



540 Main Street, B1314  
Roosevelt Island, NY 10044  
718.233-3312  
Fax: 718.233.3312  
[www.consumerdirectedservices.com](http://www.consumerdirectedservices.com)

Week Starting – January 15, 2016

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(2PCAs & 1Article)

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**Previous Edition - Week Starting – January 08, 2016**

Published 01/10/2016 - 12:29PM  
(1Consumers, 1PCA & 1Article)

Updated 01/13/2016 - 9:26AM (4Consumers & 2PCA's)

On September 16, 2013 the New York State Department of State accepted the Certificate of Incorporation submitted by **Consumer Directed Services, Inc.** under section 404 of the Not-for-Profit Law. A certificate that included the following statement:

*To insure that the corporation remains focused on the empowerment of the people being served, as the service population grows, the corporation will expand the Board of Director Membership to insure that a majority of its seats are held by people with disabilities.*

On November 12, 2015 the United States Internal Revenue Service determined that Consumer Directed Services, Inc. is exempt from Federal Income Tax under Internal Revenue Code **Section 501 (c) (3)**.

To assist Consumers with the problem of finding new Personal Care Assistants, [Consumer Directed Services, Inc.](#) created a FREE Employment Information Bridge between Consumers and Personal Care Assistant (PCA) Candidates.

### **Consumers / Advocates**

To search for a PCA Candidate complete the form at the following link [Consumer / Advocate - Search for a PCA Candidate](#). When your information is received it will be enrolled in the email database, and posted on the website for a month, distributed to all of the members of the Consumer Directed Services database (Consumers, PCA Candidates,

and a variety of other Employment Resources), and published in the Consumer Directed Services Newsletter for a month.

To just add your information to the Consumer Directed Services database, a Consumer or Advocate need only send me an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com) and include your name and the text **Newsletter Request**. When your information is received it will be enrolled in the email database and you will begin receiving future issues of the Consumer Directed Services Newsletter and other emails related to the program's goal.

### **Personal Care Assistant (PCA) Candidates**

To include your information in the Newsletter and email database, complete the form at the following link: [Look for a PCA Job \(FREE\) - New York City Metro](#). When your information is received, your information will be published in the Newsletter for a month, and you will begin receiving future issues of the Consumer Directed Services Newsletter and other emails related to the program's goal.

Also, to access our list of Currently Available Jobs, please use the following link: [JOBS](#)

Previously distributed Newsletters (**from January 12, 2011 to present**) have been archived on the [Consumer Directed Services](#) home page. Finally, if you have any questions, comments, or recommendations about this service, or should you wish to remove your address from this list, please contact send an email to [elitcher@consumerdirectedservices.com](mailto:elitcher@consumerdirectedservices.com).

Best Regards, Ed Litcher

## **Consumers Searching**

***Consumers Wanted:** For an Employment Information Bridge to work it requires traffic to flow in both directions. If you are in a Consumer Directed Personal Assistance Program, you will eventually need to find a new Home Care Worker. And up to now you may have relied upon Friends, Family, an Agency or you may have chosen to put your own advertisement on the Internet (See the list of Internet resources on the PCA Employment Agency page of this newsletter). Therefore, to help you find the PCA Candidate of your choice, I urge you, to do everything you ordinarily do, to consider an Internet resource and to try*

*[www.ConsumerDirectedServices.com](http://www.ConsumerDirectedServices.com).*

*Finally, if you try Consumer Directed Services, please spread the word. Tell your friends and associates about this **FREE** service.*

**Mary A () on Wednesday, January 20, 2016 at 12:53:00**

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Neighborhood Name: Mattituck, NY  
City, Town or Borough: Eastern Suffolk County  
Available Transportation: Auto,, Other Transportation,  
Description of Other Transportation: Must have car  
Phone: 631-680-6088  
Best Time: Evening  
E-mail: [northforkmom@gmail.com](mailto:northforkmom@gmail.com)  
Email Authorization: Yes  
Consumer Age: Between 31 and 50  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Domestic / Homemaking  
Candidate Experience: Other Equipment,, Languages  
Description of Languages: English only  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 5  
Days: 7  
Start Time: 9am  
Description of Schedule: Must be flexible depending on my schedule  
Pay Per Hour: \$13-\$14

Comments: Looking for 2 p/t assistants to help me (50 year old female) with housekeeping, cooking, shopping, errands, Doctor appointments. I have 1 cat. Must have car & be able to run errands or take me to Doctor appointments or shopping. Need help bringing groceries into house & putting them away. I use a cane or walker. Also need help with taking out garbage, snow removal or other outside chores. Would be great if you help me care for my cat & take her to vet when needed. Payment is by check from RECCO Home Services/Medicaid. Salary Medicaid pays is between \$13-\$14 per hour. Must speak English & be legally able to drive & work in NY. Please send resume, references & link to your Facebook profile by email to: [northforkmom@gmail.com](mailto:northforkmom@gmail.com)

**TRACI BROOKE KLEIN () on Wednesday, January 20, 2016 at 08:31:17**

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Neighborhood Name: AMITYVILLE  
City, Town or Borough: SUFFOLK COUNTY, NY  
Available Transportation: Bus,, Train,, Auto,, Other Transportation,  
Description of Other Transportation: LIRR

Phone: 516-523-1162

Best Time: After 7pm

E-mail: [trcklein@yahoo.com](mailto:trcklein@yahoo.com)

Email Authorization: Yes

Consumer Age: Between 31 and 50

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Young Adults,, Wheelchairs,, Lifters,, Languages

Description of Languages: English

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 8

Days: 5

Start Time: Flexible

Description of Schedule: 6am-2pm, 2pm-10pm, 10pm-6am

Pay Per Hour: 13.58

Comments: I am looking for someone experienced working with a person who has cerebral palsy. Candidate must be reliable, strong and willing to do some housework and minimal cooking. Also must have a clean Drivers License. The agency is RECCO.

**Caren Potoker () on Tuesday, January 19, 2016 at 18:33:01**

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Neighborhood Name: Midwood, Brooklyn

Available Transportation: Bus,, Train,

E-mail: [caren.potoker@gmail.com](mailto:caren.potoker@gmail.com)

Email Authorization: Yes

Consumer Age: Between 51 and 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 5 or 6

Days: 7

Start Time: N/A

Description of Schedule: Late afternoons to evening; 3:30 to 8:30 PM

Comments: Brooklyn resident who is older and looking for part time work. Dependable and reliable. This job needs to be filled ASAP. Female only. Benefits and paid time off. Reply with your NAME and Telephone number in your email.

**Mary () on Tuesday, January 19, 2016 at 17:29:42**

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Neighborhood Name: Pelham Bay

City, Town or Borough: Bronx

Available Transportation: Subway,

Phone: (929)-226-2273

E-mail: [pelhambaycaregiver@gmail.com](mailto:pelhambaycaregiver@gmail.com)

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: Vegetarian Trinidadian Diet

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12 hrs

Days: 2

Start Time: 8 am

Description of Schedule: 8 am - 7 pm Saturdays and Sundays

Pay Per Hour: 11

Pay Per Day: 110

Comments: We are seeking an experienced female companion/caregiver to help care for our grandma, an elderly lady, 83 years old with mild Alzheimer in her home. Our grandma is a kindhearted Indian woman from Trinidad with a keen sense of humor. She suffered from throat cancer a few years ago that affected her ability to eat so we are looking for someone who would be able to cook Indian Trinidadian meals for her such as Dhal, Roti, and Curry. She also suffered from a stroke 6 years ago that affected her balance and speech so it is important that the caregiver be able to understand a Trinidadian accent. Please do not apply for the position unless you meet these criteria.

