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January 20, 2012

Consumer Directed Services offers this Newsletter to provide information about the Consumer Directed Personal Assistance Program and to assist Consumers with the problem of finding new Personal Care Assistants. To receive a Newsletter, a Consumer or Advocate need only send me an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com) and include the text **Newsletter Request**.

Personal Assistant Candidates, who wish to be included in the newsletter and database, can submit their information by completing the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#).

Also, to insure that this Newsletter will be available to as many Consumers / Advocates as possible, previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page.

Finally, if you have any questions, comments, or recommendations about this service, or should you choose to remove your address from this list, please contact me at the above email address.

*Please remember for this (FREE) service to succeed, Consumers must join in the conversation. If you are looking for a new Personal Assistant, I encourage you to go to the website, select the link [Consumer / Advocate - Newsletter Enrollment Consumer - Search for a PCA Candidate](#), complete and submit the form on that page and permit me to forward your search outline to the Personal Assistant Candidates and the other Employment Resources that are enrolled in the email database. As of the above date, **304** Personal Assistant Candidates have been enrolled in the Consumer Directed Services database.*

Best Regards, Ed Litcher

## Notes

**The CDPAP Continues to expand** - The Cabinet for Health and Family Services shall establish the Kentucky Independence Plus Through Consumer-Directed Services Program that shall provide an option within each of the home and community-based services waivers. The option within each of the waiver programs shall be based on the principles of consumer choice and control and that shall be implemented upon federal approval, if required. The program shall allow enrolled persons to assist with the design of their programs and choose their providers of services and to direct the delivery of services to meet their needs.

<http://www.scribd.com/doc/78225691/Untitled>

## PCA Candidates

**To add a Personal Care Assistant (PCA) Candidate**, please complete and submit the [PCA Candidate Enrollment Form](#). As soon as your information is received it will be added to the next Newsletter. To consider the employment of a PCA Candidate, please contact the Candidate directly.

**If you are looking for a new Personal Assistant**, I encourage you to go to the website, select the link [Consumer / Advocate - Newsletter Enrollment Consumer - Search for a PCA Candidate](#), complete and submit the form on that page and permit me to forward your search outline to the Personal Assistant Candidates and the other Employment Resources that are enrolled in the email database. As of the above date, **304** Personal Assistant Candidates have been enrolled in the Consumer Directed Services database.

**[takeema1@gmail.com](mailto:takeema1@gmail.com) on Monday, January 16, 2012 at 02:03:51**

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Personal Assistant Candidate: Patricia Lignon

Address1: 131 queen street

Address2: bay shore ny 11706

Phone: [6316719360](tel:6316719360)

Gender: Female

Type of Position: Personal Care / Home Health

Experience: Teens,, Young Adults,, Seniors,, Quadriplegia,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,, Other,

Description of Special Diets: gluten& sugar free co

Description of Languages: english only

Description of Other: seizures, lite housekeeping and laundry

Documentation Available: Social Security Number,, Proof of Identity,

Hours per Week: flex

Days per Week: flex

Preferred Start Time: 9am

Days I Would Like to Work: neg

I am willing to work a 24 Hour Sleep-In schedule: sometimes but not everyday

Target Salary Per Hour: flex

Comments: I am experienced in so many areas of healthcare besides having my own son with cp,mr& seizures who is now 23. I've worked in homecare since 97 on and off, nsg homes since graduation in 1999 and for the state of ny in residential care for almost 10yrs. I love to assist without taking your independence. I am in the process of making a resume.

