron Shiffman
621 DeGraw Street, Brooklyn, New York 11217
ashiffman@fifthave.org
718-237-2017

Kingsborough Comm. College, Marisa Joseph
2001 Oriental Blvd, Brooklyn, NY 11235
marisa.joseph@kbcc.cuny.edu
718-368-5563

Konedu Home Care, LLC, Carie Jones Smith
140 Captain Thomas Blvd West Haven, CT 06516
helpingfamilies@koneduhomecare.com
Phone: [800 418-3299](tel:8004183299)

Mercy Center, Mary Ellen Gianino
377 East 145th Street, Bronx NY 10454-1006
meg@mercycenterbronx.org
(718) 993-2789

Reliable Homecare Solutions LLC
Contact: Reshmi Maharaj, Director
104-28 117 St, 2E, Richmond Hill New York 11419
caresolutions09100@gmail.com
917 378 5769

New York City College of Technology
NYC Technical College Placement Office
300 Jay St, Brooklyn, NY 11201
employmentsvc@citytech.cuny.edu
(718) 260-5050

Northern Manhattan Improvement Corp
Evan Hess
76 Wadsworth Ave, New York, NY 10033
evanhess@nmic.org
212-822-8300

Our Planet Management Institute, Lisa Ying
116 John Street, #200, New York, NY 10038
lisa@opmi.org, 212-269-4000

Supreme Aid Home Care, LLC
Contact: Anna Basel - Owner
37-53, 90th St, Suite 16 Jackson Heights, NY, 11372
info@supremeaidhomecare.com [347-421-2045](tel:3474212045)

YWCA of NYC, Anne Alfred
50 Broadway, New York, NY 10004
aalfred@ywcanyc.org
718-723-6170

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