**Chris () on Sunday, January 17, 2016 at 17:35:45**

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Neighborhood Name: Crown Heights

City, Town or Borough: Brooklyn, Kings

Phone: 678-906-8114

Best Time: 12PM-6PM

E-mail: [coiforslm@gmail.com](mailto:coiforslm@gmail.com)

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Lifters,, Other Equipment,

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 8P-8A

Days: 3

Pay Per Hour: 10.00

Comments: The PA candidate needs to have experience in caring for Senior patients. Must be very experienced and comfortable with caring for Bed Bound patients in a compassionate and respectful manner. Patient is fed by tube (experience desired but not mandatory as we will train). Must be able to speak and write English fluently.

**John () on Friday, January 15, 2016 at 14:02:45**

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Neighborhood Name: Astoria/LIC

City, Town or Borough: Queens

Available Transportation: Subway,, Bus,

E-mail: [info@pa4john.com](mailto:info@pa4john.com)

Email Authorization: Yes

Consumer Age: Between 31 and 50

Consumer Gender: Male

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Paraplegia,, Quadriplegia,, Wheelchairs,, Lifters,, Other Equipment,,  
Languages

Description of Languages: English

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12

Days: 7

Start Time: 8:00 am

Description of Schedule: 4-40 hours per week with several shifts available

Pay Per Hour: 10

Comments: Visit the site for more information and job application:

[www.pa4john.com](http://www.pa4john.com)

**Leigh Wharton () on Friday, January 15, 2016 at 13:01:00**

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Neighborhood Name: Riverdale  
City, Town or Borough: Bronx  
Available Transportation: Subway,, Bus,  
Phone: 718 601 4714  
Best Time: 4pm  
E-mail: [nancy3@gmail.com](mailto:nancy3@gmail.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Male  
Payroll Method: Self Pay  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Seniors,  
Preferred Candidate Gender: Male  
Hours: 2  
Days: 3  
Start Time: 6:00  
Pay Per Hour: 10:00

Comments: I need someone to sit in the house who in case of a fire would assist me in bringing my husband down 13 stairs He weighs 140 pounds.

**Ms Stern () on Friday, January 13, 2016 at 09:05:28**

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Neighborhood Name: Roosevelt Island  
City, Town or Borough: Manhattan  
Nearest - Bus Stop, Subway Station and Line or Train Station: Subway - F (Roosevelt Island Station)  
Phone: 212-758-9909 or 212-758-1274  
Best Time: 4pm - 8pm  
E-mail: [sstern1008@aol.com](mailto:sstern1008@aol.com)  
Email Authorization: Yes  
Consumer Age: Between 51 and 70  
Consumer Gender: Female  
Payroll Method: Agency - Concepts  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Ventilators,, Wheelchairs,, Lifters,, Languages  
Description of Languages: English  
Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12

Days: 5

Start Time: 8 am/pm

Description of Schedule: Two 12hr shifts per day,

Pay Per Hour: 10

Comments: I am a ventilator dependent quadriplegic – who has been disabled and living independently many years. I am searching for a reliable PCA to work - 12 hours per day - 4 or 5 days per week during the day or night shift. I need a PCA who respects the commitments they make, a PCA who truly understands the importance of their work (to my life and my ability to live independently), a PCA who takes pride in a job well done and a PCA who will not shy away from a complex employment opportunity.

**Jimmy () on Monday, January 11, 2016 at 10:54:31**

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City, Town or Borough: Bayshore

Available Transportation: Auto,

Phone: 631 647 0596

Best Time: anytime

E-mail: [jet6477@gmail.com](mailto:jet6477@gmail.com)

Email Authorization: Yes

Consumer Age: Between 31 and 50

Consumer Gender: Male

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Wheelchairs,

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,

Hours: 10

Days: 1

Start Time: 10am

Description of Schedule: looking for Sunday coverage

Pay Per Hour: 13.12

Comments: no experience required or licenses. Driver license is a must. Friday evenings needed as well.

**Angela () on Sunday, January 10, 2016 at 22:49:02**

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City, Town or Borough: NYC, Manhattan



Available Transportation: Subway,, Bus,, Train,

E-mail: [Tango4712@aol.com](mailto:Tango4712@aol.com)

Email Authorization: Yes

Consumer Age: Between 51 and 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Wheelchairs,, Languages

Description of Languages: Spanish - English - Italian

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12

Description of Schedule: 12 hour shift - day or nights -

**Client () on Saturday, January 9, 2016 at 14:12:13**

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Available Transportation: Train,

Phone: 631-889-0722

Best Time: Any \text

E-mail: [Keithrebecca88@yahoo.com](mailto:Keithrebecca88@yahoo.com)

Email Authorization: Yes

Consumer Age: Between 31 and 50

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Seniors,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: Diabetic

Description of Languages: English

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,

Description of Schedule: To Be Determined

Pay Per Hour: \$13

**Kathy Candy () on Thursday, December 31, 2015 at 16:04:07**

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Neighborhood Name: Water- Mill, South Hampton

Available Transportation: Auto,

Phone: 631-726-5903 AM

Best Time: AM

Consumer Age: Between 51 and 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Wheelchairs,, Languages  
Description of Languages: English  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 9-2pm  
Days: 5  
Start Time: 9am  
Comments: pay to be discussed, flexible on times & hrs. Must be responsible, professional, caring and have recommendations. Would prefer a sense of humor!

**Lynne () on Tuesday, December 29, 2015 at 15:43:16**

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City, Town or Borough: Woodbury, New York  
Phone: 516-242-6060  
Best Time: anytime  
E-mail: [lynieb1122@gmail.com](mailto:lynieb1122@gmail.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Description of Other Type of Candidates:  
Candidate Experience: Seniors,, Wheelchairs,, Languages  
Description of Special Diets: Parkinson's  
Description of Languages: English speaking only  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,  
Description of Schedule: Per-diem, live-in fill in for vacations and emergencies  
Pay Per Day: \$156  
Comments: Job could develop into permanent position. Presently fill in for emergencies and vacation coverage. Care needed for 92 years old Parkinson's patient feeding, dressing, cooking, showering & daily living. Please call Lynne 516-242-6060, Must be US Citizen!

**Louis in Port Washington () on Saturday, December 26, 2015 at 15:32:48**

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Neighborhood Name: Port Washington Long Island  
Available Transportation: Train,, Auto,  
Phone: 917 576-6100  
Best Time: mornings  
E-mail: [fabatemarco@gmail.com](mailto:fabatemarco@gmail.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Male  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Mental Impairments / Alzheimer's Disease,  
Description of Languages: English  
Description of Schedule: Flexible; 4, 8 or 12 hour shifts; days, nights, weekends

**Marge Casella () on Saturday, December 26, 2015 at 10:56:14**

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City, Town or Borough: Syosset  
Available Transportation: Train,, Other Transportation,  
Description of Other Transportation: Long Island Railroad  
Phone: 516-496-3135  
Best Time: anytime  
E-mail: [bcasella716@yahoo.com](mailto:bcasella716@yahoo.com)  
Email Authorization: Yes  
Consumer Age: Older than 70  
Consumer Gender: Female  
Payroll Method: Agency  
Type of Candidates: Personal Care / Home Health  
Candidate Experience: Seniors,, Wheelchairs,, Special Diets,  
Description of Special Diets: low salt, fluid restriction  
Preferred Candidate Gender: Female  
Required Documentation: Social Security Number,, Proof of Identity,, Recommendations  
Hours: 10  
Days: 3  
Start Time: 9:00am  
Description of Schedule: Friday, Saturday and Sunday  
Pay Per Hour: 12.00  
Comments: We are registered with Recco agency in Massapequa, NY. We  
have a small dog that will need attention as well.