*Reminder: Consumer Directed Services makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate the Consumer may consider. Therefore, a Consumer's consideration of any of the PCA Candidates listed above or any of the Candidates referred by a PCA Employment Service does not in any way reduce or modify the Consumer's exclusive responsibility to manage the PCA evaluation and employment process*

## **Articles Related to the CDPAP**

### **The Affordable Care Act Is Already a Success**

It's Lowering Costs and Expanding Coverage for Millions

SOURCE: AP/ Steven Senne - January 17, 2012

Since its enactment nearly two years ago, the Affordable Care Act has already provided a large number of health benefits for Americans. The Patient Protection and Affordable Care Act became law on March 23, 2010, beginning a series of important, sweeping reforms to the health care system that will expand coverage, control health care costs, and improve the health care delivery system. While the act's provisions will continue to be implemented through 2016, its reforms are already benefiting millions of Americans in important ways. Thanks to the Affordable Care Act:

### **Millions of Americans are getting the coverage they need**

**2.5 million young adults gained health insurance.** This is a strong example of the coverage gains for millions of people the Affordable Care Act is projected to provide. The Affordable Care Act allows young adults to stay on their parents' insurance plans until age 26.

**More than 40,000 Americans with pre-existing medical conditions gained affordable coverage through the federally administered Pre-Existing Condition Insurance Plan.** Those with pre-existing conditions, such as cancer or chronic disease, can access insurance to meet their health needs through the plan.

**The Department of Health and Human Services awarded more than \$14 million in 2011 alone to school-based health centers across the country, increasing the number of children served by 50 percent.** The Affordable Care Act provides a total of \$200 million for school-based health centers, which provide primary care, dental health, mental health, substance-abuse counseling, and health and nutrition counseling.

**Across the country, 350 new community health centers were built and nearly 19,000 new jobs were created in 2011 alone to provide critical health care to the 50 million Americans living in medically underserved areas.** The Affordable Care Act provides a total of \$11 billion to support and expand community health centers nationwide.

**Consumers are enjoying greater protection from unreasonable private-insurance premium hikes.** The Affordable Care Act helped 42 states, the District of Columbia and five U.S. territories strengthen their rate-review laws, bringing greater transparency and accountability to private insurance rate increases. For example, Connecticut rejected a 20 percent rate hike by insurers, and Oregon halved the rate increase by one of its largest insurers, saving money for more than 60,000 people, and the Department of Health and Human Services recently deemed increases in five states "unreasonable."

### **Care is becoming more affordable**

**More than 2 million seniors saved more than \$1.2 billion on prescription drugs—an average of \$550 per person—in 2011.** The Affordable Care Act is working to fulfill its promise of closing the Medicare Part D prescription drug coverage gap, also known as the "donut hole." Thanks to the Affordable Care Act, seniors and persons with disabilities receive a discount on covered brand-name

prescription drugs if they're in the donut hole. The discount will increase over time until the gap is closed in 2020.

**Seniors enrolled in Medicare Advantage plans saw their monthly premiums decrease 14 percent from 2010 to 2011.** This drop reflects the Affordable Care Act's commitment to giving seniors choices for quality, affordable care.

**More than 22.6 million seniors and people with disabilities accessed no-cost-sharing preventive services in 2011 alone.** The Affordable Care Act makes preventive care affordable and accessible by eliminating cost sharing and requiring new health plans to cover preventive services such as important health screenings and immunizations.

**Millions of women are taking advantage of no-cost-sharing preventive health services in 2011, and they will be able to access more comprehensive women's preventive care beginning August 2012.** The Affordable Care Act ensures that important preventive services, including mammograms and cervical cancer screenings, are provided free of cost to women.

**Through joint efforts by the Department of Health and Human Services and the Department of Justice, nearly \$3 billion in fraudulent claims was halted in 2011 alone.** These efforts ensure public funds are used appropriately, and strengthen programs like Medicare and Medicaid.

#### **The quality of health care is improving**

**\$1.75 billion in government funding will expand the primary care workforce by 16,000 providers over the next five years.** This boost in funding will increase access to preventive care, lower health care costs, and increase the quality of care for millions of patients. Early investments are already paying off: The National Health Services Corps, which provides primary care in underserved communities, nearly tripled in the last three years.

**Thirty-two leading health care organizations across the country are participating in an initiative to provide better, more coordinated care to Medicare patients, with potential savings of \$1.1 billion.** The Pioneer Accountable Care Organizations initiative rewards care providers for improving the health of Medicare patients and lowering costs through coordination.