**Ginny () on Monday, December 21, 2015 at 19:32:09**

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Neighborhood Name: Amityville (Town of Babylon, Suffolk County, NY

Available Transportation: Bus,, Train,, Auto,

Phone: 631-747-4310

Best Time: 11am-9pm

E-mail: [vmwilmer@gmail.com](mailto:vmwilmer@gmail.com)

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Male

Payroll Method: Agency

Type of Candidates: Personal Care / Home Health

Candidate Experience: Seniors,, Wheelchairs,, Lifters,, Languages

Description of Languages: English

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 13

Days: 3/4

Start Time: 10:00 am

Description of Schedule: 13 hours paid (9am-10pm/overnight approved; 3 days or 4 days

Pay Per Hour: \$13.12

Comments: Parkinson's Ds; poor mobility, mild dementia, supra pubic catheter; needs help with transfers 190lbs/5'10". Need strong person who knows how to transfer.

**Thomas Lauria () on Monday, December 21, 2015 at 17:46:03**

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Neighborhood Name: Southgate

City, Town or Borough: Massapequa Park , NY 11762

Available Transportation: Train,, Auto,

Phone: 516-319-9338

Best Time: Anytime

E-mail: [Donnalaurial@optonline.net](mailto:Donnalaurial@optonline.net)

Email Authorization: Yes

Consumer Age: Younger than 21

Consumer Gender: Male

Payroll Method: Agency

Candidate Experience: Children,, Teens,

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Days: 2

Start Time: 4/4:30

Description of Schedule: Thursday's 4/4:30 and another day during week if you want

Pay Per Hour: 12.50

Comments: My son is 13 and has autism he is independent toilet trained, happy and talks well behaved no tantrums.

**Name: Mr. & Mrs. Ruiz () on Wednesday, December 16, 2015 at 21:02:27**

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Neighborhood Name: Port Richmond

City, Town or Borough: Staten Island

Available Transportation: Bus,, Auto,, Other Transportation,

Description of Other Transportation: Ferry

Phone: 718 981 3864

Best Time: 8am to 9pm

E-mail: [uduruiz5@gmail.com](mailto:uduruiz5@gmail.com)

Consumer Age: Between 31 and 50

Consumer Gender: Male

Payroll Method: Agency

Type of Candidates: Other Employees

Description of Other Type of Candidates: PERSONAL ASSISTANCE

Candidate Experience: Young Adults,, Wheelchairs,, Languages

Description of Special Diets: puree diet

Description of Languages: English and Spanish

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 12

Days: 3

Start Time: 8:0AM

Description of Schedule: Tuesday through Friday

Pay Per Hour: 1 0.00

Comments: We have two 12 hours shift available a four night shift, 12 hours per night. and a three days shift, 12 hours per day. the day shift begins at 8:00 AM to 8:PM. The night shift are from 8:PM to 8:00 AM. We need responsible, mature and punctual person to care for an adult male living with parents, who is in need of total care. The person must be physically able to stay alert and awake. Prefer mature female, 30 to 55 years of age with experience, but will trained. Does not need to be certified must have a valid Social Security card. (\* must have references).

**THIS JOB IS THROUGH CONCEPT OF INDEPENDENSE) WE WILL REGISTER THE PERSON. MUST PASS A PHYSICAL EXAM.**

**JT () on Tuesday, December 15, 2015 at 13:11:06**

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Neighborhood Name: Williamsburg

City, Town or Borough: Brooklyn, NY

Available Transportation: Subway,, Bus,, Train,

Phone: 718 757 7084

Best Time: AM or PM

E-mail: [joannetaveras@gmail.com](mailto:joannetaveras@gmail.com)

Email Authorization: Yes

Consumer Age: Older than 70

Consumer Gender: Female

Payroll Method: Agency

Type of Candidates: Domestic / Homemaking

Candidate Experience: Seniors,

Preferred Candidate Gender: Female

Required Documentation: Social Security Number,, Proof of Identity,, Recommendations

Hours: 8

Days: 2

Comments: I need someone who speaks Spanish since the consumer only speaks Spanish.

## **PCA Candidates**

*Consumer Directed Services is not an Agency and makes no representation (positive or negative) regarding the appropriateness of any PCA Candidate, or the terms and conditions of any employment relationship. All employment and payment decisions are the exclusive responsibility of the Consumer.*

### **Dear Personal Care Assistant Candidate,**

*I would like to thank you for your participation in Consumer Directed Services. If you submitted your **more than one year ago**, please complete and submit a new [Personal Assistant Enrollment Form](#). When the updated information is received, your new profile will be added to the next newsletter. Again thank you for your participation.*

**Janine Furline () on Tuesday, January 19, 2016 at 17:40:30**

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Address: 172 Lincoln avenue Roosevelt NY. 11575

Phone: 5164992762

Best Time: 10am

E-mail: [Janine35@msn.com](mailto:Janine35@msn.com)

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 5 years

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concepts of independence inc

Experience: Seniors,, Quadriplegia,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Special Diets,, Languages

Description of Special Diets: High Protein

Description of Languages: English

Documentation Available: Social Security Number,

Certificate/License: Personal Care,, Driver's License,

Hours per Week: 40

Days per Week: 4

Preferred Start Time: 8am

Days I Would Like to Work: M T W Th F S

I am willing to work a 24 Hour Sleep-In schedule: Yes did it 4 1/2 years

Target Salary Per Hour: 15.00

Target Salary Per Day: 169.00

**Lindy Jones () on Tuesday, January 19, 2016 at 14:00:39**

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Address: 1215 East 55th Street Floor 1 Brooklyn, NY 11234

Phone: (347) 596-4116

Best Time: 8am-9pm

E-mail: [lindypjones@gmail.com](mailto:lindypjones@gmail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 3

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concepts of Independence

Experience: Children,, Teens,, Young Adults,, Paraplegia,, Quadriplegia,, Wheelchairs,,

Lifters,, Visual / Auditory Impairments,, Languages

Description of Languages: English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Driver's License,

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 9am

Days I Would Like to Work: M-F

I am willing to work a 24 Hour Sleep-In schedule: NO

Target Salary Per Hour: \$13.00

Comments: I have worked with young adults in the past. One young lady had cerebral palsy and required full assistance in her daily routine. The other young lady suffered from bacterial meningitis which left her with several disabilities.

**Gayle Dorsky () Mon, Jan 18, 2016 at 2:59 PM**

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Queens, NY

[sweety3222@aol.com](mailto:sweety3222@aol.com)

516 850 1739



**Shaquhna Cotton () on Thursday, January 14, 2016 at 12:40:17**

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Address: 244 Second St.  
Phone: 518-621-7024  
Best Time: anytime

**Rashida Delmas () on Wednesday, January 13, 2016 at 13:17:43**

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Address: 27 Crooke Avenue  
Phone: 718-496-1110  
Best Time: 9pm  
E-mail: [Shidarida24@gmail.com](mailto:Shidarida24@gmail.com)  
Email Authorization: Yes  
Gender: Female  
Type of Position: Personal Care / Home Health  
Worked with a CDPAP Consumer/Surrogate: Yes  
Consumer/Surrogate References Available: Yes  
Experience: Seniors,, Amputation,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,  
Documentation Available: Proof of Identity,  
Certificate/License: Personal Care,, Home Health Aid,, Driver's License,  
Hours per Week: 30  
Days per Week: 3  
Preferred Start Time: 8am  
Days I Would Like to Work: Thursday & Friday

**Latisha () on Monday, January 11, 2016 at 13:21:22**

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Address: Riverhead, NY  
Phone: (631)346-5045  
Best Time: AM  
E-mail: [imdiego30@yahoo.com](mailto:imdiego30@yahoo.com)  
Email Authorization: Yes  
Gender: Female  
Type of Position: Domestic / Homemaking  
Worked with a CDPAP Consumer/Surrogate: Yes  
Consumer/Surrogate References Available: Yes  
Years Employed with a Consumer/Surrogate: 3  
Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Recco

Experience: Young Adults,, Quadriplegia,, Hemiplegia,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Driver's License,

Description of Other Certificate/License: Experience as a Certified Nurses' Aide

Hours per Week: 40

Days per Week: 4

Preferred Start Time: 8am

I am willing to work a 24 Hour Sleep-In schedule: NO

Target Salary Per Hour: TBD

Comments: I am a PCA with long term care experience. I have prior experience as a CNA in a long term care facility. I am not afraid of hard work. I am reliable and professional at all times. I provide your family member with the love and care I provide my own.

**Suzanne Davis () on Sunday, January 10, 2016 at 13:14:35**

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Address: 880 Theiriote Ave, Bronx NY 10473

Phone: 9178645334

Best Time: 9178645334

E-mail: [suzannedavis75@yahoo.com](mailto:suzannedavis75@yahoo.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Years Employed with a Consumer/Surrogate: 2yrs to present

Enrolled with a CDPAP: Yes

CDPAP Agency Name(s): Concepts of independence

Experience: Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Amputation,, Wheelchairs,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,

Description of Special Diets: Puree food

Description of Languages: English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Home Health Aid,

Description of Other Certificate/License: CNA

Hours per Week: 30

Days per Week: 5

Preferred Start Time: 7pm

I am willing to work a 24 Hour Sleep-In schedule: no  
Target Salary Per Hour: 10.30

**Sheree Hamblin () Fri, Jan 8, 2016 at 11:58 PM**

---

Home health aide  
New York, NY  
[hamblin.sheree@yahoo.com](mailto:hamblin.sheree@yahoo.com)  
(646)309-4104

**Lynette Wahid () on Friday, January 1, 2016 at 15:52:49**

---

Address: 11953-130th Street South Ozone park Queens NY 11420  
Phone: 516-830-8033  
Best Time: 10 am  
E-mail: [LynetteWahid1@gmail.com](mailto:LynetteWahid1@gmail.com)  
Email Authorization: Yes  
Gender: Female  
Type of Position: Personal Care / Home Health  
Worked with a CDPAP Consumer/Surrogate: No  
Enrolled with a CDPAP: No  
Experience: Seniors,, Quadriplegia,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,, Visual / Auditory Impairments,, Special Diets,  
Description of Special Diets: Diabetic diet  
Documentation Available: Social Security Number,, Proof of Identity,, Recommendations  
Certificate/License: Home Health Aid,  
Hours per Week: 48  
Days per Week: 4  
Preferred Start Time: 8am  
Days I Would Like to Work: Monday - Thursday  
I am willing to work a 24 Hour Sleep-In schedule: No  
Target Salary Per Hour: 12

**Iris Silva () on Friday, January 1, 2016 at 13:56:51**

---

Address: 966 Manor Road  
Phone: 347 666 3827  
E-mail: [iriss722@gmail.com](mailto:iriss722@gmail.com)

Email Authorization: Yes  
Gender: Female  
Type of Position: Personal Care / Home Health  
Worked with a CDPAP Consumer/Surrogate: No  
Enrolled with a CDPAP: Yes  
Experience: Children,, Languages  
Description of Languages: English  
Documentation Available: Social Security Number,, Proof of Identity,  
Certificate/License: Personal Care,  
Preferred Start Time: 12 hours  
Target Salary Per Hour: 10 hours

**Jennifer Diaz () Thu, Dec 31, 2015 at 10:31 AM**

---

Bronx, NY

[jenniferleediaz@gmail.com](mailto:jenniferleediaz@gmail.com)

347 577 3533

**WORK EXPERIENCE**

PCA Personal Care Assistant

Concepts of Independence - 2012 to Present

**Naomi Thompson () Wed, Dec 30, 2015 at 12:56 PM**

---

Kew Gardens, NY

[naomithompson29@gmail.com](mailto:naomithompson29@gmail.com)

347 779 5838

**Lucitania Stephens () on Sunday, December 27, 2015 at 02:07:05**

---

Address: 974 Anderson Ave. Apt # 1-R. Bronx, NEW York. 10452

Phone: (347)961-9124

Best Time: 8am

E-mail: [luci101378@gmail.com](mailto:luci101378@gmail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Other Type of Position

Description of Other Type of Position: Domestic & Personal Care

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Enrolled with a CDPAP: No

Experience: Children,, Teens,, Young Adults,, Seniors,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Wheelchairs,, Languages

Description of Languages: English & Spanish

Documentation Available: Social Security Number,, Proof of Identity,

Certificate/License: Other,

Description of Other Certificate/License: Certified Nurse Aide13'-15'

Hours per Week: 40

Days per Week: 5

Preferred Start Time: 9:00am

Days I Would Like to Work: Monday, Tuesday, Wednesday, Thursday & Friday

I am willing to work a 24 Hour Sleep-In schedule: No thanks

Target Salary Per Hour: \$12.00

Comments: Greetings, I have unique organization & prioritization skills. I am Multi Tasking without a mess. I take pride of my work and I satisfy my employer for my devotion to work. I'm self-Motivated and a self-starter. I can manage and do so much work in a time frame. I love helping and accommodating others with their needs. I give respect and discretion because to me everyone life does matter to me. I'm about commitments and satisfying the consumer.

Thanks for your time,

**GNAHORE HENRIETTE TAKOUO () on Thursday, December 24, 2015 at 15:57:58**

-----  
Address: 1398 grand concourse #5D Bronx NY 10456

Phone: (1)3474713530

Best Time: DAY

Gender: Female

Description of Other Type of Position: HOME HEALTH AIDE

Worked with a CDPAP Consumer/Surrogate: No

Consumer/Surrogate References Available: No

Enrolled with a CDPAP: No

Experience: Young Adults,, Seniors,, Wheelchairs,, Lifters,, Mental Impairments / Alzheimer's Disease,

Description of Languages: French

Description of Other: M

Certificate/License: Home Health Aid,

Hours per Week: 48 h

Days per Week: 5

Preferred Start Time: 8Am

Days I Would Like to Work: Monday to Friday

I am willing to work a 24 Hour Sleep-In schedule: Yes

Target Salary Per Hour: \$20:00

Target Salary Per Day: \$150:00

Comments: I am Gnahre Takouo and I am certified home health aide for 10 years. I like this job because I like to help people and I saw so many people's need help, like seniors elderly young adult and some paralytic

**Maryum Siddiqy () on Tuesday, December 22, 2015 at 20:54:43**

-----  
E-mail: [msiddiqy@gmail.com](mailto:msiddiqy@gmail.com)

Gender: Female

Type of Position: Domestic / Homemaking

Worked with a CDPAP Consumer/Surrogate: No

Experience: Children,, Young Adults,, Languages

Description of Languages: Urdu Punjabi Hindi English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Comments: Maryum A. Siddiqy

1(347)7746167

[msiddiqy@yahoo.com](mailto:msiddiqy@yahoo.com)

Objective

To offer a blend of all my abilities and services that I may be able to offer. I am willing to learn and teach.