**Preventable hospital-acquired conditions and preventable readmissions will be reduced by 40 percent and 20 percent, respectively, by 2013 through the "Partnership for Patients: Better Care, Lower Costs" public-private initiative.** The Partnership for Patients brings together leaders of major hospitals, employers, physicians, nurses, and patient advocates along with state and federal governments in a shared effort to make hospital care safer, more reliable, and less costly.

**Ten thousand Medicare patients with chronic conditions will have access to home care services at lower costs under the Independence at Home Demonstration.** Under the program, certain Medicare patients will be able to receive home care services (home instead of in a doctor's office) at lower costs.

**The bottom line:** Benefits to health care consumers of all ages are evident and will continue to grow. [http://www.americanprogress.org/issues/2012/01/aca\\_success.html](http://www.americanprogress.org/issues/2012/01/aca_success.html)

## PCA Employment Agencies

If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).

Fifth Avenue Committee  
Aaron Shiffman  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

Northern Manhattan Improvement Corp  
Alba Silva  
76 Wadsworth Ave, New York, NY 10033  
[albasilva@nimic.org](mailto:albasilva@nimic.org)  
212-822-8300

Queens Community House  
Ana Lopez-Betancourt  
108-25 62nd Drive, Forest Hills, NY 11375  
[abetancourt@queenscommunityhouse.org](mailto:abetancourt@queenscommunityhouse.org)  
718-898-7461 x 19

YWCA of NYC  
Anne Alfred  
50 Broadway, New York, NY 10004  
[aalfred@ywcanyc.org](mailto:aalfred@ywcanyc.org)  
718-723-6170

Center For Family Life Employment  
Denise Serrato  
443 39th St, Brooklyn, New York 11232  
[dserrato@cflsp.org](mailto:dserrato@cflsp.org)  
718-633-4823

Eugenio María de Hostos Community College  
Greg Ventura  
500 Grand Concourse, Bronx, New York 10451  
[gventura@hostos.cuny.edu](mailto:gventura@hostos.cuny.edu)  
(718) 518-4444

El Barrio's Operation Fight  
Gustavo Rosado  
413 E 120th St # 403 New York, NY 10035-3602  
[ebobf413@aol.com](mailto:ebobf413@aol.com)  
212-410-7900

Bronxwork Inc Kedon Wilson  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

Brooklyn Bureau of Community Service  
Leslie Klein  
285 Schermerhorn St, Brooklyn, NY 11217  
[lklein@bbcs.org](mailto:lklein@bbcs.org)  
718-310-5600

Our Planet Management Institute  
Lisa Ying  
116 John Street, #200, New York, NY 10038  
[lisa@opmi.org](mailto:lisa@opmi.org)  
212-269-4000

Kingsborough Community College  
Marisa Joseph  
2001 Oriental Blvd, Brooklyn, NY 11235  
[marisa.joseph@kbcc.cuny.edu](mailto:marisa.joseph@kbcc.cuny.edu)  
718-368-5563

Mercy Center  
Mary Ellen Gianino  
377 East 145th Street, Bronx NY 10454-1006  
[meg@mercycenterbronx.org](mailto:meg@mercycenterbronx.org)  
(718) 993-2789

New York City College of Technology  
NYC Technical College Placement Office  
300 Jay St, Brooklyn, NY 11201  
[employmentsvc@citytech.cuny.edu](mailto:employmentsvc@citytech.cuny.edu)  
(718) 260-5050

Blessed Healthcare Staffing Agency  
Tisha Thomas  
1 Belvedere Ave, Suite A, Farmingdale, NY 11735  
[tithomas@bhcsa.com](mailto:tithomas@bhcsa.com)  
(631) 390-8646

Konedu Home Care, LLC  
Carie Jones Smith  
140 Captain Thomas Blvd  
West Haven, CT 06516  
[helpingfamilies@koneduhomecare.com](mailto:helpingfamilies@koneduhomecare.com)  
Phone: [800 418-3299](tel:8004183299)  
Fax: [888 281-6525](tel:8882816525)  
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