Experience

Briarwood Day Care Center (&#8203;20042005) Worked as Assistant Teacher

Grace Beauty School (2014) worked as Cosmetology Teacher

Life Skills Pre-School (2015) Worked as Teacher Aid

Education

2007 Empire Beauty School

Fall 2005 Early Childhood in Briarwood Day care Center

Fall 1995 Undergraduate at Queens Borough Community College & Fashion Institute of Technology

1992 High School Diploma, From Flushing High School

Licensing & Certificates

DASA Training

Care Courses Infant Safety, Great Beginnings & Caring for Children in Your Home.

Child Abuse Workshops (Online & In Campus)

Red Cross Infant & Toddler CPR & First Aid Certified

NYS Cosmetology Teaching Permit

NYS Drivers License

Certificate Of Achievement Awarded Creative Hair Design

Empire Beauty School Hairdressing and Cosmetology 1000 hours course

NYS Cosmetology License

Language Skills

Can speak, read, write, and understand English, Urdu, Hindi, and Punjabi very well.

References

Available Upon Request

To whomever this may concern, My name is Maryum Siddiqy. I have a full experience and training in the field of cosmetology. I have also attended FIT (Fashion Institute of Technology).

I would like you to review my resume and I will be waiting for a response. (347)7746167

Msiddiqy@[yahoo.com](mailto:Msiddiqy@yahoo.com)

Sincerely,

Maryum Siddiqy

**Santjuan Young () Mon, Dec 21, 2015 at 5:06 AM**

---

Organized, Resourceful

Bronx, NY

[santjuan95@gmail.com](mailto:santjuan95@gmail.com)

347-317-3640

**Nasshon Thompson () on Saturday, December 19, 2015 at 22:29:58**

---

Address: 135-19 95th Street, Ozone Park NY 12517

Phone: 516-943-8365

Best Time: Any time

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: No

Experience: Teens,, Seniors,, Paraplegia,, Quadriplegia,, Hemiplegia,, Amputation,, Ventilators,, Wheelchairs,, Lifters,, Other Equipment,, Mental Impairments / Alzheimer's Disease,, Languages

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Personal Care,, Home Health Aid,, Driver's License,, Other,

Hours per Week: 25up

Days per Week: M-f

Preferred Start Time: Am

Days I Would Like to Work: Monday through Friday

I am willing to work a 24 Hour Sleep-In schedule: No

Target Salary Per Hour: 20\$

Target Salary Per Day: 120

Target Salary Per Week: 750

Comments: Hi my name is Nasshon Thompson. I am a CNA/HHA and a caregiver with over 15 years experience in the different geriatric and disabilities ,have a car and a clean driving record with excellent references please feel free to contact me at the above address and phone number. Thank You

**Jessica Bethea () Sat, Dec 19, 2015 at 12:06 PM**

---

Jamaica, NY

[jessicabethea82@yahoo.com](mailto:jessicabethea82@yahoo.com)

718 902 4165

**Kamesha Earth () Thu, Dec 17, 2015 at 6:25 PM**

---

Sales Fulfillment Associate

Staten Island, NY

[kameshaearth5+ewd@indeedemail.com](mailto:kameshaearth5+ewd@indeedemail.com)

917-488-2621

**Lisa Miles () Wed, Dec 16, 2015 at 2:09 PM**

---

Cashier

Brooklyn, NY

[lisamiles9@gmail.com](mailto:lisamiles9@gmail.com)

(929)293-6970

**Eulalee Springer () on Tuesday, December 15, 2015 at 08:41:42**

---

Phone: 347 524 0950

E-mail: [mkangel@ymail.com](mailto:mkangel@ymail.com)

Email Authorization: Yes

Gender: Female

Type of Position: Personal Care / Home Health

Worked with a CDPAP Consumer/Surrogate: Yes

Consumer/Surrogate References Available: Yes

Enrolled with a CDPAP: No



Experience: Seniors,, Wheelchairs,, Special Diets,

Description of Languages: English

Documentation Available: Social Security Number,, Proof of Identity,, Recommendations

Certificate/License: Home Health Aid,

Hours per Week: 30hr

Preferred Start Time: am

Days I Would Like to Work: week days

I am willing to work a 24 Hour Sleep-In schedule: No

Target Salary Per Hour: 15 per hr.

**Danisha Lewis-Morgan () Tue, Dec 15, 2015 at 8:27 AM**

-----  
Brooklyn, NY

[trinishaa@yahoo.com](mailto:trinishaa@yahoo.com)

347 737 5341

## **Articles Related to the CDPAP**

### **Save the Date**

**WHAT: CDPAANYS and NYAIL Joint Legislative Day**

**WHEN: Monday, February 8, 2016**

**WHERE: The Well, Legislative Office Building (LOB), Albany**

*Your participation in this fight is critical to its success.*

## **CDPAANYS Lobby Day Scholarships Available - Apply Today!**

CDPAANYS is thrilled that, for the first time, we are able to offer a limited number of scholarships for consumers who wish to attend our Lobby Day on February 8. Designated representatives are welcome to apply. The scholarships will provide a \$15 food voucher for one (1) consumer and one (1) personal assistant, or a \$10 food voucher for an unaccompanied consumer. We will also cover mileage, although we do not promise to cover the full cost of tolls, gas and wear and tear. CDPAANYS will cover what our limited funding allows.

**To apply for the scholarship, please complete our online application by clicking here.**

**If you prefer a downloadable form to complete by hand, [click here](#).**

While we encourage everyone to apply, the most successful applicants will have a history of advocating for CDPA, either on a state, local or personal basis. All applications will be reviewed anonymously by a committee of CDPAANYS representatives and scored by a common set of standards.

The number of scholarships will depend on the number of applications. We will evaluate all applications based on merit and determine how far we can make funding go while still making the scholarship meaningful.

#### **Overall guidelines:**

- To qualify for a scholarship, you must be a CDPA consumer with a fiscal intermediary that is a CDPAANYS member or an individual member of CDPAANYS. Consumers who are employees of fiscal intermediaries are not eligible for scholarships. **[For a full list of FI members, please click here.](#)**
- You must be transporting yourself to Lobby Day. This includes train, public bus, or personal car/van. We unfortunately cannot afford to subsidize ambulettes or organizational buses.
- Scholarships will be based on a proportional division of expenses for all recipients.

- While CDPAANYS will look to make the scholarships meaningful, we do not guarantee we will be able to cover 100% of costs associated with gas, tolls and parking.
- The scholarship will be based on actual expenses. The individual will submit documentation as required by CDPAANYS for travel costs. This includes toll receipts or EZ-Pass statements, mileage reports and parking receipts.
- Individuals receiving a scholarship may not be employees of any FI.
- While more than one consumer from each FI is welcome to apply, CDPAANYS reserves the right to award scholarships in a manner that diversifies the recipient pool based on geography, FI provider, and any other factors at our sole discretion.
- CDPAANYS employees are not eligible for scholarships.

<http://cdpaanys.org/application-for-cdpaanys-lobby-day-scholarship/>

Consumer Directed Personal Assistance Association of New York State  
119 Washington Ave Suite 3A  
Albany, NY 12210

PH: 518-813-9537

FAX: 518-813-9539

[www.cdpaanys.org](http://www.cdpaanys.org)

## **HRA Advocate's Corner**

**Winter 2016 / Volume 1 Issue 1**

### **Introducing the Office of Client Advocacy and Access (OCAA)**

HRA is committed to ensuring that everyone has equal access to benefits and services. Under the leadership of Mayor de Blasio and Commissioner Steven Banks, HRA has created the Office of Client Advocacy and Access (OCAA) to help us meet this goal.

The Office of Client Advocacy includes the existing Office of Refugee and Immigrant Affairs (ORIA), as well as two new units: the Office of Disability Affairs and the Office of Lesbian, Gay, Bisexual, Transgender, Questioning, and Intersex (LGBTQI) Affairs. These three offices share a common mission to increase awareness of and advocate for the unique needs of these diverse communities. As part of the Office of External Affairs the Office of Client Advocacy works with all HRA program areas to develop and revise policies, trainings and best practices to

improve access and services for these communities. The Office also serves as a liaison with legal services and community organizations to address and mediate concerns and inquiries.

### **Making Reasonable Accommodations Accessible**

If someone you are serving has a disability and is trying to access an HRA benefit, you can help them request an accommodation. Whether it be shortening their wait time at a Center, assistance with reading and completing forms, getting a sign language interpreter for their visit, or any of our other accommodations, we welcome applications.

An accommodation can be requested when the person arrives at an HRA Center or Program, but that requires individuals to explain their disability and their needs each time they are scheduled to come in. By applying for an ongoing accommodation, we will have a record of the needed accommodation on file.

People can also request a home visit if they are unable to come in to an HRA location for a scheduled appointment due to a disability or illness. We may be able to complete the necessary work via telephone or we will send an HRA worker to the client's location. During the initial visit, the client will receive an explanation of the procedure for establishing homebound status and will be provided with the paperwork necessary to achieve this status. Once this paperwork is received and reviewed, the individual will receive a notification that will explain if their homebound status was approved.

You or the person with the disability can begin the process of applying for an accommodation by downloading the application from

[http://www1.nyc.gov/assets/hra/downloads/pdf/services/ada\\_forms/HRA-102c%20\(E\).pdf](http://www1.nyc.gov/assets/hra/downloads/pdf/services/ada_forms/HRA-102c%20(E).pdf)

and then e-mailing or faxing it to: HRA Office of Constituent Services

Fax: (212) 331-4685

E-mail: [constituentaffairs@hra.nyc.gov](mailto:constituentaffairs@hra.nyc.gov)

<http://eepurl.com/bNmTvD>

## **Home Care for Seniors: a Win-Win**

**Patients do better, families feel safer and aging in place is more likely with home care.**

When health care professionals make geriatric visits, everybody wins, according to a recent study.

By [Lisa Esposito](#) Jan. 15, 2016, at 9:34am

What's not to like? Older adults with disabling conditions get easier access to medical care. Doctors get out of their stuffy offices to make new-age house calls. Nurses hit the road and see what patients *really* need. Medicare gets the promise of reduced hospital readmissions. Family members get more peace of mind. And most important, seniors get a chance to [stay in their homes](#) as long as possible. Home health care in the U.S. comes in many forms. Here are just a few:

## Home Field Advantage

With today's portable medical technology, physicians who make home visits can do as much or more for patients than primary care clinicians in offices, says Dr. Alan Kronhaus, co-founder and CEO of Doctors Making Housecalls, based in Durham, North Carolina.

His practice uses [medical labs](#) that can deploy a phlebotomist to a patient's home to draw blood and send the results electronically to the patient's chart. Imaging technicians can do ultrasounds or X-rays in the comfort of the patient's home.

These aren't everyday patients who get home visits. "For the most part, we're seeing frail, elderly, complex patients with multiple, chronic, active problems and often some degree of cognitive impairment," Kronhaus says.

Many clinical advantages come from seeing patients in their own environment, Kronhaus says, like the ability to [manage medications](#) more effectively when the doctor can see exactly what's inside the medicine cabinet. It's also a chance to spot [nutritional supplements](#) that patients wouldn't have thought to mention during an office visit.

And it's an opportunity to address diet concerns, Kronhaus adds. "You can look into the refrigerator and see how it's stocked – if you've got a diabetic patient who has banana cream pie." Doctors evaluate the environment as well, he says. "We look for things like steep steps without carpeting, area rugs without nonskid padding underneath, electrical cords that could represent a tripping hazard, poor lighting."

To compensate for the "opportunity costs" of the doctor's transit time, patients pay a direct travel fee of \$95 per visit. But, Kronhaus says, other costs are avoided, such as paid time off at work taken by family members to escort patients to the doctor's office, the round-trip cost of a wheelchair-enabled van or, in the worst-case scenario, the cost of transport by ambulance.

Doctors Making Housecalls is participating in [Independence at Home](#), a Medicare shared-savings demonstration project involving a handful of home-based primary health providers throughout the country. The project has been "an unabashed success," Kronhaus says. "We've achieved dramatic savings and very significant improvements in quality of care and patient satisfaction."

## **Piecing It Together**

Home health agencies fill a gaping need, but with economic and reimbursement pressures, many are struggling to survive, says Jane Kelly, executive director of the Kansas Home Care Association, a nonprofit trade organization. "There are four agencies out in western Kansas that are trying to serve literally hundreds and hundreds of miles of rural farmlands," she says. "And people can't get services because the agencies can't stay afloat."

With home health care, insurance coverage is often a hurdle. Patients who are not housebound may not be covered, even though getting to medical appointments can be physically challenging and transportation difficult to arrange. There's a high bar for reimbursement, and once a patient shows some improvement, he or she may no longer qualify for home visits. Yet access to skilled nursing, physical therapy and other services at home can prevent costly hospital readmissions and help patients avoid expensive long-term facilities, Kelly says. "Most people want to stay at home as long as they can," she says.

Family members do their best to support ailing parents by assembling a patchwork of skilled and personal services – such as help with toileting, bathing and dressing – through limited insurance coverage and government funding, or by paying out of pocket. "The options are, you piece it together," Kelly says.

## **On the Road**

There's a lot of "windshield time" for nurses providing home care in isolated rural areas, says Terri Wahle, a registered nurse and director of home care at Geary Community Hospital in Junction City, Kansas. Wahle's team works with retired farmers and many other patients with often limited means.

For the nurses, Wahle says, a 10-hour workday may include three hours spent on the road, meaning less time to provide much-needed care for chronic conditions such as [diabetes](#), [heart failure](#) and [chronic obstructive pulmonary disease](#). Some homebound patients have several conditions.

After a hospital stay, supports at home may be lacking, Wahle says, even though patients' [discharge plans](#) say otherwise. "Do they have a bathroom they can get into with the walker?" she asks. "Are they able to fix themselves a meal? Are they able to get any food at all? Are they taking their medications?" These are some of the signs home health nurses look for.

Without regular access to home health care, some elderly or disabled patients can soon find themselves back in the hospital. "One of the things I've taken pride in for the last 30 years in

home care is that we try to keep people in their own home for as long as it's safe and it's possible," Wahle says.

### **Quality Time at Home**

When doctors or nurse practitioners go to patients' homes to make a thorough geriatric assessment, as part of a Medicare home-visit program, everybody wins, according to a [recent study](#). The system saves money from lower hospital admission rates, and patients are less likely to enter [long-term care facilities](#). With referrals to community providers and health plan resources, these patients tend to receive more follow-up care in the community and have a better chance of aging in place.

One problem with traditional health care, in which patients are only seen on providers' turf, is that health issues are dealt with in isolation, says study author Dr. Soeren Mattke, a senior scientist at RAND Corporation, a nonprofit research organization.

"When they go to the physician, they have maybe 10 minutes' face time," Mattke says. "So what often happens is the conversation focuses on what is the most pressing issue that day. But many other things that also have to be handled really never get any attention." Lingering problems from multiple conditions, while not immediately threatening, can worsen and accumulate, he says.

Comprehensive home assessments help uncover clues to frail seniors' health, Mattke says. Nutritional issues can emerge, for instance, like patients subsisting solely on canned beans. Like others, he remarks on the quantities of expired or discontinued medications patients typically have at home. "After a while, they really don't know what's what anymore," he says. Invariably, he says, it's the most essential medications that patients stop taking first.

### **Safe Respite and Handy Help**

Adult day programs provide respite for family home caregivers so they can return to their responsibilities with energy and spirits restored. "Ninety percent of the people who call us, [it's because] they don't want to put their husband or wife or their mom or their dad in a nursing home or a long-term care facility," says Darlene Turner, director of the West Valley life enrichment program at Benevilla, a provider of adult social care and support services based in Surprise, Arizona.

The situation might be that the husband [has dementia](#) and the wife needs a short break. "She would maybe like to go do groceries without having to worry about him, or maybe go get her hair done," Turner says. "Or go have lunch with her friends."

For seniors who attend, these programs improve quality of life, Turner says: "Once they get here, everyone is given an opportunity to have an enriching day, to do things they wouldn't usually do if they were left alone at home." The daily fee for an independent senior is \$75, and it's \$80 for an individual who requires some staff assistance, Turner says.

Other services, like home-delivered meals, benefit older adults living alone in the community. Volunteers with Benevilla provide handyman services when needed: changing lightbulbs, replacing air conditioner filters, fixing leaky faucets. "We're actually able to send volunteers to their homes to bring their groceries, to pick them up and take them to doctors' appointments; maybe pick up prescriptions," Turner says. "And that way, they're able to stay in their own environment."

<http://health.usnews.com/health-news/patient-advice/articles/2016-01-15/home-care-for-seniors-a-win-win>

## **Senate Workgroup's Proposals Address Chronic Illness Through Medicare**

Article By:

Kush Das

Monday, January 11, 2016

The *Senate Finance Committee* chronic care working group recently released a [Policy Options Document](#) continuing an effort that started with a hearing titled, "Chronic Illness: Addressing Patients' Unmet Needs" in the summer of 2014. The workgroup, which is led by Chairman Orrin Hatch, Ranking Member Ron Wyden, and Senators Johnny Isakson and Mark Warner, compiled proposals and feedback from industry stakeholders, the Centers for Medicare & Medicaid Services (CMS), and the Medicare Payment Advisory Commission (MedPAC). The bipartisan options paper outlines policies being considered to improve how Medicare treats beneficiaries with multiple, complex chronic illnesses.

When proposing the policies, the options paper is explicitly noncommittal about whether the policies will actually become legislation and notes that any proposals will have to be scored by the Congressional Budget Office (CBO) to ensure that the legislation is cost-saving or at least revenue neutral. With those caveats in mind, the workgroup sets out three policy goals:

- Increasing care coordination among providers across the care continuum;



- Streamlining Medicare payment systems to incentivize appropriate care levels for chronic care; and
- Improving quality and care coordination while also becoming more efficient to cut spending.

To achieve those goals, the options paper suggests multiple policy initiatives broken into six categories and requests stakeholder comments.

### **Policy Proposals:**

**(1) Expanding Home Health Care:** Nationalizing and making permanent the current Independence at Home (IAH) initiative that CMS is testing that uses physician and nurse-practitioner directed home-based primary care teams for beneficiaries with multiple chronic illnesses. The IAH initiative requires 24/7 response availability and incentivizes better performance and quality with lower annual expenditures. The paper also suggests removing restrictions from home hemodialysis treatment to better incorporate and facilitate monthly physician reviews through telehealth.

**(2) Advancing Team-Based Care:** Changing Medicare Advantage (MA) to include hospice care, remove restrictions on End Stage Renal Disease (ESRD) patient enrollment, and expand Special Needs Plans to cover more beneficiaries. Also, the workgroup suggests improving care management services by creating a new high-severity care management code and policies that incorporate behavioral health in Medicare fee-for-service reimbursement and Medicare Advantage.

**(3) Expanding Innovation and Technology:** Adapting and expanding supplemental benefits such as non-clinical services, alternative care such as acupuncture, counseling, and transportation for chronically ill MA enrollees and Accountable Care Organization (ACO) patients. Returning to a telehealth focus, the workgroup suggests incorporating telemedicine more into MA plans, removing restrictions on telehealth coverage for ACOs, and utilizing telehealth for stroke cases.

**(4) Identifying Chronically Ill Populations and Improving Quality:** Developing quality measures for chronic care conditions and changing the CMS-Hierarchical Condition Categories (CMS-HCC) Risk Adjustment model to consider chronic care specifically by considering patients' number of conditions, behavioral health, dual eligibility, and historical data.

**(5) Empowering Individuals & Caregivers:** Encouraging care management by waiving beneficiary co-payments for care management services that create an administrative burden for providers, patients, and ACOs. The workgroup also advocates for more individual- and population-focused education and coaching by establishing a billing code for one-time conversations with newly diagnosed Alzheimer/dementia patients, expanding access through

pre-diabetes education by incentivizing physicians through Medicare payments, and expanding online information and educational tools for chronic diseases on government websites.

**(6) Miscellaneous Policies to Improve Chronic Care:** In this last category, the options paper proposes: (a) increasing transparency at the Center for Medicare and Medicaid Innovation (CMMI) by strengthening notice and comment requirements for CMMI programs; (b) studying medication synchronization of prescription drug plans in Medicare Part D to focus on coordinating and analyzing drug interactions, dispensing, and counseling; and (c) studying obesity drugs to detail utilization and impact, and analyze experiences of Medicare Part D prescription drug plans that are currently offering obesity drugs as a supplemental benefit.

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Source URL: <http://www.natlawreview.com/article/senate-workgroup-s-proposals-address-chronic-illness-through-medicare>

## **DIA meeting dates for 2015**

*Meetings are held monthly.*

*at Selis Manor 1st Floor Auditorium*

*135 West 23rd Street (between 6th and 7th Avenues) New York City*

*Board Meeting 1PM - Program Meeting 1:30-4PM*

**Sunday, January 17, 2016**

*Sunday, February 21, 2016*

*Sunday, March 20, 2016*

*Sunday, April 17, 2016*

*Sunday, May 15, 2016*

*Sunday, June 12, 2016*

*Sunday, July 17, 2016*

*Sunday, August 21, 2016*

*Sunday, September 18, 2016*

*Sunday, October 16, 2016*

*Sunday, November 20, 2016*

*Sunday, December 11, 2016*

***More Information: 718-261-261-3737 - [www.disabledinaction.org](http://www.disabledinaction.org)***

## **Independent Consumer Advocacy Network (ICAN)**

ICAN helps people in New York's managed care plans who get long-term care services. Help is free, confidential, and independent. Call now to speak to a counselor.

Call (844) 614-8800

TTY Relay Service: 711

ICAN includes 14 agencies and can meet clients at over 50 locations throughout New York state where they can meet with people in-person. Call to schedule an in-person meeting. They can also visit you in your home if you have difficulty traveling.

**Key facts to keep in mind:**

- ICAN does not accept walk-ins. You have to call ICAN to schedule an appointment.
- Some of the locations are permanently staffed, and some are just locations where staff can meet with clients so there is nobody from ICAN there most of the time.
- ICAN will arrange for a home visit for anyone who needs it, so lack of a proximate site should not be an obstacle.
- <http://icannys.org/>

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**United Spinal Association Newsletter**

December 2015

<http://www.icontact-archive.com/l-xV4bIuEzA8X-8A2gYLT47PH0f4ey0d?w=4>

## **Local Independent Living Centers**

- Bronx Independent Living Services, Inc. (BILS)  
4419 Third Ave, #2C, Bronx, NY 10457  
TEL [718 515-2800 x 116](tel:7185152800) / TTY [718 515-2803](tel:7185152803) / FAX [718 515-2844](tel:7185152844)
- Brooklyn Center for Independence of the Disabled (BCID)  
27 Smith St, #200, Brooklyn, NY 11201  
TEL [718 998-3000](tel:7189983000) / TTY [718 998-7406](tel:7189987406) / FAX [718 998-3743](tel:7189983743)
- Center for Independence of the Disabled in NY (CID-NY) (Manhattan)  
841 Broadway, #301, New York, NY 10003  
TEL [212 674-2300](tel:2126742300) V / TTY [212-674-5619](tel:2126745619) / FAX [212-254-5953](tel:2122545953)
- CID-NY/Queens  
137-02A Northern Blvd, Flushing, NY 11354  
Phone: [646-442-1520](tel:6464421520) / Sorenson VP [866-948-1064](tel:8669481064) / TTY [718-886-0427](tel:7188860427) / Fax 718-886-0428
- Harlem Independent Living Center (HILC) (Manhattan)  
289 St. Nicholas Ave, #21 Lower Level, New York, NY 10027  
TEL 212-222-7122 / Sorenson VP 646-755-3092 / Relay 866-326-5876 / FAX 212-222-7199  
[info@hilc.org](mailto:info@hilc.org)
- Staten Island Center for Independent Living (SIILC)  
470 Castleton Ave, Staten Island, NY 10301  
TEL 718-720-9016 / TTY 718-720-9870 / FAX 718-720-9664
- Long Island Center for Independent Living (LICIL) (Nassau Co)  
3601 Hempstead Turnpike, #208, Levittown, NY 11756  
TEL 516-796-0144 / TEL (Español) 516-796-6176 / TTY 516-796-0135 / FAX 516-796-0529 [licil@aol.com](mailto:licil@aol.com)
- Self Initiated Living Options, Inc. (SILO) (Suffolk Co)  
2111 Lakeland Ave, Ronkonkoma, NY 11779  
TEL (31-880-7929 / TTY 631-654-8076 / FAX 631-946-6377  
[contact@siloinc.org](mailto:contact@siloinc.org)
- Westchester Independent Living Center (WILC) (Westchester/White Plains)  
200 Hamilton Ave, White Plains, NY 10601  
TEL 914-682-3926 / TTY 914-682-0926 / Sorenson Video Phone 866-933 5390 / FAX 914-682-8518
- Westchester Disabled on the Move, Inc. (WDOM) Westchester/Yonkers)  
984 No. Broadway, #L-10, Yonkers, NY 10701  
TEL 914-968-4717 V & TTY / FAX 914-968-6137

## PCA Employment Agencies

*If your Personal Care Assistant (PCA) Employment Service assists Self-Pay and CDPAP Consumers in the NYC Metro Area, you can have your agency information added to the following list by completing the [Employment Service Enrollment Form](#).*

**All American Home Care Agency,**  
Albert Isakov, CEO  
1113 Avenue J, Brooklyn, NY 11230  
[aisakov@allamericanny.com](mailto:aisakov@allamericanny.com)  
Phone: 718-717-8800

**Bronxwork Inc, Kedon Wilson**  
391 E 149th St, Bronx, NY 10455  
[kwilson@bronxworks.org](mailto:kwilson@bronxworks.org)  
(718) 993-8880 ext. 237

**Center For Family Life Employment, Maria Ferreira**  
443 39th St, Brooklyn, New York 11232  
[mferreira@cflsp.org](mailto:mferreira@cflsp.org)  
718-633-4823

**El Barrio's Operation Fight, Gustavo Rosado**  
413 E 120th St # 403 New York, NY 10035-3602  
[ebobf413@aol.com](mailto:ebobf413@aol.com)  
212-410-7900

**Fifth Avenue Committee, Aaron Shiffman**  
621 DeGraw Street, Brooklyn, New York 11217  
[ashiffman@fifthave.org](mailto:ashiffman@fifthave.org)  
718-237-2017

**Goldenhearts Elderly Care Services**  
244 5th Avenue, suite G256 New York, NY 10001  
Geanette Browder - [contact@GoldenElderlyCare.org](mailto:contact@GoldenElderlyCare.org)  
Phone: (866) 531-4620

**Home Instead Senior Care**  
400 East 56th Street, Professional Wing, Suite #2,  
New York, NY 10022  
[Recruiting.NYC@homeinstead.com](mailto:Recruiting.NYC@homeinstead.com)  
Phone: 212-614-8057

**Kingsborough Comm. College, Marisa Joseph**  
2001 Oriental Blvd, Brooklyn, NY 11235  
[marisa.joseph@kbcc.cuny.edu](mailto:marisa.joseph@kbcc.cuny.edu)  
718-368-5563

**Konedu Home Care, LLC, Carie Jones Smith**  
140 Captain Thomas Blvd West Haven, CT 06516  
[helpingfamilies@koneduhomocare.com](mailto:helpingfamilies@koneduhomocare.com)  
Phone: [800 418-3299](tel:8004183299)

**Marks Home Care of NY**  
97-17 64th Road, 4th Floor, Rego Park, NY 11374  
Jessica Ferreras, Administrator  
([jessica@markshcnyc.com](mailto:jessica@markshcnyc.com))  
718-713-0005

**Mercy Center**  
377 East 145th Street, Bronx NY 10454-1006  
Mary Ellen Gianino - [meg@mercycenterbronx.org](mailto:meg@mercycenterbronx.org)  
(718) 993-2789

**Reliable Homecare Solutions LLC**  
Contact: Reshmi Maharaj, Director  
104-28 117 St, 2E, Richmond Hill New York 11419  
917 378 5769 - [caresolutions09100@gmail.com](mailto:caresolutions09100@gmail.com)

**New York City College of Technology**  
NYC Technical College Placement Office  
300 Jay St, Brooklyn, NY 11201  
[employmentsvc@citytech.cuny.edu](mailto:employmentsvc@citytech.cuny.edu)  
(718) 260-5050

**New York Health Care Inc**  
243 Fulton ave. Hempstead NY  
Paulette Fenner - [pfenner@nyhc.com](mailto:pfenner@nyhc.com)  
718-375-6700

**Northern Manhattan Improvement Corp**  
76 Wadsworth Ave, New York, NY 10033  
Evan Hess - [evanhess@nmic.org](mailto:evanhess@nmic.org) - 212-822-8300

**Our Planet Management Institute, Lisa Ying**  
116 John Street, #200, New York, NY 10038  
[lisa@opmi.org](mailto:lisa@opmi.org), 212-269-4000

**Pioneer Homecare Inc**  
208 Glen Cove Rd. Old Westbury NY 11568  
Gerard Napolitano [gerard@thepioneerhealthgroup.com](mailto:gerard@thepioneerhealthgroup.com)  
Phone: 347-637-8562

**Quality Healthcare, Steven Miller**  
Phone: 718-338-8500 x 4775  
Email: [sm@qualityny.com](mailto:sm@qualityny.com)  
3512 Quentin Road, Brooklyn, NY 11234  
<http://www.qualityny.com>

**YWCA of NYC, Anne Alfred**  
50 Broadway, New York, NY 10004  
[aalfred@ywcanyc.org](mailto:aalfred@ywcanyc.org) - 718-723-6170

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